



邁向二十五周年校慶

香港中國婦女會馮堯敬紀念中學

對峙樂

博鳴集

博鳴集

二零一五

博鳴集

博鳴集

博鳴集



校長的話

不經不覺，《博鳴集》出版已踏入第八個年頭。猶記得當初文集命名之意——「博」意為博學、博聞，希望同學多閱讀，廣博知識，所聞所寫內容淵博；「鳴」意為敢於言盡所思所聞。出版文集，是為了表揚同學的優秀作品，好讓大家可以於當中觀摩同儕，砥礪切磋，磨練自己。與此同時，只要細心咀嚼文章，就可體味同學敏銳的觸覺和豐富的情感。所以，每個學年，我也期待着它的誕生。

談到寫作，取材立意至為重要。要言之有物，相信博覽群書是不二法門。宋朝初年，宋太宗就命人編寫了一本百科全書，名為《太平總類》，內容包羅萬有。宋太宗很喜歡此書，無論公務有多繁忙，每晚必定要讀三卷，並於一年內讀完。不少大臣也紛紛勸太宗不要勉強堅持，可是太宗卻道：「開卷有益，只有打開書本，總會有些得着，我一點都不覺倦！」群臣紛紛拜服。這個典故，當中道理易明，但要持之以恆實踐還是要靠同學的堅持！

獲刊登文章的同學，固然令老師欣慰；但未能入選的同學，我們盼望明年於文集上看到您的名字。《博鳴集》是同學和老師一年來努力的成果，我們應當珍視。

校長 **孫莉華** 博士

《博鳴》

「博」 意為博學、博聞的意思，
巧附本校校訓「博學篤志」之意。
寄寓同學所聞所寫內容淵博，文件涵蓋，達至多元化。

「鳴」 代表同學所思、所言。
如果只能博聞而不能言，豈不是可惜至極？

「博鳴」 是為勸勉同學能多閱讀，廣博知識；
多寫作，敢於言盡所聞所思。

范健儀（第十七屆畢業生）

編者的話

又到了一年一度《博鳴集》出版的盛事！今年，除了有過往「議論縱橫」、「懷想天空」、「敘事寫人」三個欄目，更增添了「採詩園」一欄。此舉乃由於喜見不少同學嘗試撰寫新詩，雖然初試啼聲，但也令人眼前一亮。

先談最新欄目「採詩園」。中一同學以「家」為題材，運用比喻手法，把對家人的愛表露無遺；高中同學的詩，立意創新，感情流露深刻。《學習的地方》，意象豐富；《渴望》又甚具氣勢。

「議論縱橫」一欄，可見同學敏銳的時事觸覺，文思細膩敏捷。《論不倒翁的精神》及《何謂成功之道？》典故豐富，甚具說服力；《「值」得的人生》和《群》立意創新高遠；其餘三篇論述社會問題，立論精闢，可見同學說理真切，見解深刻。

再說「懷想天空」，文章內容情摯文婉，綺麗清新。《風箏》的象徵，意味深遠；《城市風景》、《冬日的早晨》及《颱風狂想》寫景如畫，情意懇切動人；《活著是一種福氣》透過對比，表達了對生命之珍惜。

最後「敘事寫人」中，《那一次，我嚐到幸福滋味》和《一位和藹可親的老師》，敘事暢達，感激父母及老師之情十分細緻；《錯過了一次機會》及《經一事，長一智》，又表達了樂觀豁達的人生觀；《路與行》及《舊地重遊》寫進入想像空間，意境頗佳；《一子錯，滿盤皆落索》條理清晰，令人共鳴。

好了，好了！事不宜遲，各位同學快快翻閱文章，細心咀嚼，或別有一番體會！

中文科副主任 韓思麗老師

編輯委員會

顧問：孫莉華博士

成員：梁鳳儀老師、韓思麗老師、龐名儀老師、蔡詠珊老師、
嚴甫明老師、郭健蓮老師

鳴謝：全體中文科老師

序

「梁老師，文章的開首應怎樣寫？」

「老師常說要首尾呼應，是否『悉心』安排好，文章便可取得高分？」

「唉！除了德蘭修女、李嘉誠、深水埗明哥……呀，再加上周星馳，我想不到其他例子了！怎麼辦？」這些說話，一點也不陌生！

平日中文課上，跟學生說：「我們今天要作文！」話音未完，眾人七嘴八舌。寫作期間，不乏上述疑問。寫作，是學習中文的必經過程。一篇文章的誕生，盛載着無限的創意。文章的立意、構思、選材可說是無盡變化。透過作者的筆觸，將所思所感娓娓道來，將對社會的不公平辣批評、將獨特的人物立體呈現、將絕美的景物描繪細緻。只要是直抒胸臆、情感真摯的，就是好文章！

觀乎本年度《博鳴集》的作品都有這共通點！

手執本書，細細品味，感動之情油然而生！學生在寫作路上確是「成長」了！雖然仍有學生發問本文開首的問題，但在這園地依然孕育了一股寫作新動力，為學生自己留下青春的痕跡，亦為學校、為教師留下珍貴的片段！

去年在《博鳴集》的序裏提及有同學因文章被選作文集作品而雀躍萬分；今年，不少同學也傲然地拋下一句：「梁老師，今年是我了！」對啊！今年，你踏上作家之路了！

快翻閱，你，在其中嗎？

中文科科主任 梁鳳儀老師

目錄

校長的話、《博鳴集》寓意
編者的話、鳴謝
序

「二零一四至二零一五年度中國中學生作文大賽」

冷與熱

謝穎謙 中四

5

徵文比賽

初中組

逝年青

我的地球

我的地球

高中組

十年後的我

十年後的我

十年後的我

冠軍 沈巧婷 中二

亞軍 陳俊皓 中三

季軍 嚴大揚 中三

冠軍 姚家雯 中五

亞軍 李國兆 中五

季軍 黎偉澄 中五

9 10 11

12

14 17

議論縱橫

「值」得的人生

論不倒翁的精神

成功之道

群

擁有富庶的物質生活就是快樂？

鍾艾琳 中二

朱愷欣 中三

黃明意 中四

李國兆 中五

吳子茵 中五

19 20 21 23 26

懷想天空

性傾向歧視條例應否立法？
用人唯德

鄧詩婷 中六

28 30

風箏

城市風景

冬日的早晨

颱風狂想

活著是一種福氣

陳鈺滇 中一

沈巧婷 中二

劉淑儀 中三

徐偉賢 中四

葉枝茂 中五

33 34 35 36 37

敘事寫人

那一次，我嚐到幸福的滋味

一位和藹可親的老師

錯過了一次機會

經一事，長一智

舊地重遊

路與行

一子錯，滿盤皆落索

黃雅婷 中一

周婉靈 中二

林美玲 中三

王愷琳 中四

蘇慧欣 中五

梁婉瑩 中五

劉佩文 中六

40 41 42 43 44 45 47 50

採詩園

家

家——我一生的幸福

我愛家

學習的地方

渴望

梁曉詩 中一

朱洛桐 中一

陳旭瑜 中一

蘇慧欣 中五

何嘉淇 中五

53 53 54 55 56

二零一四至二零一五年度中國中學生作文大賽（香港賽區）

高中組銅獎

作文主題：我的未來我的路



冷與熱

謝穎謙

中四


冰是冷的，火是熱的；

冬天是冷的，夏天是熱的；

輕蔑的一瞥是冷的，溫暖的微笑是熱的。

「世態炎涼」、「人情冷暖」……人們似乎總是自然地認為「冷」和漠然無情對等；相反，「熱」卻被嵌入「古道熱腸」這樣美好的詞語。冷與熱，不單僅僅代表溫度的懸殊，還象徵了截然相反的境遇。自然，「冷」這樣晦氣的東西是不受青睞的。人們盼望熱火朝天的生活，正如盼望始終艷陽高照一樣。可是，這樣對「冷」是否有失公平呢？

殊不知，沒有冷的冷酷，哪來熱的溫暖？冷與熱本是對立的雙方，而正是這種對立決定了他們的統一。



雪中送炭固是溫情脈脈的「熱」，可是如果沒有天寒地凍這個「冷」為前提，恐怕「送炭」只是畫蛇添足，甚至不合時宜了。魯迅先生以冷筆熱腸而聞名，可是如果沒有筆觸的辛辣凌厲，就不能抒發先生火熱的赤子之心。梵高畫中的向日葵，何等鮮濃明艷，可是如果不是當時那冷漠壓抑的沉重生活，畫家也不會將满腔熱情傾注在鮮艷熱烈的色塊裏，令向日葵百年流芳、千古不朽。北方凜冽的寒冬裏，正是冰冷的雪被保住了農田的熱量，孕育出小麥來年熱火朝天的生長之勢。沒有「冷」，就沒有「熱」，正因為有「冷」的反襯，「熱」才更加鮮明美好。這就如沒有去過沙漠的人不知道水的珍貴，經歷過戰爭的洗禮才明白和平的重要。冷與熱本是對立統一的，何必厚此薄彼。

冷與熱，不僅在對立中存在統一，也可以互相轉化。冬天過去，溫暖的春和炎熱的夏就會來到；春風吹過，積雪堅冰亦會融化；甜美的笑靨會令冷漠的面容解凍；熱情可讓冰封的心靈甦醒。只要在冷硬沉重的境遇裏始終懷着一腔熱情，暖意融融的一天終會來臨。韓信忍胯下之辱，終至官拜淮陰侯，名列「漢初三杰」，正是當年的冷遇與屈辱磨練了他的意志，考驗了他的度量，孕育了後來的顯赫功名。相反，「熱」也可以轉化為「冷」。南朝江淹，少年就以文才著稱於世，聲名如日中天，而當他志得意滿時，卻冷落學問，漸漸「詩文絕佳句」，結果落得「江郎才盡」的下場。其境遇何等冷冷淒淒！「泯然眾人矣」的方仲永也上演了由熱轉冷的悲劇嗎？

天有不測風雲，人有旦夕禍福。世間之大，既有由冷轉熱，「朝為越溪女，暮作吳宮妃」的西施，亦有由熱轉冷，當年「一曲紅綃不知數」，而如今「門庭冷落鞍馬稀」的琵琶女。冷與熱互相對立，又在對立中統一，在統一中轉化。在「熱」的時候，不要洋洋得意，也許「熱」的背後隱藏着冬的凜冽；而「冷」的時候，也不要灰心喪氣，也許一個熱烈的春天正等着你的熱情去喚醒。

梁志華先生評語（輯錄自《香港賽區高中組得獎作品及評語》）

文章談冷與熱的關係，並嘗試歸納出「對立中存在統一」、「也可以互相轉化」等看法，值得欣賞。惟部分年輕的讀者可能認為概念稍見抽象，對成熟的讀者則可能有點老生常談。下一階段，不妨思考一下：如何可以提煉一些較新鮮的觀點？

徵文比賽

初中組

逛元宵

沈巧婷

中二

冠軍

年三十晚，正是與家人慶團圓的日子。今年我們一如以往到維多利亞公園逛元宵市場。剛抵步，只見人山人海，好不熱鬧。

我們走進市場，四周都十分擁擠。若果從高處俯瞰，想必會看到成千上萬的螞蟻緩緩移動。遊人熙來攘往，又活像罐頭裏的沙丁魚，你推我撞。

忽然，一陣的吆喝聲，吸引了我和丈夫的注目。只見一個年輕小伙子大聲的喊：「財神爺派糖呀！免費試吃！」手裏還搖晃着一個金燦燦的元寶，十分惹人注目。這時，身旁的兒子指着那裝扮成財神爺的小伙子，笑着說：「那鬍子黏得太假了吧！」聽到這番話，我們都忍俊不禁，哈哈地大笑起來。

這時，肚子傳來陣陣怪聲：「咕……咕……」不斷作響。幸好，丈夫貼心地牽着我的手，走到一家賣小吃的店。可能是因為節慶的關係，這家店竟出動了「全家總動員」——夫婦和兩個小孩。但那兩個小孩並沒有埋怨，反而興奮地打點着一切，而且還細心盛載食物遞給我和丈夫。

「這兩個孩子，為何會有幾分面善？」我心裏暗想。當我望向老闆娘，才驚覺原來是中學同學何小蘭。我連忙揮揮手向他們打招呼。一別十多年，沒想到竟然能在這種場合相遇，真教我們興奮不已。

深夜徐徐降臨，四周五光十色的燈泡也逐漸熄滅。黑夜的靜，也取代了人們原來的歡笑聲。「何小蘭一家想必該下班了吧！」我坐在車子裏想着。

今天逛花市，最大的收穫並不是那些華麗的商品，而是我和何小蘭能重拾昔日的那份姐妹情。車子緩緩地走着，我的回憶則如同錄影帶般，播放着……

我的地球

陳俊皓

中三

亞軍

地球是一個美麗的星球，這裏充滿無盡的疑問和奧秘。但這只是「昔日」的地球。雖然於恐龍時代，各種生物弱肉強食，甚為殘忍。但對比現今人類的醜陋，至少牠們沒有破壞地球生態，死後更為大地提供養份。

現今世界科技發達，人類用電的需求不斷增加。用電，就需要消耗天然資源，但消耗後又不能循環再用，而且排出的溫室氣體更令地球的病情愈來愈嚴重。即使有時候，有些環保團體的廣告或反對政府在某地方發展的新聞播出，惹起人類的關注，但我們看到後，往往只會在那一刻反思；之後，仍會繼續浪費天然資源，繼續破壞地球生態。

保護地球，珍惜資源，人人有責。這不只是工廠、企業公司的責任。因為他們消耗資源破壞地球，也只是滿足我們的需要，令我們生活更便利。所以，我希望人人合作，盡力珍惜資源。

最後，我還有一個疑問。「在這個繁榮又科技發達的地球，人類知識廣博，為何只懂使用科技破壞地球，不懂使用科技治癒地球呢？」希望未來人類能找到答案，更希望人類將來會有美好的生活。

我的地球

嚴大揚

中二

季軍

人類居住在地球，卻不懂愛護之，多麼諷刺！工廠排放的濃煙、工業廢料，工程進行時的鑽地聲，這就是奪走地球壽命的凶器。工業廢料不能正常分解，會污染土地和水質；濃煙導致空氣混濁，沒有新鮮空氣，更會影響樹木生長。

地球上，海洋面積佔較多，陸地較少。在香港，地少人多的問題眾所周知。出生率上升，但土地面積和數目不斷減少，政府因而迫不得已透過填海增加土地。增加更多土地，進行更多工程，興建更多房屋，這做法根本違反大自然法則，填海一舉更是治標不治本。難道要把整個維港都填了嗎？另外，填海所產生的廢料也是一大問題，它們何去何從？

惜飲惜食是種美德，更能為地球環境出一分力。一頓飯菜，吃光自然就好；相反，吃剩的食物就會變成廚餘，增加堆填區的負擔。但請不要忘記，現時香港的堆填區已經接近飽和，而談及已久的興建焚化爐計劃也並未實行。那麼，原本能夠減少的，能避免出現的廚餘，就只因人類「眼闊肚窄」的行為而被送至堆填區。人類，是時候反省吧！



一間暗淡無光的密室，眼前是一扇略顯古舊的大門，旁邊站着應該在天國生活的爺爺。他沉默片刻，用嚴肅的聲線開口對我說：「我想讓你看看十年後的你。」道貌岸然的他令我內心泛起陣陣不安。

與剛才的氣氛截然不同，現在的我身處一間白色的房屋。看來十年後的我已經成功實踐了買豪宅、開名車的幻想，成為了任何物質也唾手可得的人生贏家。

突然，耳邊傳來一陣腳步聲。一位女生從樓梯下來，走進開放式廚房，把昨天的剩菜放進微波爐加熱。果然，十年後的我還是不會做飯。「她」看不到我，窗外的光線把她的臉勾勒清晰的輪廓。原來十年後的我已經學會如何化妝。我穿着一身辦公室套裝，一邊看着報紙，一邊喝着咖啡，全身上下多了一種文質彬彬的氣場。已經是二十七歲了，不需要再依賴家人的照顧和呵護，獨自過着生活。只是奇怪，為什麼在她臉上看不到笑容？

我跟隨她坐上夢寐以求的「德國奔馳」，車內播放着日本抒情曲。車子駛往一間大型銀行。走進電梯，大樓內進進出出的員工也會對她禮貌地點頭微笑，說着「經理早安」。

我隨她走進辦公室，裏面坐着一位男子。桌上的名牌讓我得知他是這間銀行的總裁。他抽了口煙，片刻才開口說：「現在公司出現了虧蝕，你把財務表的利潤提高一點，騙騙那些股東吧。」聽到這番話，我愕然地把視線轉回她身上。在她的表情上，我找不到任何一點猶豫的神態，我期待她堅定地拒絕這件事。可惜，她下一個動作卻徹底打破了我的期待。

還記得在中文課學過一篇散文，內容主要講述時間、地位會令一個人的性格改變。當初我很有自信認為自己的意志不會受到外在因素影響。我相信自己是個志向高遠、堅持己見、不忘初心的人。就算遇到利益衝突，也能廉潔奉公。原來我的自信是錯的，她的表情彷彿是在告訴我這種情況已經司空見慣。也許真的被「芋老人」說中了，短短的十年已經足以令我的心被時勢地位所染黑。

我看着她，正在機械式地處理着一份又一份文件。忽然想起在初中時曾經寫過一篇立志不會在日後職場生活成為「木偶」的文章。也有老師教誨過我「不要沉醉於夢想而忘記了生活」。我好像懂了，也失望了。面無表情的她，彷彿是在回答我早上的疑問。

再次坐上這輛「德國奔馳」的我，再無喜上眉梢。窗外的天色漸漸昏暗下來，襯托着沉重的氣氛。我的心默默發出酸澀的感覺，這並不是我所追求的人生。走進家門的一瞬間，傳來一把熟悉的聲音，是媽媽。略顯瘦弱的媽媽，正在為辛苦工作了一整天的女兒準備晚餐。這是我今天第一次從媽媽臉上看到幸福的笑容。看見她樂融融地與媽媽閒聊日常生活的各種瑣碎事，像是鼓勵着我一切還有改變的機會。眼角傳來一陣痛楚，不覺淚如泉湧。此時此際，我感覺到有人輕拍我的背部，抬頭一看，是爺爺。

我一覺醒來，望着房間的天花板。

我相信，十年後的我，就算過不到榮華富貴的生活，也絕對不讓自己的人生變得枯燥乏味。即使沒有豐厚的物質生活，只要不違背良心、堅守做人最重要的「道德」，才是值得盼望的理想人生。

粼粼波光，一葉扁舟在河上徐徐滑過，大霧瀰漫，環顧四周而目不能及遠方，伸手能見五指卻不見其紋絡。我在小舟上昏昏欲睡，等待潺潺流水將我帶到下一個目的地。

濃霧驟然飄散，一片陸地顯露出來，始才抵達彼岸。穿梭於林木間，每三步而一頓足，好一段時間後才深入彼岸中心，遠遠便可聞人聲沸騰。走近一看，果然，一群人聚集在此，舉辦一場盛大的茶會。

參與茶會的人很多，但我都不認識。有表情嚴肅，身穿整潔西裝的男人；有和藹可親，周遊列國的旅人大哥；也有像一直思考甚麼，在隨身筆記簿上不停書寫東西的青年作家。雖然我與他們素未謀面，但卻一見如故。

「對了，你們到現在，有甚麼會後悔嗎？」在天南地北的中途，旅人大哥的一句話將話題打斷了，眾人陷入沉默。

「我後悔了。」西裝男首先說。

「你有何後悔？你名成利就。」眾人問。

「我捨棄了夢想。」他說……

以前的我也曾寄望夢想，以為自己無所不能，可最後我還是放棄了。穩定的職業與虛無飄渺的夢想，我選擇了前者。後來我藉著自己的專業知識以及經驗，在業界內取得少許成就，可是我不滿足，想再次讓夢想高飛。但是已經過了時限，「當初」是不能返回的。我注定不能成功，我後悔了。

唉，如果可以，又有誰願認捨棄夢想？

「我後悔了。」旅人大哥說。

「你有何後悔？你無拘無束。」眾人問。

「我捨棄了家人，還有友人。」他說……

我討厭束縛，從小時經已如此。我既渴望有人給予我明確的前路跟從，卻又對自由抱有憧憬，矛盾非常。終有一日，充斥腦袋的衝動戰勝了心中築建多年的理性，我毅然辭去工作，不顧家人反對，踏上一段漫長的旅途。然而，在孤身一人的旅行中，我開始想念家人，父母身體還好嗎？兄弟姐妹的近況如何？還有那群世上獨一無二的友人呢？

唉，如果可以，又有誰不想家人、朋友都支持自己？

「我後悔了。」青年作家放下筆記簿說。

「你既達成了夢想，又得到親友支持，怎會後悔？」眾人問。

「我沒捨棄，也沒收穫。」他說……

我從小到大就是個沒有夢想的人。我把心一橫，摒棄了其他慾望，一切的心血、努力、時間都注入名為「夢想」的載體。在茫茫人海中，我是成功的幸運兒，我成為了作家，可我並不因此而快樂，只有千斤巨石壓在肩上。這個職業不是寫出自己喜愛的文章，而是寫出別人喜愛的文章。親友的期待成為最大的痛苦，熱愛的事物不再屬於一個人的寶物。最初的喜悅已經不再，再次提筆時感覺意義全無。或許選擇的道路有些錯誤，最後頓覺一無所得，我後悔了。

唉，如果可以，又有誰想承認選擇的是錯誤？

西山日落，茶會結束，彼岸重歸寧靜。離別之際，眾人過來送行，我與他們寒暄一番，相互道別。

「今日一別，不知何時能再見。」

「嘿嘿，總能再見的，只是不知是與我們當中哪位再見呢？」其中的青年音樂家說。

「都有可能。」一直沉默的青年終於開口說話，接着說：「未來，是無限的。」

「各位，有緣的話我們十年後再見！」我揮手道別，解開船纜，下次的目的地未明，扁舟依舊徐徐而行，我昏昏欲睡，想及茶會種種……

那一句「未來是無限」，至今仍於心中迴蕩，久久不散。人生的悔或恨本就不可避免，選擇的道路不同，遇到的困難、悔事有所不同，但終究需要面對，人生本應如此。在人生的每個階段，都要細想最好的選擇為何。人類之可能性為不可數量，不要於選擇前把選項扼殺。時間如河水，潺潺而行，永不止息；未來如迷霧，不可預測、不可考量。每一個「我」都是一個充滿生命力的故事，你想與哪一個「我」再見呢？這不是能馬上決定的事，卻是個需從現在開始慢慢深思的問題。

十年後的我

黎偉澄

中五



小時候，我常常幻想十年後的我。究竟會成為家財萬貫的上市公司主席，還是威風凜凜領導香港衝線的特首？幻想是美好；現實卻總是殘酷。時間如浪淘般把一切幻想沖刷……鬧鐘響起了，我也該夢醒上班去。

我是一位地位低微的清道夫，穿着鮮豔的橙色上衣，上面有黃色螢光橫紋，也是我討厭的象徵。每天把臭氣熏天的垃圾放到垃圾箱內，就是我的重大任務。每當我工作，就有人向我拋白眼。可笑吧！當年那個雄心壯志，要成為人上人的我，現在竟成為過街老鼠。現實呀！現實呀！快把我的青春還來。我把破舊的帽子拉得更低，驚怕熟人看見我那潦倒的樣子，十年的寒窗苦讀竟落得如此下場。

十年後的我走進弱肉強食的世界。再沒有聽到逆耳的勸諫、歡樂的笑聲，只有一班帶着面具的小丑和陣陣怨天怨地的咒罵聲。為了能在規範的社會存活，我只能帶着空空如也的軀殼上班去。忽然，我的上司告訴我：「你明天不用上班了。」世事往往難以預計，卻又難以改變。即使是殘酷的事實也要欣然接受。我不禁歎息：「命運真的掌握在我的手裏嗎？」我的汗水、努力被一封短短五行字的解僱信抹殺了。一陣刺痛消去了我的睡意，我睜開眼睛，殘影才慢慢褪去……

我是一位學生，在納悶的課室聽着冗長的演講，彷彿看見十年後的自己。如果學校是社會的縮影，考試就是來去匆匆的人生，成績就是扼殺努力的解僱信，所以我們不要認為任何事情皆會盡如人意。財富物質只是黃粱一夢，不必刻意追求，擁有癒合刺痛的豁達之心才是最好的膠布。鐘聲響起了，豁然開朗的我飛出鳥籠，自由飛到蔚藍的天空。

我相信心態決定出路：十年後的我走進色彩繽紛的世界，再沒有嘈雜的打鬧聲，在樂也融融的社會裏尋求理想和真善美，讚歎着世界的奇妙。

議 縱論 橫



「值」得的人生

鍾艾琳 中一

每個人價值觀不同，每個人認為「值得」的事亦相異——或是愛情，或是事業，或是友情，或是親情。愛情因何重要？若你的另一半能與你白頭偕老，長相廝守，你的人生堪稱完美。那麼，事業呢？事業令人名成利就，然後能讓人以財富滿足一己之慾。擁有友情和親情，不就是擁有不離不棄的人嗎？然而，若無健全之軀，則萬事難成。故此，我認為人生中最有價值、最值得的就是健康。

我們能有健全之軀，全拜父母所賜，故需感謝雙親。他們付出心血換取我們的健康。有了健康，我們方能隨心所欲，既能參與活動，亦可全心投入學習。故此，有了健康，已是最大的福份；有了健康，我們不應自怨自艾，只在意自身的不足和不能擁有的事物。我們應以積極態度面對人生，多做些有意義之事，造福他人，報答父母。

然而，世事豈能盡如人意？若因先天遺傳或後天意外之故，未能擁有健全之軀，那麼我們是否就不能怡然度日？當然不是！開心與否，全在乎主觀之心。

在千禧年代，有一位女孩，名叫「亞咩」。雖然她並非傷殘人士，但患上血癌。當她得知這個消息後，可說是傷心欲絕。然而數天之後，她決心改變態度——從傷心的漩渦出走，樂觀面對人生；從內向的囚牢解放，積極參與活動。雖然最後她不敵病魔，與世長辭；但她終能面帶笑容，安詳離開。

雖然不是所有病患者皆能擺脫絕望，積極度日。但如有人支持他們，鼓勵他們，他們或許能戰勝因病而來的身心之苦，對抗病魔。

總括而言，擁有健全之軀是我認為人生中最值得之事。傷殘病患者雖面對重重困難，但不曾絕望。我們這些健康的人又怎能浪費人生？你如四肢健全，別只顧自怨自艾，請多做有意義的事，過一個「值得」的人生。

人生總會面對不少困難和挫折。有人會不畏艱難，勇敢面對；有人會傷心失意，懦弱放棄。我認為我們應像不倒翁一樣，擁有永不言敗的精神，就算面對多大的挫折，也不要輕易屈服。

現代殿堂級物理學家霍金，他從小讀書成績十分優秀。可惜，他升上牛津大學後，二十一歲就被確診患上肌萎縮側索硬化症，簡稱漸凍人症。醫生聲稱他活不過五年。此後，他經歷愛情失意，更慢慢喪失活動和說話的能力。但他沒有放棄研究物理學的精神，還提出了黑洞發出熱輻射的理論。他的「不倒翁」精神，真是值得我們敬佩。

相反，另一位歷史人物信陵君就因為欠缺「不倒翁」的精神，最終鬱鬱而死。公元前259年，秦軍包圍趙都邯鄲。魏、楚謀劃救趙。魏王派晉鄙率十萬大軍救援趙國。晉鄙因懼秦軍，不敢前進。於是，信陵君串通了魏王的寵妃如姬，盜出魏王的虎符，又以刺客殺害晉鄙，奪其軍權，並與楚軍聯手，大敗秦軍。趙國轉危為安。可惜的是，信陵君後來屢遭魏王猜忌，他不但沒有勇敢面對，更終日以酒解愁，最後鬱鬱而死。

越王勾踐跟霍金一樣，擁有「不倒翁」精神。春秋時，吳、越交戰，越國戰敗。勾踐成為吳王奴僕，他不但甘願為吳王餵飼馬匹，更把自己妻子獻上，使吳王以為自己臣服。三年後，勾踐返回越國，更臥薪嘗膽，最終憑著「不倒翁」的精神，成功消滅吳國。

面對困難和逆境時，我們應以積極樂觀的態度去面對，不應半途而廢，要活得像「不倒翁」一樣。這樣，人生才有意義。

何謂成功之道？

黃明意 中四

何謂成功之道？何謂成功的秘訣？若要成功，就要如富翁般懂得大利不利之道，而且要明智地作出取捨。成功的秘訣在於要懂得放棄眼前的眉睫之利，要懂得取捨，最終才能獲得長遠的利益。無論做甚麼事情，都不應目光短淺地被眼前的蠅頭微利動搖我們的內心。成功就要像下棋時的心態——要顧存大局。目光長遠的人，最終所獲的利益，必定較那些貪蛇忘尾的人多得很。這就是真正成功的正道。

在個人角度而言，成功之道便是不能夠貪心。只要懂得取捨，將來的利益將遠超於現在所貪圖的微利。正所謂：「無見小利，見小利則大事不成。」好比在學業方面，有些學生會為了賺取金錢以貪圖享樂，而選擇兼職。表面上，兼職無庸置疑能賺取金錢，能快捷獲利。但是，這只不過是「涸澤而漁，焚林而獵」的做法而已。宏觀地看，兼職的學生為了一點好處而大大影響了在課堂上汲取新知及技巧的機會，這等於親手把個人的學業送入火爐，可說既無遠見，亦不明智。只顧眼前小利，漠視長遠發展。我們為了成功不能竭澤焚數；為了成功不能殺雞取卵；為了成功更不能焚林而畋。

在社會角度而言，若只為了蠅頭之利，而放棄長遠利益又損人利己，此亦非成功之道。美國作家唐·多曼在《事業革命》一書中提及：「把眼光放長遠是踏上成功之路的一條秘訣。沒有這種品性的人，是不可能成就一番事業的，甚至連小事也做不成。成大事者是具有遠見的人，因為只有把目光盯在遠處，才能有大志向、大決心和大行動。」

中國內地的食物安全問題便是一個反面例子。製造「黑心食品」的商人為了牟取暴利，罔顧民眾健康，生產有問題的食品，如「瘦肉精豬」、「鎬大米」及「孔雀石綠魚」等。這些「黑心食品」對民眾的健康影響深遠，為「賣公營私」之舉，正正是眼光狹隘的表現。製造商只顧本小利大，覬覦暴利，盲目降低成本，

剝削了他人擁有健康的權利。這無疑是捨不得眼前的一小點利益，而影響他人的健康，甚至以消費者的信任作代價，錯失獲取更大財富的機會。

在國家的角度而言，成功之道是指不會只為了國家於某一方面的小利，如經濟層面，而剝削大眾及長遠的利益。已發展國家——美國的資本主義為全球暖化的兇手之一。美國因生產量愈多，成本愈低的好處，便追求眼前最大的利益而過度生產並鼓吹消費。碳排放及資源的耗用增多，污染環境，最終導致生態危機。美國沒有作長遠的打算，背後更可能負上沉重且不能挽救的代價及局面。

雖然有人認為「成功之道」是指着眼抓緊眼前的利益，才不會使它輕易流走，但我卻對此有點保留。我認為不應只貪圖眼前的小利，因將來會有更多的收穫，不用太過執着於那些不值得去投資的事情上。具有長遠的目光，才能使自己獲得更進一步的發展。同時，自己也應有清晰的思維，不受他人的影響，保持豁達的心態。以《三國演義》中劉備為例，因為他有雄心大志，不願為一些虛名銜頭和小恩小惠就甘於身處別人掌控下，仰人鼻息。雖然他一生奔波，但最終也能三顧草廬，請得卧龍諸葛亮出山輔政，最後成就了西蜀帝業，雄據一方。

總的來說，懂得「放長線，釣大魚」便是成功之道。而很多成功人士都是具有廣闊的視野和長遠的目標。我們不能因貪圖眼前的小利，而造成「貪小失大」及「螳螂捕蟬，黃雀在後」的局面。現在選擇大塊的西瓜與小塊的西瓜之間，應有更清晰的抉擇了。

群

李國兆 中五

微信時代，我們進入了「群眾」的天羅地網。我們享受「群」的歡樂，「群」的澆灌；承受「群」的擠壓、「群」的干擾……

上中文課時，我們偶爾會進行小組討論。這時同學邊聽老師指導，邊討論得如火如荼，視線之間擦出點點火花，舌劍唇槍的剎那相互交鋒，好不熱鬧。然而，每當遇上那一、兩條要求同學達成共識的題目，我總有些感觸。

我們討論時要力陳己見，以言語作為武器，將對方的論點一一擊破，更要將對方攻擊得體無完膚。如此，我們便能得到評核者的賞識，贏得屬於勝利者的高分。可是為何有些題目要求我們逆水而行，達成共識呢？究竟誰需要這樣的共識？既不是我，也不是你，當然亦非評核員——而是「群」。

人與人之間，或者該說是萬物之間，本來應是物競天擇，適者生存的關係。我們欺騙、我們剝奪、我們擠壓，如果你能從某人的身上得到一些東西，這意味着你成為這場競爭的勝利者，而你眼前的人即毫無疑問地淪為敗者。他倒在地上，體無完膚，接受時代的洗禮。後來，「群」出現了。不知從何時開始，由誰所創，我們再也不用為蘋果誰屬的問題而發愁了，我們能把它分成兩半。

總而言之，我們創造了「群」，因此我們需要共識。「群」可能是社會，可能是世界，它們需要共識，我們也需要共識。我們再難與以前一樣了。「喂！那邊的那個誰，別以為你認為自己是對的，便可以肆無忌憚地力陳己見！」，我們必須學會自制，把心中的想法壓下來，迎合「群」的需要。因為我們也相信這就是我們整體的需要。

也許「群」曾經沒錯，但時至今日，所謂「群」早就面目全非。這實在令人惶恐。「群」到底是甚麼？

人會樂「群」所樂，喜「群」所喜，恨「群」所恨，厭「群」所厭。我們要合「群」，我們被「群」控制。然而，曾幾何時是人組成「群眾」，曾幾何時我們是「群眾」中的一個人。但我們反被我們組成的「群眾」控制，還有其他比這更可笑的事情嗎？不！沒有。邁入微信時代後，這種情況更被催化。然而，造成這種本末倒置的根本原因卻不止於此，或許是天行有常，亦或是某股巨大的「潮流」推使人類前進。不論如何，當初「造」出來的「群」早已失控。它成了一種無法抵抗的趨勢，再不由得你我掌控。

現代人一出生便要接受「群眾」的澆灌，無力反抗的我們被灌輸了「理所當然」的美德、興趣，林林總總的價值觀把我們的思想束縛在腦內的某處。當我們自以為是，打算改變「群」的時候，殊不知我們其實依舊身處在重重的「群」之中。我們所思想都由「群」從小到大塑造出來，我們早就是「群」的其中一份子。別狡辯，這真的很恐怖。

到底是人與人之間構築「群」，還是「群」構築了人類？從前人與人達成了共識，形成了「群」，現在卻是「群」與「群」之間互相影響，然後達成共識後，形成更大的「群」。身處其中的我們又該如何是好？人的思想不斷被「群」的倫理觀、道德觀、價值觀所影響、改變、束縛。也許現代所說的普世價值影響深遠，我們推崇其中的自由。然而，誰又察覺到我們思想上的自由或許正在收束呢？

你我眼中所見的世界愈來愈相似，人愈來愈能「明辨是非」。人不應接受這些束縛嗎？有人說，若不依「群」的普世價值，又怎維繫社會、維繫「群眾」？「群」的法治和公義，其價值在於維護群眾的整體利益，令人的生活有所保障。然而，誰說群眾的整體就是「群」？在「群」中，人終究是不自由的，但若是身處真正的群眾整體之中，其實不然。何謂真正的「群眾整體」呢？借用電視劇《天與地》中的一句話說明：人不是懷着一樣的想法，而是各有各的立場之餘又能互相尊重。在這基礎上所達成的共識，才算是真正維護整體利益吧？而至於自然而生，或是「人造」的「群」的好壞對錯，已非身陷其中的我們能判斷的了。

「我思故我在」，這句話相信大家耳熟能詳，在思考的同時我們才能證明自己是確實存在，上天賦予的自由意志，使我們生而為人，我們又怎能由它被悄然侵蝕？

如果我們想真正擁有自己的思想，也許就只可以仿倣哲學家尼采奉行虛無主義——先把自己的價值觀清空。不管如何，未來還是一條漫漫長路，即使現在未能弄清楚甚麼深奧的哲學和命題也不要緊，先學會不要人云亦云，在生活的瑣碎事上也儘量多思考一點，並嘗試從「群」中抽離一些吧！



香港是一個物質豐盛，生活富庶之地。若要滿足欲望，可說易如反掌。你可一擲千金，購買一座豪宅，坐擁無敵海景；或可購入一艘遊艇，夜夜笙歌。若要到酒吧作樂，縱情聲色，亦非難事。只要你家財萬貫，彷彿萬事都會迎刃而解，彷彿你的生活會無憂無慮。可是，過着這種紙醉金迷、酒池肉林的生活就是真正的快樂嗎？

快樂，是人在物質上滿足或心靈上豐足而產生的一種情感。然而，物質與心靈的滿足卻有時間長短之別。物質充裕，你雖愉快，但這如白駒過隙，一眨眼「快樂」就無影無蹤。反之，心靈富足卻是恒久的快樂。

或許你認為富甲一方，有權有勢是最「快樂」的事——即使不愉快，亦可以花錢開個派對，以萬貫金錢換取片刻之歡。如此，你當然可以在紙醉金迷的世界獲得短暫快樂；可是曲終人散之後，你獨對空無一人的杯盤狼藉，你的快樂安在？你真的滿足嗎？很多人認為有錢就能消災解困，但有些「困」是金錢不能解的——孤獨。古時皇帝權傾天下，盡享山珍海錯，擁有佳麗三千，他理應是天下間最「快樂」之人。其實不然。皇帝面對的是君臣之間共扶社稷卻互相猜忌，與妃嬪共枕眠卻群疑滿腹。皇帝無時無刻都需要瞻前顧後、四處設防，以防墮入小人的陷阱。深宮之內，親情、友情和愛情都利害相關；坦誠相對、秉燭夜談已不復見，剩下的只有虛情假意、明槍暗鬥罷了。不然，為甚麼皇帝總是用「孤」及「寡人」這些孤獨的詞語來自稱呢？由此可見，縱有豐富物質生活，但精神生活未能圓滿，快樂亦難。即使能有一時三刻的高興，也不長久。

相反，如你心靈豐足，哪怕物質匱乏亦可快樂。不丹是「快樂指數」最高的國家。她富有嗎？不！她只是一個發展中國家。她快樂嗎？快樂！比全球任何國家都要快樂。不丹雖是發展中國家，資源不比其他

國家豐盛，但她的人民卻知道怎樣活得快樂。他們深知自己一窮二白，甚至連一頓溫飽亦無，但他們窮得快樂。他們懂得知足常樂。他們明白每一頓飯都得不來，因此倍加珍惜；他們明白人生苦短，因此更愛惜自己的家。知足和被愛就是心靈上的豐足；他們享受愛與被愛、關心與被關心。這樣的富足令他們能不受苦困所束縛，安貧樂道。雖然物質匱乏，但至少他們並不孤獨。

我認為為豐足的精神生活才是快樂的基礎。即使你富可敵國，填滿物質上的欲望，但你的心靈只會愈發空虛，漸漸麻木，更可能失去了人生的意義。

其實，來自精神上滿足的快樂才是長久的、真實的。你也可以說——我擁有觸摸到的金銀珠寶，這些就是真實的。然而長久下去，你就慢慢覺得心裏不踏實，就像一幅拼圖缺了一塊。這就是心靈上的空虛和寂寞，你亦會因此而黯然失落。那麼，此时此刻，你還是認為這是真正的快樂嗎？



近年，香港同志平權運動漸受主流社會關注，並引起公眾討論。

我認為政府應就性傾向歧視條例立法，這才能真正保障所有人享有平等機會及待遇。今年，平機會主席周一嶽先生參與同志遊行，更擔任「彩虹大使」，因而被團體批評其舉動儼如「曲線」支持性傾向歧視條例立法。而且，其任職之平機會更被質疑是否中立公正。我認為他此舉實在無可厚非。平機會的職責是保障不同人士均享有平等機會及待遇。同性戀者雖為小眾，但亦應保障其權益。因此平機會主席參與是次活動實非錯誤之舉。

此外，同志運動的規模愈來愈大，參與者亦愈來愈多，由此可見社會對同志的接受程度提高了不少。活動的意義是想透過宣傳，提升大眾對同志的認知和接受程度，提倡同性婚姻合法，以及將不同性傾向人士加入歧視條例保障之列。我對此活動的目的深表認同。

首先，個人方面，W小姐在二零一三年於終審法院獲法官以四比一裁定她上訴得直，讓變性人士在香港結婚合法化。此事之後，我認為同志亦應享有結婚權利。傳統上，傳宗接代被視為婚姻不可或缺的部分。但隨着年代變遷，現今夫妻基於經濟條件、意向及年齡，選擇不生育者有增無減。故此，我認為即使同志沒法傳宗接代，也應享有結婚權利，讓他們如異性戀夫婦般，享有財產繼承權，婚姻的保障及申請領養等權利。

其次，同性戀者與社會接受的性取向稍異，心理上飽受壓力，無論鄰居、上司、同事、朋友，甚至家人也或會歧視他們。相對而言，不同種族、家庭崗位、性別以及殘疾人士也受歧視條例保障。我認為同性戀人士既飽受壓力，又容易被歧視，理應亦在受保障之列，既可獲法律保障，亦於社會享有同等權利及義務。

最後，在社會方面，社會漸趨多元，同性戀不再是禁忌。西方思想和普世價值漸漸普及，「人人平等」之理念亦不再陌生。丹麥、荷蘭、挪威、瑞典、冰島、德國、法國和瑞士等國家均認可同性婚姻。香港既然是一個享有高度權利的城市，是否應該繼續對同性戀人士持有偏見呢？

總括而言，我認為社會人士應接納同性戀人士。雖然，人人意見不同，不可能人人接受，但不認同者都不應歧視和剝削他們的權利。立法會議員陳志文、藝人黃耀明和何韻詩也站出來支持並表明自己是同志，不同人士參與此活動不就是說明這已不是小圈子活動，我們應持開放的態度來討論。



我們選擇人才時，慣常以才能和品德衡量。才能是指其辦事能力；品德所指則為其忠誠、道德價值及個人修養等。才能固然不容忽視，但我認為選才時，品德比才能更為重要。

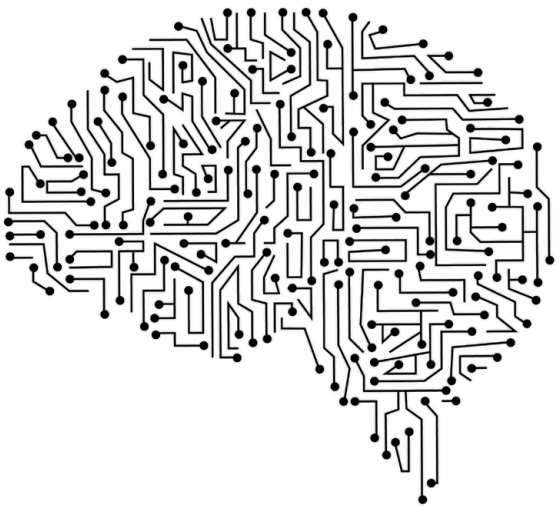
若果企業選才時置才能高於品德，其所選之人或會令企業陷入危機。缺乏品德的人普遍不會對上司忠誠。若他出賣公司，或將公司機密和其他人才一拼帶走，就會使企業上下交困。情況就如當年吳三桂打開關口，引入清兵一樣。正因為吳三桂寡廉鮮恥，對國家毫無忠誠可言，為一己私慾，引外族入關，才會令中國陷入被外族統治多年的困境。故此，公司在選才時應著重人才的品德，方能免去後顧之憂。

重才輕德對教育方面也會造成不良影響。個人修養與品德環環相扣，假如學校在聘請老師時忽略其品德，只會令學生近墨者黑，模仿言行惡劣的老師，根植了錯誤的價值觀。此等品德低劣之人必誤人子弟。身教重於言教，老師的品德為其專業之根本。故此，選擇教育人才必須顧及其品德對身教的影響。重德輕才的選才準則是社會公認的。就早前李老師在公眾地方以粗俗話語指責警察一事中，社會大眾多以其品德差劣為由，要求校方辭退她。由此可見，市民普遍認為品德比才能重要。

而品德在醫療界也應比才能重要。醫生除了醫治病人，還要保障病人的私隱以及尊重病人。道德價值是比才能更重要的準則。否則，病人私隱被侵犯，病人被非禮的事件或會屢見不鮮；而手術失誤的情況，亦因醫生的疏忽大意所致。現時有不少案例均是病人在手術後發現體內遺漏了一些手術儀器，這無疑是醫生對手術以及病人不尊重的後果。醫生並無再三仔細檢查手術工具是否齊全便作縫合，這明顯是醫生疏於職守，對病人毫不尊重，自己也毫不敬業，所以選才時品德比才能重要。

有人認為選才時，才能比品德重要，因為他們把選才的重點放在成效上。他們認為人才只要有能力把工作盡快妥善完成便足以滿足要求。然而，他們忽略了欠缺品德的人才，在履行職責時有機會產生反效果。缺乏品德的人普遍欠缺禮貌、責任心和正確的道德價值。以代表企業的人才為例，他可能具有良好的溝通技巧，但他因為言行舉止粗俗而得失客人，甚至影響公司形象。相比起完成工作的成效，機構的形象無疑比較重要。因為形象就如烙印，印在別人的腦海中便難以改變。

所以在選人才時，我會較着重人才的忠誠、道德價值和言行。因為重才輕德的準則會為自己在完成目標同時，增加不同的風險。故此，我不同意人才的能力比德行重要。



懷想 天空

風箏

陳鈺滇 中一

兩隻紙風箏在工廠出生了，它們互不認識，在運往雜貨店的路途上面面相覷……

身旁那隻雀鳥模樣的風箏按捺不住開口了：「哈哈！看我這身裝扮，顏色既鮮艷又閃爍發光，我定能賣得一個好價錢。」聽罷，我低頭，看看自己只是一隻普通不過的風箏，顏色單調，而且身上還有一道在運送時造成的傷疤。我不甘示弱的說：「雖然我樣貌普通，但我也能賣出的！」

天意弄人，我真的沒有被客人看上。不久，終於有人抱起我了，正當我滿心歡喜之時，卻發現原來自己已被丟棄在雜貨店後巷的垃圾箱裏。

待了一段時間，我那死寂的生活終於有轉機了。一輛滿肚腸肥的垃圾車來了，正當它張開那血紅大口把我吞噬之時，一隻小手把我從地府救出來了。那個救我的人跟我一個模樣：穿破洞的衣服，凌亂的頭髮，髒兮兮的，可是他卻如獲至寶般高興得跳起來。

那小孩帶着我回到建在山上的家。他把繩子貼在我身上，繩子的另一端捲着木條，然後帶我往山上去，用力的把我放出去。我在半空翱翔，首次感受到原來自由是多麼快樂的！可是，可是，我永遠被身後的繩子牽扯着，這是真正的自由嗎？我掙扎着，掙扎着，但也是徒勞無功。突然身上的繩子鬆開了，我終於得到真正的自由了！我飛啊飛，飛啊飛……漸漸發現自己不斷下降，我知道大限之期將到。我不禁想：「我獲得自由，卻失去性命，這樣值得嗎？」正當我隨風往下墜時，我在空中巧遇那隻「雀鳥」風箏，它正被一名小孩強行拉扯下來，又被他往天上扔去。我們驟然碰上，它奄奄一息的問我：「你雖然獲得真正的自由，但卻犧牲了自己，值得嗎？」我說：「我沒有後悔，因為我得到了真正的自由，那一刻是無比可貴的。」說罷，我便掉在大樹上，受傷了……

我們就好像故事中的風箏，即使出生時的條件不同，但只要我們不放棄，最終都可以飛上天空。天生我才必有用，每一個人天生都有各自的才能，就讓我們放開繩子，勇敢、自由地選擇自己應走的路吧！



今天是星期天，我如常興致勃勃的邀約朋友到旺角閒逛，可是卻傳來令我失望的消息——「我臨時要出席會議，恐怕今天不能和你逛街去了！」。掛線後我收拾失望的心情，心裏想着獨自一人可能會有另一番滋味吧！

旺角新舊樓宇林立，某些建築物還保留着昔日的面貌。那一道道外牆油漆剝落的痕跡，見證了上一代人的成長及歷史變遷。隨着黑夜降臨，街道兩旁的攤檔逐漸掛上彩燈，彷彿要把黑夜照亮成白晝。攤檔上放滿了琳瑯滿目的商品，令人目不暇給。左邊的攤子放滿精美的工藝品，配上音樂盒傳來美妙動聽的旋律，吸引了不少遊客。右邊的攤檔也不甘示弱，在攤子前掛滿了各式各樣卡通人物的玩偶，也吸引了小朋友的眼球。

遊人中不乏卿卿我我的情侶，只見他們一邊欣賞景色，一邊談情說愛，共度這良辰美景。有些正在牙牙學語的小孩牽着父母的手，興奮地走着，眨着那水汪汪的大眼睛，對一切事物都感到新奇。「快來看！快來看！買兩件襯衣有八折！八折！」檔主大聲吆喝。四周的叫賣聲、歡笑聲和汽車聲，混為一體，好不熱鬧。

望向那邊，只看見幾個正在尋夢的青年，大聲地唱出對音樂的熱誠，吸引了不少途人駐足。或許是得到大家的認同，他們唱得更大聲了。他們身上彷彿閃耀着自信的光芒，這街角已成為他們的舞台。

「鈴鈴……鈴鈴……」電話響起，螢幕顯示着「媽媽」，按下通話鍵：「我熬好了湯，快回來喝吧！天氣涼了，注意保暖啊！」媽媽溫柔地說。我回答：「媽，我回來了。」回頭再望望這五光十色的街頭，雖然今天一無所獲，但心中滿足非常。

冬日的早晨

劉淑儀 中三

冬天的月亮和太陽的交接儀式，在一場薄霧中悄悄進行。沒有興奮的觀眾，沒有熱烈的掌聲，只有那白茫茫的霧和寒冷的西北風吹動樹枝，迎接冬天的早晨。

聖誕後的第一天，我被街外的噪音吵醒了。早上六時正，被吵醒的我想再睡一會，卻怎樣也睡不着。於是，我穿起了毛衣和圍上媽媽手織的圍巾，出外散步。

街上只有零星的行人，有的正趕着上班；有的卻拖着疲憊的身軀回家。昨晚七彩繽紛的燈飾，今天卻變得黯然失色。縱然如此，它們仍算是聯群結伴在街上聚集；而我，卻獨自一人在閒逛。

寒風伴隨掉落的枯葉和樹枝。天氣嚴寒，寒風呼嘯，就如成千上萬把風扇向着路人咆哮。很多途人都穿着厚厚的外衣，像一隻美味的大肉粽般。而我卻只穿了一件毛衣，這時，我冷得無法動彈。我真討厭冬天的寒風！

討厭？倒不如接受。人生在世，我們要面對很多人和事，當中很多都未能事事順心。雖然無奈，但礙於現實情況，我們也得接受。還是像蘇軾一樣「回首向來蕭瑟處，歸去，也無風雨也無晴。」從容面對吧！

安坐在沙發的我，突然聽到窗邊傳來淅瀝的雨聲。我不禁走出露台，從高處俯瞰，街道上的雨傘一把拼貼着一把，七彩的雨傘填滿了整條街道。店鋪依舊營業、暗巷的老鼠依舊出沒、垃圾箱依舊安靜、行人依舊行色匆匆。

不久，雨勢有增無減，壓着人們手中的雨傘，迫使他們加快腳步。大雨來勢洶洶，街上的人狼狽不堪。微風恃着大雨的助勢，開始變得兇惡。店鋪害怕疾風，人們害怕疾風背後的急雨，大家都發慌地亂竄，像要逃避什麼災難似的。

風和雨狼狽為奸，人們被大雨趕走，店鋪關門休息。剎那間，風變得更殘暴了，開始嘗試入侵我的窗戶，斗大的雨點拍打着脆弱的玻璃窗。我回首看看電視機，畫面正播放風暴消息，談吐大方的女主播正在報道：「八號颱風訊號現正生效，市民應留在安全的地方。」

翹首回望遠處，街道上行人寥落，一片荒涼。有幾位身穿運動衣的青年，像是追風的使者，悠悠然走着自己的路，似是驕傲地向避雨的人展示他們的無畏無懼。可是，這幾位青年似乎低估了風雨的威力，最終還是抵擋不了風雨的威脅而拿出雨傘來。此時的風雨憤怒了，吹走了青年手上的雨傘。紅的吹到垃圾箱旁、藍的吹上天空、黑的吹進海裏、黃的撞上燈柱。雨傘雖然被吹走了，但人沒有倒下，依然奮然向前走。

第二天早上，所有颱風訊號已經除下。風靜了、雨減了，所有的蹂躪也停止了。颱風走了，但同時帶走了花兒、樹木對它的信任。雨過天晴，人們開始出外。可是，颱風在人們心中留下了一點陰霾。

風雨過後，瑟縮的人群又躍動起來，馬路上再次熙熙攘攘。雨傘，在雨水和陽光的映襯下顯得格外耀目。希望香港人能像雨傘一樣，在風雨中也不低頭，勇敢地抵擋風雨。

活著是一種福氣

葉枝茂 中五

小時候，我總是在思索，人為什麼會活著？人活著究竟為了什麼？直至上了學校，我認為活著是為了考取優秀的成績；後來，我變成了一個追風的少年，我認為活著是為了實現夢想；轉眼間，我已成了一名高中生，我開始變得現實，意識到人活著是為了生活，買車買房子，賺取金錢養家。直到那天，那深刻的一幕映入我眼簾，我才忽爾明白：能夠活著原來已是一種福氣。

那是一個烏雲密佈的周末，我百無聊賴地翻閱桌上的書籍，正想離家往外面舒展筋骨，但想到考試將近，自己便不禁停下腳步。拉開抽屜，我的目光移向了不盡人意的成績單，心中泛起說不出的苦。煩躁不安的我把書用力一甩，然後伏在桌上，心裏不斷埋怨：做人怎麼這麼累，想得到的一樣也沒有，成績又那麼不堪入目，將來怎樣賺錢養家？難道要父母養我不成？活著真失敗……

「馬航MH730，聽到請回答！聽到請回答！我們在等你回家……」我忽然聽到客廳的電視機傳來一段呼籲。我離開書桌，走到客廳，父親在一旁嘆氣：「唉，都失聯了這麼久，肯定沒希望了……」我那刻才記起，今天是馬航MH730失聯後第三個星期了，那是一架飛往北京的航班，卻不知為何在飛行途中突然失去了聯繫。客機上二百多名乘客，包括一百名中國籍人士杳無音訊，各國都派出專業團隊進行搜救。然而，至今還是沒有消息，外界早已斷定機上乘客全部罹難。

我看看電視機，注視着那些失聯旅客的家屬，有的目光呆滯，沒精打采；有的黯然流淚，神情哀傷；有的以撕心裂肺的哭聲釋放自己的憂心和痛傷。看着電視機播放着一幕幕令人悲痛的畫面，我也為之動容，暗生莫名的感慨。也許，家屬此時已別無他求，僅祈求失聯的家人、親友能活着回來，早日歸家團聚。哪怕他們已經遭遇不測，也希望尋獲遺體，見他們最後一面。拋開金錢，拋開地位，他們只想活着，活着才

敘事寫人



是一切。凝望着這些遇難者家屬的悽愴臉容，我的心情更是沉重。

我一直凝神沉思，忽然看見母親從廚房端着飯菜出來，再用那熟悉的聲音喊：「開飯了！」我猛地被這把聲音喚醒，慢慢朝飯桌走去，父親也隨即走過去。飯桌邊還有從外地剛回家的哥哥和姐姐。父親帶點唏噓，又語帶感激地說：「很久沒有一家人齊齊整整一起吃飯了！」一言驚醒夢中人，溫暖的飯香，齊整的一家，溫馨的共聚天倫，眼前這一幕讓我突然明白：能夠活着已是一種福氣。夕陽斜照，烏雲退去，落日的餘暉映照著我們一家。我慢慢沉醉在這溫馨的一幕。

那一次，我嚐到幸福的滋味！

光陰似箭，轉眼間我已升上中學，許多回憶也隨着時間的流逝而慢慢消退，但那份刻骨銘心的幸福，我卻至今未忘。

從小學三年級開始，媽媽每天早晨都會為我煮一碗熱騰騰的白粥。那時學校離家很遠，每天乘車上學最少也要二十分鐘，而我又時常晚起，所以我不時會偷偷溜走，不吃白粥。

有一天，我快要遲到，急着出門。媽媽說：「先把這粥喝了，不然你會胃痛的。」我心急如焚，直接拋出一句「不喝了！」便奪門而去。

果然，上了一節課後，我便餓得不行，我開始後悔了。在上體育課跑圈時，我終於體力不支昏倒了。

一睜開眼，映入眼簾的是媽媽的臉。我這時才發現媽媽蒼老了许多，原本明亮的雙眼不知何時添上了幾道魚尾紋；原本笑意盈盈的臉上，也染了一絲滄桑。歲月不饒人，媽媽為我勞累了十二年，我卻如此待她，以前我還真是太聰明了。

我一醒來，她便開始嘮叨：「哎呀！誰叫你不吃粥？現在好了點吧！」然後她便遞過一碗粥。我毫不猶豫地喝了下去，無味，但卻有種幸福的滋味。

有人說，母愛似水。我卻認為母愛似火，溫暖着我，照耀着我，又為我驅走黑暗；像明燈一樣，為我點亮人生的路。

一位和藹可親的老師

周婉霆 中一

凝望着那張小學的畢業照，不禁令我想起陳老師。在六年的小學生涯裏，陳老師與我十分有緣，因為其中四年，他都是我的班主任。所以，陳老師在我的生命中擔當了重要的角色，亦令我回想起很多小學生活的點滴。

陳老師外型高挑，為人彬彬有禮。無論同學怎樣頑皮、做錯什麼事、說錯什麼話，他總會包容我們，循循善誘地教導我們。他最擅長數學和體育科，而我成績最差的正正就是數學，經常不合格，甚至取最低分。所以，他最在意的人就是我。課餘時間，他常常找我聊天，或許我是一顆不成熟的果實吧！他除了替我解決數學科的疑難，也會關心我成長的問題。

回想起來，當時我的家庭問題較複雜，所以我經常跟媽媽吵架。媽媽很擔心我，覺得我有很多心事，於是致電陳老師，請老師多多留意及提點我。最初，我也不太願意說出心底話，因為我覺得就算說了出來，也沒有人明白。但這反而令陳老師更在意我。不久，老師轉介我與社工傾談，他也經常找我聊天。記得老師常對我說：「不要常把煩惱放在心裏，說出來，身邊有很多人可以為你解開心結。」從此，我和老師經常聊天，關係也變得親密了。

其實，陳老師很受全班同學的愛戴，雖然他經常擺出一副嚴肅的樣子，但卻像陽光般照耀我們。小學畢業後幾個月，陳老師結婚了，他還邀請我們參加他的婚禮，分享他的喜悅。

在我們的求學生涯裏，會遇到很多恩師。老師對我們無私的教導、分享，我們一定要好好珍惜。

機會是需要自己爭取的！但如果錯過了機會呢？

從小，我便已經很喜歡運動。小學三年級的時候已是田徑隊的隊員，常常代表學校參加學界比賽。從那時開始，我已決志成為一位出色的運動員。所以，我很努力鍛鍊自己。可是，日子久了，成績也是停滯不前。

升上中學，我仍然堅持實現這個夢想。中學時期，我參與比賽的機會多了。可是，陪伴我一起參與的朋友卻越來越少，令害羞的我也甚少參加比賽。對於我來說，夢想似乎跟我越來越遠。我慶幸我的體育老師一直也沒有放棄我，一直都鼓勵我參加不同活動。一天，他告訴我一個成為運動員的途徑——參與「屈臣氏田徑會」舉辦的田徑比賽。這是一個非常著名，致力培育出色運動員的機構。可是，我卻因為害羞，又沒有同伴，所以放棄了這個達成夢想的機會。

回到家後，我開始後悔了，我開始責怪自己為何要放棄這個大好機會。但現在後悔已經太遲了，因為報名時間已過，賽事也快要舉行。

比賽那天，我一早到達運動場觀看比賽。不一會，原本我有機會參加的那場女子乙組一百米短跑即將舉行。看到這場比賽的結果後，我很不甘心，更淚如泉湧。大螢幕上顯示冠軍的成績是十五秒三，以我的實力，我必定能勝過她……如果，如果當初我有參賽。如果我不是放棄了這次機會，我應該能踏出成為運動員的第一步；如果我參加了比賽，我現在便是「屈臣氏田徑會」種子隊的成員了！

我懷着後悔的心情回家，但已經想通了。經過這次教訓，我學會了要珍惜機會，不要因為害怕而放棄任何一個可能成功的機會。因為，機會錯過了就無法回頭。

經一事，長一智

王愷琳 中四

今天的比賽，差點因為我而失敗收場，我悔改之餘，更認識到自己的不足。

前幾天，我和幼玲正為校際舞蹈比賽加緊練習。放學後，我們馬上到舞蹈室排練。音樂一響起，我們的身體便自然地舞動起來。我們已經練習了整整三個小時，舞步不斷重複，音樂節奏不斷加快，但腳步卻不斷減速。汗水像泉水般不停地流下，我一邊抹汗，一邊說：「玲，今天夠了，休息一下吧！」她說：「不行，過幾天就比賽，我一定要以最好的狀態參賽，不容許有任何錯誤。」

晚上，夜闌人靜，我倆仍然在舞蹈室。突然，她按下唱機，音樂又復活了，我們又繼續練習了。音樂、舞步、音樂……我感到無比的安心，可能是因為有她的帶領吧！

時間快得連一點兒痕跡也沒有留下……

比賽就在今天進行，場館裏的人多不勝數，觀眾席的座位也排得密密麻麻。觀眾在交頭接耳，像是等看「好戲」似的。

陡然，全場燈光熄滅，眾人屏息靜氣。當那幽暗的燈光照射在我的頭頂上，比賽正式開始！

幼玲站在前方像個指揮官，給人嚴肅的感覺。她是個拍子機嗎？怎麼節奏會如此準確？現在，到我跳了，但我腦海裏一片空白，什麼也記不起。幾秒鐘後，我才回神過來。我跟着音樂的拍子搖起頭來，手舞足蹈。忽然，「咯」的一聲，我的腳踝好像扭傷了，我快要倒下去。這秒鐘停止了，觀眾都目瞪口呆。站在我身旁的幼玲馬上走前一步托着我的腰，與我一同站立。此時，我倆一起在音樂停頓時作了個完美的收結，擺出一副神氣的姿態。坐在觀眾席上的人都站起來，我們聽到的是一片歡呼與掌聲，而不是令人感

到尷尬的笑聲。

剛才那一刻，像是早已預設。難道我的失誤是整支舞的「好戲」？不是的，我的失誤是由幼羚為我彌補的，彌補得毫無缺憾，是一場既完美，又有失誤的精彩表演啊！

回家後，我心裏仍感到有些愧疚，我拿起電話撥給幼羚。我說：「真對不起，我令今天的比賽變得不完美。」她說：「不要緊，大部分觀眾都把神聖的一票投給了我們，最後我們也獲獎了，對嗎？記着，跳舞不只是跳給觀眾看，還要發自內心，自由自在跳跳。」對！我最享受跳舞的時刻，音樂響起，所有的煩惱便拋諸腦後。下次的舞蹈比賽，我一定要作好充足的準備，把自己鍛練得像塊石頭般，不會輕易被擊倒。

今天這件事，差點因為我而失敗收場，但不要緊，最重要的是知道自己的不足，下次再努力練習，把自己的才能好好發揮，這樣便足夠了。



舊地重遊

蘇慧欣 中五

今天，我重遊舊地。不像往日般穿着那輕便的黑色皮鞋，腳上精緻的紅色高跟鞋伴我踏上那百多層樓梯。我心中數算着樓梯的級數，這可是自小的習慣，以致我能忘卻上樓梯的辛勞。轉眼間我走到了——五一零室。

我推開藍色大門，悄悄走到那陪伴了我整整一年的座位上，回憶如洪水般襲來，我輕撫着那張舊有的棕色桌椅……

我坐在課室的角落，那最不顯眼的一角。可能因為身高的問題，我幾乎每次都被分派坐到後排。「你能坐後排真好。」「如果我夠高，你的位置必為我的囊中物。」「糟糕！剛才又被老師發現了，如果我坐在後排多好呢！」這些話語我已見怪不怪，每次我都一笑置之。背後沒有吱吱喳喳的同學，也沒有人用文具逗我聊天，卻只有冷冰冰的牆陪着我。

那天，天空尤其晴朗，太陽照射入課室，為寒冷的課室增添暖意。

我一如既往在中文課上伏在桌上，眼睛靜靜地睜開接受陽光的沐浴，耳邊響起四周同學的吵鬧聲，在旁聽着的我，嘴角不自覺地上揚。睡夠了，該起來了……

我懶洋洋地從桌子上爬起來，動作細微緩慢，生怕會被老師發現。我打了個呵欠，伸伸懶腰，結束我美好的午睡時間。「起來了？」鄰座同學察覺到我的舉動，輕聲向我搭話，「嗯！」床氣尚未散，我只簡單的回應。

後座的位置一望無際，大家的舉動都盡收眼底，雖然是無聊胡鬧，但也就是我上課時唯一的娛樂……

我輕輕的托着頭，眼角微微向右方看去，眼珠不停的轉動，只向同一方向瞟着。

他和我同樣坐在同一水平線上，他在首行而我在尾行。他不像我那般懶散，架着黑色眼鏡，修長的手指輕撫着額頭，看來他被卡在這條文言試題上了。我的嘴角不禁上揚，變成了一個含羞答答的少女，偷偷瞄着那個他，笑意不止。

「看什麼？」鄰座在我眼前揚揚手，「嗯！沒有啊……四周看看而已！」我驚慌地拼命掩飾自己的眼神。但我未有放棄，我改變了戰術，把書本直立，利用書本作掩飾，繼續我那偉大的偷看行動！

回過神來，窗外天空一片橙紅色，略帶淡藍，彷彿在提醒我天色已晚。我聽到那腳步聲向此方漸近，停下了……

大門被靜靜地推開，一雙褐色皮鞋踏進，我回頭一看，他的容貌被門外的光線遮擋——那可惡的逆光。

「想不到你也回來了……書蟲妹……」

「你也是啊！黑框男……」

路與行

梁婉瑩 中五

叮噹……叮噹……「各位同學，今天這節課我們會作文，題目是「我的未來我的路」，你們可以述說自己的心聲或是憑空想像。」老師語畢，就沒有再講課，讓我們投入作文的思緒中。此刻的課室變得鴉雀無聲。

我叫陳嘉豪，是一個平凡不過的中學生。雖說出生於小康之家，不用憂柴憂米，但亦非大富大貴，所以我跟一般人的心態一樣，希望可一嚐榮華富貴的滋味，過一些真正無憂無慮的生活。我想，我有這樣的想法也屬人之常情吧！我想着如何撰寫我的文章時，又幻想一下富貴的生活，想着想着就慢慢地進入了夢鄉。

「咯咯」，腳步聲伴隨着我走進一條純白的通道裏，潔白得猶如仙境一樣，彷彿可以靜化人的心靈。突然，眼前出現了一道散發着光線的門，門前站着一位穿得金光閃閃，手上拿着武器的守衛兵。他朝我走來，對我說：「你將會有三次重生的機會，現在可以展開你的第一次重生了。」三次重生機會？我目瞪口呆，想着他的話，一時不懂反應。他見我這樣，向我指一指他所守衛的那扇門，示意我走進去。我環顧了四周，明白這並無拒絕的餘地，只好戰戰兢兢地走過去。

「很可愛啊！」、「是個男孩！」這些話圍繞在我的耳邊，聽着聽着，我心慌得叫了起來。誰知道這一叫聲，卻變成了哭聲，身體不自控地發出嬰兒的哭叫聲，這更把我嚇得停不了叫喊。過了一會，我才意識到自己真的重生了，再次變回小孩。冷靜過後，我意識到這已成事實，心想：反正「船到橋頭自然直」，於是慢慢接受了這現實，再次開展人生的旅程。這次，我不再是出生於小康之家，而是大部份人夢寐以求的富貴人家。我以為這次重生真的如我所想，可以無憂無慮地生活，但我後來才明白家家有本難唸的經。



我自幼就要跟從父母的指示，學習琴棋書畫，入讀名校……這一連串的指定動作全部都列入在我的日常生活當中。其他人，甚至以往的我都認為含着金鑰匙出生，定是幾輩子都未必可以修來的福份；現在，我才感受到金鑰匙背後的辛酸。這一生裏最令我洩氣的是我不能選擇自己的職業。中四選科時，父母要求我選修生物及化學，以便日後修讀醫科，子承父業。然而，我自幼便立志成為一位教師，把知識傳授下去。但我的理想卻遭到家人反對，這件事令我們冷戰了兩個星期。最終，我屈服了。我這生雖家財萬貫、衣食無憂，但卻不能遵從自己的選擇，實屬人生一大憾事。

時光飛逝，人生已走到盡頭。我臥在病床上，在命懸一線之間快速地回顧了自己的一生。我無法堅持己見，選擇自己喜愛的職業。如今，悔之已晚。

「起來了！」我聽着這句話，張開雙眼，一位白衣天使站在我跟前，向我微笑，把我拉了起來。「走進這扇門，你將會經歷第二次重生。」接着向我指了指方向，示意我走進去。因為有了上回的經驗，這次我冷靜多了。這扇門跟上次不同，不單沒有了那些門後的光線，門更變成了黑色，多了一分恐怖。然而，我還是想再嘗嘗新的經歷，所以我還是走了進去。

我又重複了上一次出生的經歷，但這次有些不同。我並非在醫院的產房出生，而是在一道後樓梯出生，我的父母更是三合會成員。雖說我擁有自身的原則和想法，但在這環境下成長，耳濡目染，我亦慢慢地變得粗暴，更開始接觸所謂的社團。在這次人生岔路中，我差點迷路了，幸得友人及時相助，令我重拾信心，更助我將興趣發展成事業，為將來鋪路，得以重回正道。

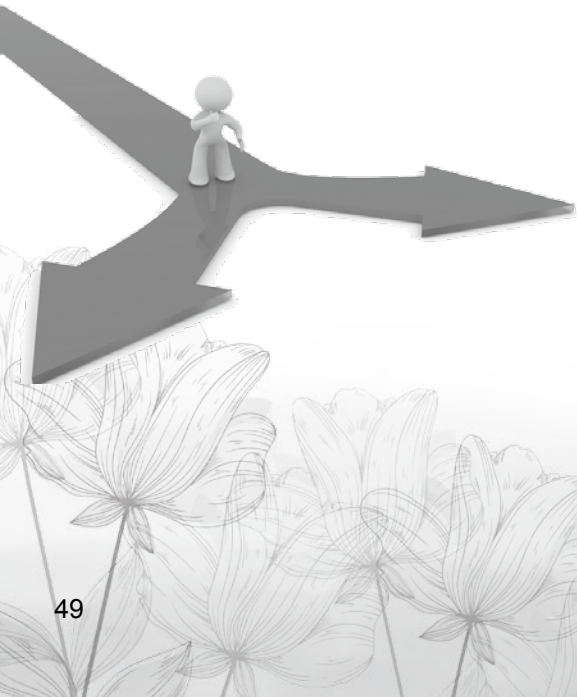
「喂！起來啊！」一張開眼，我便看到這個帶點兇惡的牛頭馬面，我知這將是第三次，也是最後一次的重生。我再次走進那扇門，這次我終於可以過一些較正常簡樸的生活了。這次重生與我本來的生活十分相似：出生於小康之家，過着一些平民的生活。雖然我在這人生路上遇到不同的問題，同樣遇上岔路，亦十分容易迷失，然而我有父母的支持、朋友的鼓勵，終於可以選擇自己想走的路了。這一次，我平平凡

凡的度過了這一生。

我完成了三次重生的經歷後，忽然明白到在人生的道路上會出現很多阻礙、困難，但選擇權是在自己手中的，無論結果如何，都應由自己決定與承擔。

人生道路看似漫長，但其實轉瞬即逝。在這路上，不同的人會有不同的經歷，亦會遇上很多挑戰。過程中，我們很容易會迷失自己，但無論如何，我們都應勇敢地嘗試不同的路，追尋自己最想要的結果。哪怕最終的結果未能如意，亦應坦然接受。只要選擇了自己認為正確的路，便不應猶豫，堅持自己的決定，就能不枉此生。

叮噹……叮噹……「各位同學，今晚用心地完成這篇作文，明天上課時交給我。希望同學可以在作文的同時尋找屬於自己未來的道路。」我剛睡醒了，開始把剛才的夢境寫成我的文章。



「各位同學，請安靜就坐，現在會講解今天下午一時……」

聖誕假期開始了一段時間，我當然不會浪費光陰。早前我參加了一個野外觀星計劃，計劃的目的是讓同學跟隨國外的一位著名觀星學家共度一晚，學習星體。在這兩日一夜的旅程中，還會考驗參加者的耐力，以露營的方式，在遼闊的草地上互相交流，唯名額只限三十人。而我呢？經過數月的測試、訓練，我成功通過審核！

想到那大片的草地，一望無際的星空和不停閃爍的繁星……小星星啊！請靜心等着我吧！

「呀！」這一把聲音瞬間把我所有的幻想景象破滅了。「你，誰誰誰，記得帶齊所有裝備，包括睡袋、營釘、望遠鏡、筆記……」面前站着的，原來是位十一、二歲的小學生。哼！我心想：「年紀小小就想來管我，先管理好你自己吧！」接着，不懂輩份的小伙子還在重複說：「記得我說的嗎？不要忘記，特別是營……」「我知道了！所有事情我都記得一清二楚，別煩我！」說罷，我便抽身離去……

下午一時，我期待已久的「觀星露營團」終於開始了，我心情難以平靜下來。據說，那著名的觀星專家正在山腰間等待着我們呢！我踏着輕快的步伐向前邁進。過了半小時，我們到達了山腳，正當快要展開兩小時的「山路歷程」，老師已迅速把我們帶來的物件分成十小份。我們三人為一組，並且循例點數物資，點算好即可起行。我一話不說，走到最前，擺了一個起跑的姿勢，等待老師發出指令。

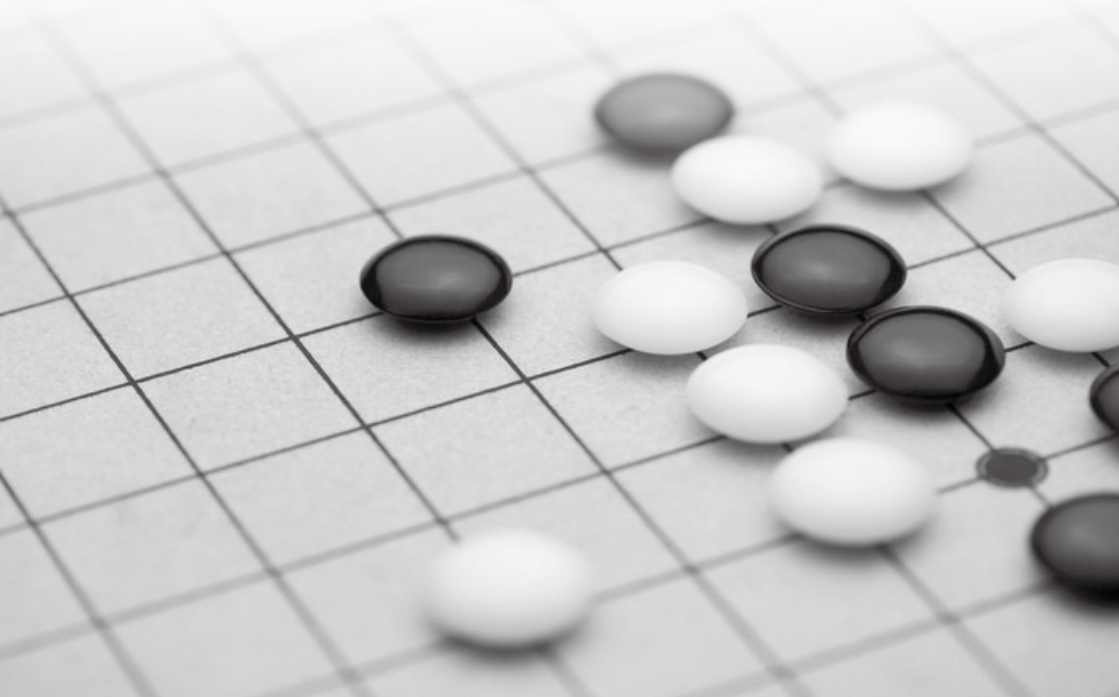
「等一等，這背包是誰的？為何沒有營釘？」我頭一轉，立即嚇呆了！那不就是我的背包？「手提電話放左面，望遠鏡放中間，營釘放……營釘放在了家中的桌上！」我心想。老師冷冷地說了一句：「沒營釘的一組不能上山。」

「沒營釘的一組不能上山」這句話在我心裏重複着。我的思緒比路邊的野草還要凌亂呢！

看着餘下的二十七人上山的背影，山腳只有自己和組員；陣陣吹過的寒風，沉默地等待「十年難得一遇」的旅遊巴士……

說回來，我的心情還未轉好。唉！當初，還說別人麻煩，沒想到忘記帶營釘，便大大錯失了一個機會難逢的觀星團，白費了一直以來的成果和努力。

在繁忙的都市生活，我們不時會忘記帶東西：學生會忘記帶書本和功課，上班族會忘記帶各種文件。如我們不改掉這些看似微不足道的壞習慣，我們總有一天會因一些小錯誤而失去寶貴的機會。經過這件事後，我學會注重每一個小錯誤，認真地對待它們，並把它們改正過來，否則將來我便會失去更多，那時就後悔莫及了！





採詩園

家

梁曉詩 中一

家，是雨中的彩虹，
給人希望的鼓勵，
讓人倍感溫暖。

家，是沙漠中的湖泊，
讓希望的火焰燃起，
給人生存的希冀。

家，是我永遠的避風塘，
給人無限的安全感，
讓人有無限動力。

家——我一生的幸福

朱洛桐 中一

家，
為我抵擋霜雪，
讓我無比溫暖。

家，
為我提供養份，
讓我茁壯成長。

家，
為我遮風擋雨，
讓我不會畏懼。

有了家，
是我一生的幸福。

家

就像美味的棉花糖，
軟軟的，甜甜的，
帶給我們舒適的生活，
把我們帶往夢幻的世界。

家

是我們的朋友；
是我們的同伴；
是我們的守護神。

家

就像輝煌的城堡，
大大的，安全的，
仿佛保護我們的騎士一樣，
令我們感到安穩。

學習的地方

蘇慧欣 中五

老師喋喋不休的音頻走進我耳，
手如風飛快寫下要點。
眼睛，在綠油油板子遊走，
坐在冷板櫈上靜候時鐘指向三時五十分。

貓兒肚子餓的聲音撞進我耳，
手拿手機，偶而為靜候多時的作業添上文字，
眼睛，在朋友間有趣話語上遊走，
坐在電腦椅上靜候母親說吃飯的聲音。

路人甜言蜜語悄悄走進我耳，
手拿咖啡杯偶爾翻着參考書，
眼睛，在神情各異的路人上遊走，
坐在沙發上靜候時間流逝。

小伙伴翻書聲音不間斷不經意闖入我耳，
手執色彩各異的熒光筆為乏味的書本添上新衣，
眼睛，在色彩起伏的文字上遊走，
坐在膠椅上靜候小伙伴說離開的聲音。

我們渴望的，

無他，自主、自主、自主，

言語和行動

便是我們的權力。

餘下的人民

面對強權和世代，

他們將成

巾幗和梟雄。

所有舉起的手

皆有着耀眼的黃，

在風中飄揚的，

那是無聲的吶喊。

人們高舉的

一條鐵枝和碎布，

遮風擋雨的物件，

卻是最後的武器。



HKCWC Fung Yiu King Memorial Secondary School

Marching towards the 25th School Anniversary

VOICE

of

ERUDITION

2015

From the Principal

Make it happen!

Since English is your second language, it is no doubt that of all the English papers, you may find writing especially challenging and demanding. You have to dig out the appropriate vocabulary in order to convey your message successfully. You need also to comply with complicated grammar rules. Therefore, practice is of the utmost significance if you need to ignite your English writing skills.

Let me give you some tips for being a successful writer. Bear in mind that direct translation from Chinese into English doesn't work as the two differ in sentence structures resulting in so-called "Western Chinese / Chinglish".

Don't go to Google either as it will also be adopting the same method in getting its job done. Instead, expose yourself to more quality writing such as our Voice of Erudition. Use your imagination and write what you see, hear and read. It is a task that you can do anytime and anywhere. Don't get frustrated or scared of being laughed by others when making errors. Meet the challenge and soon you can visualize your dream of being a successful writer.

Make it happen! It doesn't matter if you have tried but in vain. Nevertheless, if you don't attempt anything, you may never experience success. Hong Kong has been criticised for being a cultural desert. To get rid of this nasty image, write as often as you can. The more people, especially youngsters, get indulged in writing, the better it is for the future of Hong Kong. You can work miracles. Exercise your power now!

Dr. Suen Lee Wa
Principal

Voice of Erudition

It implies that students should read, learn and be knowledgeable and versatile. The message is deeply embedded in our school motto "Erudition and Determination". Students are encouraged to explore their environment. What they have discovered or experienced can be shared with others. This publication serves the purpose for students to read and express what they have in their minds.

From the Editor

This is the 6th edition of our Voice of Erudition. New to this, we have a section called “Opinions”. Senior form students can express their views on various social issues e.g. parallel goods traders, occupy Central movement. This enhances students’ understanding of current issues and build social awareness. It also enables students to think critically and independently which is an important asset for a potential university student.

Thanks to the contribution of our student writers in particular. Without which this book will not have been a reality. Thanks also to the English teachers who have offered invaluable help. Thanks are also extended to our editorial team which has given birth to this Voice of Erudition.

Our school will be celebrating its 25th anniversary this year. Hope that more students will get inspired and submit their writing to our editorial team.

Ms. Lam Lai Kuen

Editor

Editorial Board

Advisors : Dr. Suen Lee Wa, the Principal
Ms. Pun Lai Hung, the Vice-principal

Editors : Ms. Lam Lai Kuen
Mr. Gregory Roland Bannister
Ms. Chan Tsz Shan
Mr. Cheung Chi Wai
Ms. Lau Mei Fong

Acknowledgements to all English teachers

Foreword

Writing is a way to bring alive our thoughts and beliefs. Every piece of writing in this Voice of Erudition highlights the critical minds and vibrant thoughts of our young writers. They are well aware of the ongoing events in the society. Embracing a passionate heart to care and concern about themselves and people and things around them, our students express their earnest thoughts through writing of various genres. Their opinions expose their critical minds which are eagerly needed for the society for betterment. True, only the ones who do care and think with constructive insights and express in righteousness can master their own life in this dynamic world.

The 6th edition of Voice of Erudition marks the approach of the 25th anniversary of our school. As printed on the book cover ‘Marching Towards the 25th School Anniversary’, this collection of writing not only landmarks the efforts of all parties, the school, parents, teachers and students in all aspects of accomplishments throughout the years, but also manifests a confident move towards greater and more remarkable achievements in the upcoming future!

Rome Wasn’t Built In A Day. All things take time to create. Great and important tasks take time to accomplish. Most importantly, success takes efforts well-supported with patience and perseverance. Every piece of good writing is rewriting by going through the process of revising, editing and polishing. Likewise, the school is making persistent endeavors to educate the youths. With clear goals, strong determination and persistent efforts, both the school and our young learners behold their visions and march towards the bright future!

Ms. Ronna Pun

Vice Principal and English Panel Head

Contents

Pages

1	From the Principal
2	From the Editor
3	Foreword

JUNIOR FORMS

Articles

6	Fitness Day	Lam Nok Hin	F.1
7	My Life At Secondary School	Wong Yan Tung	F.1
8	Myself	So Yi Shun	F.1
9	Having Lunch At School	Chung Irene	F.2
9	My Birthday	Ho Ming Hin	F.2
10	My Dream Job	Lui Kwing Man	F.3
11	Ways To Improve English	Law Lok Yee	F.3

Letters

12	Having A Great Time In Tokyo	Joure Lok Tung	F.1
13	The Great Knaresborough Bed Race	Li Tsz Lam	F.1
14	A Complaint Letter	Chow Ka Wai	F.2
15	"Helicopter Parents"	Lam Hoi Ying	F.3
16	Letter Of Advice To A Teenager	Lam Tsz Ho	F.3
17	Letter Of Application For Summer Holiday Activity Centre Position	Yick Long Hin	F.3

Email

18	An Email To Jo	Cheung Chi Hang	F.2
----	----------------	-----------------	-----

Story

19	A Painful Lesson For Ben	Fong Siu Hong	F.2
----	--------------------------	---------------	-----

F.2 Comic Dialogue Competition 2014 – 15

20	Chung Ho Tung	F.2C (Champion)
21	Chu Chui Yi	F.2B (1 st runner-up)
22	Ng Ming Wai	F.2D (2 nd runner-up)

SENIOR FORMS

Articles

23	An Unrealistic Experience	Hon Hiu Tung	F.5
24	A Ruthless Betrayal	Leung Ho Tim	F.6
26	A Tense City	Fung Oi Ling	F.6
27	My First Job	Chan Wing Lam	F.6
28	Overwork	Kong Pok Man	F.6
29	Working Part-time	Lau Hon Chau	F.6

Letters

31	Smartphone – A Devil?	Wong Ka Man	F.6
----	-----------------------	-------------	-----

Proposal

33	Summer Youth Exchange Programme	Kwok Hiu Yan	F.5
----	---------------------------------	--------------	-----

Speech

35	Smartphones Are Harmful	Yeung Chun Kit	F.5
----	-------------------------	----------------	-----

Poems

36	My Mother	Wong Ming Yi	F.4
37	My Teacher	Yau Kui Lam	F.4
38	The One	Yip Yun Kiu	F.4
39	Hero	Lam Tsz Kei	F.4
40	My Friend	Li Ho Fong	F.4

Opinions

41	Bullying	Wong Ming Yi F.4	Lam Sui Hung F.4
		Chan Chi Ting F.4	Kwong Yuk Shan F.5
43	Occupy Central Movement	Kong Tsz Yan F.4	Yeung Ho Lun F.4
		Tsui Ching Chi F.4	Ling Pan Yan F.5
45	Parallel Goods Traders	Ng Ching In F.4	Chiu Long Chi F.4
		Tsui Ching Chi F.4	Leung Hoi Ching F.5

F.4 Photo Story Writing Competition 2014 -15

47	Tsui Ching Chi	F.4D (Champion)
48	Fung Hoi Hei	F.4B (1 st runner-up)
49	Wong Ming Yi	F.4A (2 nd runner-up)

F. 5 Facebook Photo Sharing Competition 2014 -15

50	Yeung Chun Kit	F.5A (Champion)
51	Leung Hoi Ching	F.5B (1 st runner-up)
52	Yiu Ka Man	F.5F (2 nd runner-up)

Fitness Day

Lam Nok Hin F.1

Last Monday, my school held a Fitness Day. A doctor was invited to my school. The doctor reminded us that healthy diet was very important. It not only helped us look good, but could also keep ourselves healthy. The doctor also said that a balanced diet could make us healthy, so we should not have too much junk food like French fries, cup noodles, potato chips or pizzas. The doctor also said that we should do exercise every day. It was also good for our health.

At lunch time, we made some healthy snacks in our classroom. We made salads, prepared some fruits, vegetables and steamed eggs. They were yummy and healthy.

The doctor told us that we should do more exercise, so we played basketball in the basketball court after school.

After listening to the talk, I decided to lead a healthy life. First, I will go swimming every Sunday and I will change my eating habit. I will eat plenty of vegetables and drink eight glasses of water every day.

My Life At Secondary School

Wong Yan Tung F.1

My name is Wong Yan Tung. I am twelve years old. I study at HKCWC Fung Yiu King Memorial Secondary School. I am in Form 1.

I like my new school. It is very big and the environment is good. There are a lot of trees and the air is fresh. I like the school library because it has many different types of books. I like science lessons because I can have lessons with my friends in the laboratory. I can do experiments. They are interesting. My best friend is Wing. She is clever and fun. She always shares snacks with me. I join to be a girl guide as my extracurricular activity. We march every meeting. I make many friends in my new school. I think it is a good start.

I enjoy my school life very much. I hope I can learn and grow happily here. I also hope that I will make more friends and have a happy school life in my new school.

Myself

So Yi Shun F.1

My name is Zoe So. I'm twelve years old and I live in Ma On Shan. I like skipping in my spare time. I also love listening to music and my favourite singing group is called TFBoys.

I have a hamster called Lulu. Its eyes are very small. It always runs around in its cage. It likes eating seeds. It is very cute.

I am now studying Form 1 in HKCWC Fung Yiu King Memorial Secondary School. It is a white and blue building near my home. It has seven-storeys. During the recess, I like going to the library to borrow some story books because I like reading.

I have three good friends in school. They are Kerry Wong, Roy Wong and Jackson Yi. Kerry is thirteen and he lives in Ma Oh Shan with his parents. Roy is also thirteen and he lives in Ma On Shan with his parents too. Kerry and Roy like singing. They always sing together. Jackson is thirteen. He lives in Ma Oh Shan with his parents and his younger brother. He likes dancing hip-hop.

I like my new secondary school. I hope I won't get too much homework though.

Having Lunch At School

Chung Irene F.2

Most secondary schools require junior form students to have lunch at school. There are advantages and disadvantages.

The first advantage is that it is safe for young students as they don't need to go out and find a place to eat. Besides, it is very convenient for students since lunchboxes will be delivered to the classrooms directly. Also, the lunchboxes are not expensive. If students go out to have lunch, they need to pay at least \$35-\$40. The lunchboxes here are much cheaper than the food outside.

However, the food quality at school may not be satisfactory. The number of choices is inadequate. The menu also keeps repeating all the time.

My Birthday

Ho Ming Hin F.2

My birthday is on 21st November. My mum invited some of my relatives to go to my home for a party.

Before the party, my mum and dad went to Sunshine City to buy some barbecue food and a cake, while I stayed at home to play with my cousins.

My relatives gave me some birthday presents, so I was very delighted. Some relatives gave me red packets and wished me good results in the examinations.

We kept on eating because my mum bought plenty of food, such as pork, chicken wings, sausages, lamb, fish and steak. We were very full.

After the barbecue, we had a delicious birthday cake with a cute boy figure on it. I love the cake very much.

This party was very unforgettable.

My Dream Job

Lui Kwing Man F.3

My dream job is to be a chef. Why? It is because I like to cook and share the food with people.

I think cooking is full of surprises. We can use different ingredients to cook delicious dishes. It is so magical and fun. And also, I like to taste foods from different places. Different places have different specialities so we can taste a lot of food.

In addition, not to brag, but I think my cooking skills are above average. Sometimes I like to cook and share it with my family and friends. They always praise my cooking skills. However, I think there is still room for improvement. For example, western food is unfamiliar to me. I don't know how to cook it well.

Very soon, I will upload videos on Youtube to share my recipes and cooking tips. I will also try hard to improve my English. It is because chefs in classy restaurants must speak good English. They need to exchange ideas with foreign chefs who do not speak Cantonese.

And what's next? After becoming a chef, I'll think of opening a restaurant of my own. It will be really interesting.



Ways To Improve English

Law Lok Yee F.3

English is widely used in our daily lives. However, most of us find English difficult to learn. In this article, I will suggest some fun and effective ways to improve our English language skills.

First, we can learn English through listening. We can watch videos on Youtube, for example, cooking channels, news reports and comedies. We can also buy or borrow movie DVDs or blue rays to learn English from them.

Second, we can learn English through reading. We can read English comic books, for example, Avengers and other superhero comics, Old Master Q and Snoopy. We can also download some e-books onto our smartphones or computers to read.

Moreover, we can learn English through speaking. We can take part in the drama club to practise our speaking skills. Also, we can sing English songs in a karaoke.

Furthermore, we can learn English through writing. We can find pen friends in other countries and practise our English through writing letters. Furthermore, we can write blogs and diaries so as to use English to record our everyday lives.

Finally, nothing beats hard work and determination. Work on your English every day. Practice makes perfect.

Having A Great Time In Tokyo

Joure Lok Tung F.1

Hi Lexus,

I am enjoying my holiday in Tokyo with my family. We are having a great time here. Tokyo is a wonderful place. There are lots of things to do and see. And there's lots of yummy food too.

At this moment, we're in the garden at Veno Park. It is a beautiful park. We can see a wide range of animals in the zoo. It is nice to take a walk around the garden or take photos of the beautiful cherry blossoms in spring. I think the cherry blossoms were really beautiful.

Yesterday, we went to Harajuku. Every Sunday, you can see young people who dress up in unusual costumes gathering around Harajuku station. They sing, dance or pose for photos. Harajuku is a popular shopping area for teenagers, so I bought a lot of clothes.

Then, we went to Mount Fuji. The spectacular view of Mount Fuji is a must-see for visitors. It was wonderful.

Tomorrow, I will go to Palette Town. Palette Town has lots of fun and exciting rides. There is a bowling alley. There is also a game centre where we can play computer games. I feel excited and I can't wait.

I will go back to Hong Kong tomorrow evening. I will give you a souvenir when I go back to Hong Kong. See you soon.

Love,
Fiona

The Great Knaresborough Bed Race

Li Tsz Lam F.1

Hi Patty,

How are you? I saw a race called the Great Knaresborough Bed Race in the UK. I want to introduce the race to you.

The Great Knaresborough Bed Race is held in Knaresborough every summer. The objective of this race is to raise money for charity.

Participants need to decorate a bed before the race begins. During the race, one of the participants needs to sit on the bed and the others have to carry the bed and race through the town. After racing through the town, they need to float across the river. Finally, they need to reach the finishing line.

I think the race is fun. If the race can be held in Hong Kong, I will surely join it.

Best wishes,
Chris



A Complaint Letter

Chow Ka Wai F.2

Dear Sir/Madam,

I am writing to complain about the workshop “Caring and Sharing” organized by your youth centre. I was very upset and confused after participating in the workshop.

Firstly, there were many students walking in the corridor outside the room where the workshop was held. It was very noisy. I understood that the classroom was the first one in the corridor and it was unavoidable that students passed that room quite often. However, the students were talking loudly with each other when they passed by. Some of them were also playing. To my disappointment, no one was there to maintain the discipline.

Secondly, some participants did not turn off their phones. The workshop was disturbed several times by ringing phones. I was really surprised because turning off our phones is a basic rule in any workshops or talks. However, the speaker did not remind the participants to switch off their phones even after the phones kept ringing for a few times. I felt really dissatisfied.

Thirdly, one of the speakers was very blunt. In fact, he was a bit rude when discussing some of the participants’ problems. He was rather impatient when answering some questions too. It was quite surprising because he lacked respect for the students.

I think notices have to be posted in the corridor to remind students to be quiet. Moreover, all the participants should be requested to turn off their mobile phones before starting the events. Furthermore, I think your centre can evaluate the performance of the guest speakers to ensure their teaching qualities.

Thank you so much for your kind attention.

Yours faithfully,
Kary Chow

“Helicopter Parents”

Lam Hoi Ying F.3

Dear Samantha,

Hello! How are you? In your last letter, you asked me what problems Hong Kong students are facing. Let me tell you now.

First, do you know what “helicopter parents” are? In recent years, there have been more and more “helicopter parents” in Hong Kong. They worry about and pay too much attention to their sons’ and daughters’ schoolwork and achievements, so they send their children to tutorial schools and make them take part in a lot of extracurricular activities. They hope their children can enter a prestigious primary or secondary school, but right now the race starts at kindergarten.

“Helicopter parents” force their children to wear many hats, but they do not consider what their children think. Do their children like what they are doing? Do they have enough rest? Often, the parents are squandering their time, money and their children’s interest in learning.

If I could give them some advice, I would suggest that they let their children do what really interest them. Arrange free time for their children and spend time with them. Show them they are loved and cared for regardless of their school results.

Meanwhile, I think students in Hong Kong should learn to take better care of themselves and become more independent. I have heard that students in the US are more mature in general. How are the parent-child relationships like in the US? I look forward to hearing from you.

Best wishes,
Amanda

Letter Of Advice To A Teenager

Lam Tsz Ho F.3

Dear Pat,

I'm sorry to hear about your problems. Let's try to figure out some solutions together.

First, you have too little pocket money. It is not difficult to solve. Budget your spending; buy what you really need. Also, you can take up a part-time job when you're free.

Then, you find your parents too strict because they want you to study in a university. I think you should look at the positive side. Your parents simply want you to get a better job when you grow up, but if you think they are overly demanding, you should tell them what you really want.

Next, you said that you have no friends and some classmates bully you because you are not slim enough. First, friendship is never a straightforward thing. Try to reach out to your classmates and talk to them first. Then, perhaps you and your classmates may soon become friends. Just take it easy.

Finally, I think you should exercise more and eat less junk food. Then you will be slimmer, healthier and happier.

If you want more advice or you have any further problems, call me directly. Good luck!

Best wishes,
Chris Wong

Letter Of Application For Summer Holiday Activity Centre Position

Yick Long Hin F.3

Ms. Margaret Smith
Director
Summer Holiday Activity Centre
Fung Nam Building
Kowloon Tong

Dear Ms. Smith,

Re: Application for the position of Summer Holiday Activity Centre Helper

I am writing to apply for the position of Summer Holiday Activity Centre helper as advertised on your post board.

I am a Secondary 3 student at TST Secondary School. I am the chairperson of the school English Club. In order to organize events in my school, I need to have strong organizational skills which ensure the smooth running of each activity.

I am suited to the job because I am well-rounded. First, I am fluent in English and Putonghua. My English, in particular, has improved a lot since I serve as the chairperson of the English Club. I am a team player and I really enjoy working with children. Planning a good trip requires close attention to the details. It can be done more easily in a team. Assisting young students with their holiday homework can be challenging, but with patience and tact, I will be able to handle it nicely.

My future goal is to become a full-time officer and project manager in a youth centre. This position would allow me to gain experience and equip myself to serve the community better.

If you are interested in my application, I would be happy to attend an interview at any time that is convenient for you.

Yours truly,
Alex Chan

An Email To Jo

Cheung Chi Hang F.2

Dear Jo,

I am so glad that you are coming to Hong Kong on 28th and 29th this month. I have already thought of some activities and places where we can go together!

On 28th, I think we can join “Art Jamming”, organized by Hong Kong Post Studio. Have you ever heard of a music jam? Art jamming is similar, except we use paints! The event will be held between 1:00 p.m. and 9:00 p.m. No art skills are required. We will enter the studio, grab a paint brush and have fun creating our masterpiece! I think it is a fun and interesting activity that we can’t miss.

On 29th, we can go to Mong Kok. There are many funny and cheap things to buy. It is so crowded but it is a famous place that every tourist should go. You can buy some fashionable clothes at reasonable prices. I know you are a fashion lover. You would love to see the nice clothes there. It is convenient to go to Mong Kok, especially by MTR, so you don’t need to worry about how to get there.

If you want to try local food, I can take you to Sai Kung to try some seafood. It might be a little bit expensive but I think you should try it.

Looking forward to seeing you soon!

Chris

A Painful Lesson For Ben

Fong Siu Hong F.2

“Ding Dong!”

Ben went to open the door.

“Hey, man!” said Ken.

“What’s up, Ken? You’re so early!” said Ben.

“I want to buy some new video games. Do you want to join me?”

“Wow! Sure! I’d love to! Let’s go.”

So Ben left home and went to buy some new video games with Ken. Ben was too excited that he forgot to lock the door and the windows.

After Ben had left, a thief saw the windows open, so he broke into Ben’s house through one of them. Once inside, he searched for valuables. He took them all and ran away.

In the afternoon, Ben’s mother came back. She was surprised because the house was so messy. She tried to look for Ben but she couldn’t. She was very angry. She immediately called the police.

“Hello! I suspect that someone has broken into my house. When I came home, the house was so messy. What can I do?” Ben’s mum asked anxiously.

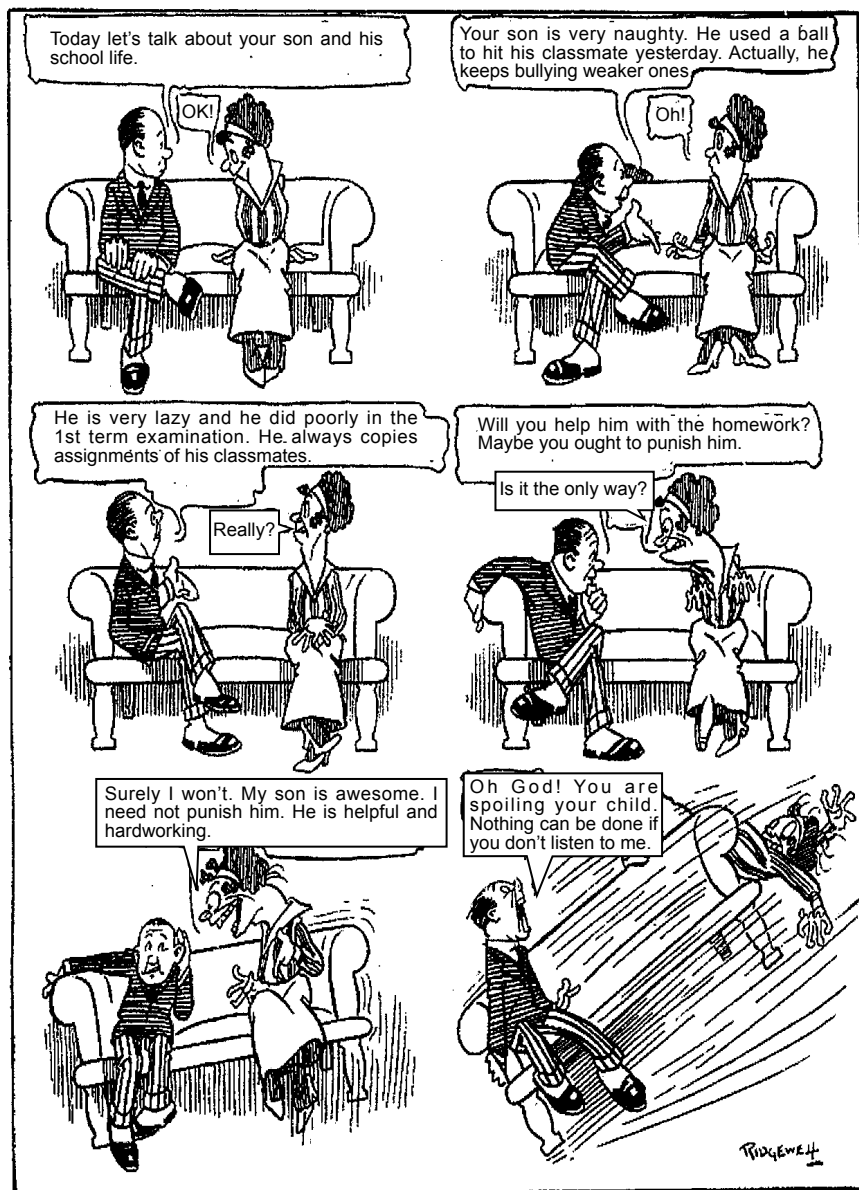
“Don’t worry. We will come over and help you,” said the police.

Then, Ben came home. He saw his mother and the mess. His mother looked extremely angry. Suddenly, Ben remembered that he had forgotten to lock the door and windows. It was his fault.

At last, Ben’s mother hit him with a big stick.

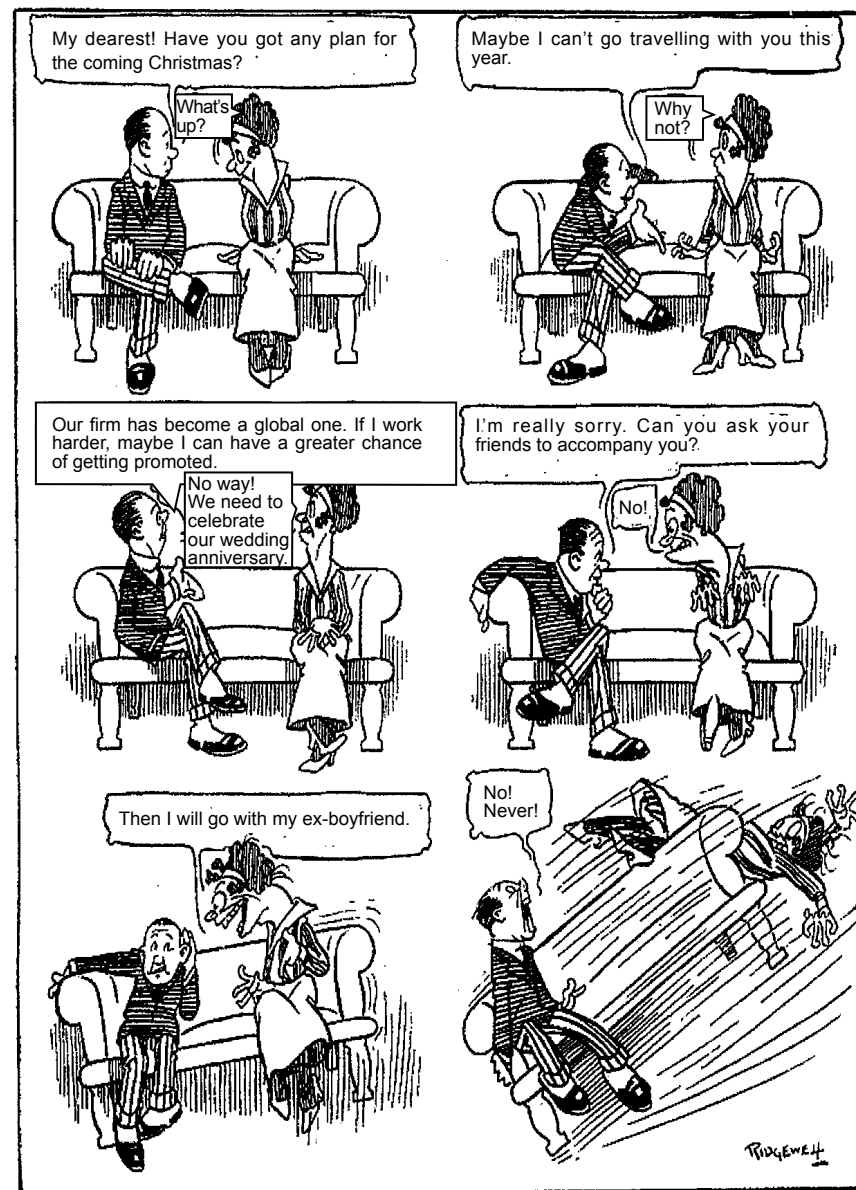
F.2 Comic Dialogue Competition 2014 - 15

Chung Ho Tung 2C (Champion)

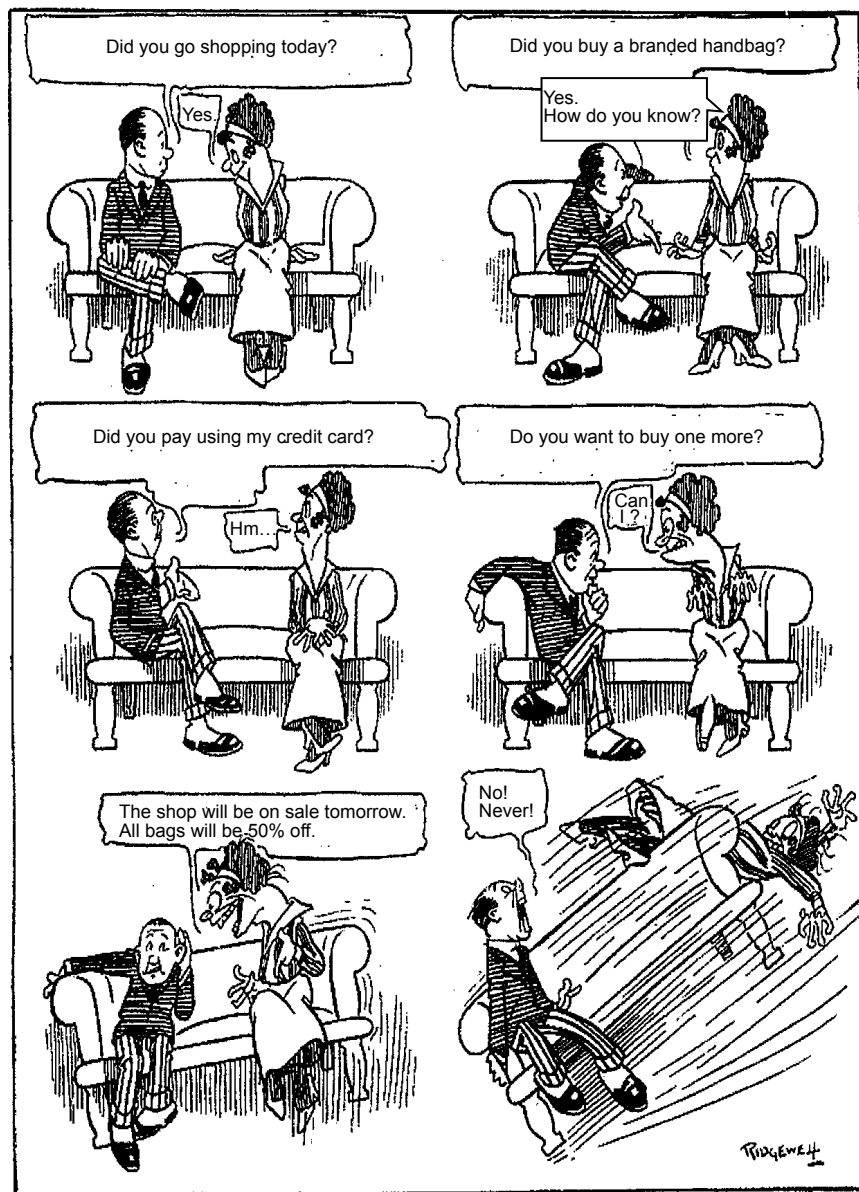


F.2 Comic Dialogue Competition 2014 - 15

Chu Chui Yi 2B (1st runner-up)



Ng Ming Wai 2D (2nd runner-up)



F.2 Comic Dialogue Competition

Hon Hiu Tung F.5

Hi, my name is Maris. Here is an unrealistic experience I want to share with you. It sounds ridiculous but it is true.

Last month, I won a competition organized by a pop magazine and the prize was spending a week with my favourite pop singer. Let me talk about my favorite pop singer first. I think she is the prettiest and most talented pop singer in the world. Do you know who she is? Yes, she is Taylor Swift. She composed a song when she was 15 years old. Besides, she had her own CD with five songs when she was 17 years old. I like Taylor because her songs are meaningful and make me feel relaxed when I am tired. Her voice is the sweetest I have ever heard. Therefore, I felt excited when I knew Taylor Swift would spend a week with me and I couldn't wait to start the trip.

In the morning, I took the plane from Hong Kong to England to meet Taylor Swift. When I arrived, I saw a pretty, tall woman smiling and walking towards me. I knew she must be Taylor, so I rushed towards her and gave her a big hug.

On the first day, we visited a museum and we walked on the streets. Taylor told me that she felt sorry for being so busy that she had to stay in England until she had finished her work. Nevertheless, I would be happy to meet Taylor wherever she was.

On the second day, she took me to her favourite café. She said that cakes in the café are the most delicious food she had ever eaten. After that, Taylor sang for me because she said we were friends now. Her voice was just like an angel.

On the third day, she took me to meet some of her friends, such as Justin Bieber, Katy Perry, etc. They all said that Taylor was the nicest girl they had ever met.

On the last day, I had to leave but Taylor wanted me to stay. I said I would visit her again because we were friends. I had given her a hug before I left.

I love England and I love the people there too. I think Taylor is nice and pretty. When I first met her I liked her charming smile. Her voice is like an angel when she sings. She is my favourite pop singer.

A Ruthless Betrayal

Leung Ho Tim F.6

It was a sunny day today and it seemed to reflect my mood. I was going to the USA with my parents. When we arrived at the airport, I met my old friend. Alex has been my old friend for 15 years. I hugged him and said "I miss you so much! Why didn't you call me when you left Hong Kong?" Then we talked until I had to board the plane.

When we brought up the matter of the past, I said sorry to him. It was because I had betrayed him. For the past 10 years I had been feeling very sad about it. It started because of a basketball match. We were good friends and we always had fun together such as playing basketball, football and going shopping. People always called us "Little Twin Stars". We really loved travelling together to different countries such as the USA, China and Japan. We have faced and solved many problems together and our relationship was very strong; no one could separate us.

Actually our dream was the same. We wanted to be in our secondary basketball team so we got trained every day, whether it was sunny or rainy. We really hoped that our dream could be fulfilled.

One day, I knew that the basketball team would play in public so as to attract more people especially students to watch their games. Moreover, I knew that they would invite ten potential players to join their team. I felt very excited and happy, just like a child and I couldn't sleep all night.

The next morning, I felt very confused and worried. If I told Alex the message, he would become my rival and his basketball skill was better than mine. My dream might not be realized. No! No! No! Therefore, I decided to keep it a secret. I made up my mind to betray even my best friend. Although I knew that it would break his heart and he would hate me forever, I really wanted to make my dream come true.

So I said to him "The basketball team will not invite any students to join because its quota is full this year. We have to join the following year." He trusted me.

A week later, Alex suddenly came to me. He was furious that I had cheated him and he lost the opportunity of joining the school team. He hated me and said, "Best friends do not lie and betray one another, so I trusted you but now you have disappointed me."

Since then my mood became so blue and it seemed that a thousand knives had pierced my heart. I was a loser in the world and no one could wake me up. I trembled because I betrayed my best friend. Why did I do that?

A year ago, I regretted betraying Alex and really missed him. I wanted to meet him again. I didn't want him to hate me so I needed to say sorry to him. I hoped that he would forgive me and become my best friend again.

I went to his house to say sorry. When I met him, I felt my heart was pumping very fast. He had become a tall and strong man. I said sorry to him and my eyes were wet but he didn't say anything. He only hugged me. I felt so warm.

We cried. Actually we missed each other but we worried that we couldn't forget the unhappy incident. He understood why I had betrayed him. Finally we became good friends again. I felt so relieved. I couldn't lose him again and I must treasure the friendship with him.

It was the final call for departure and I needed to go. Bye to my old friend.

A Tense City

Fung Oi Ling F.6

Hong Kong is a competitive metropolitan city; we can feel tension everywhere. Recently, more and more colleagues are leaving the office very late. High expectations from the bosses, aggressive deadlines, keen competition and job insecurity keep our colleagues on the edge all the time and even work overtime at weekends and on public holidays. Many employees are busy gazing at the flickering screen. This phenomenon has many negative effects.

The obvious detrimental influence is that it poses a threat to the employees' health as they live in anxiety. The ferocious competition in the working environment has produced a high level of stress for them. In addition to this, long working hours are diminishing individuals' leisure and rest time. Even worse, they may suffer from psychological or physiological diseases.

This problem may also cause impairment in operational efficiency. Our colleagues are leaving the office very late and consequently this may diminish their leisure time. People may not have enough energy to work and they feel sleepy easily. It affects their productivity directly and eventually the economy and the development of the company may be weakened.

The worst influence involves increasing the company's expenditure and wasting resources. When colleagues work overtime, they will turn on the lights, air conditioners and computers. It would add to a company's financial burden. Also, the waste of the resources is exacerbating the worse situation of our earth such as global warming.

I believe this situation could be improved. Firstly, the company could set up some regulations. For example, all resources could be cut at seven p.m. It is feasible to ask our colleagues to leave the office early. They can enjoy their leisure time and take a rest so the employees can be in good spirits to work the next day.

Committing oneself to an exercise program is another way out. Taking part in exercise such as yoga, weight training or swimming helps people to relax and regain their balance. Colleagues can leave the office early to join these exercise programs to be positive-minded.

Take immediate action for yourself, your company and the world. Otherwise, it will certainly lead to a heavy cost.

My First Job

Chan Wing Lam F.6

Last summer, I did the most challenging job, actually the first job in my life. I spent a week working in my uncle's company. He owns a convenience store in Tsim Sha Tsui and I worked as a cashier. I found that life was tough, but I learned a lot.

I remember that when I went to my uncle's store on the first day, I needed to get up at 6:30am. It is earlier than the time I usually go to school. I can still remember I was very sleepy when I listened to the instructions from my uncle. It was very difficult to concentrate on what he said as everything was new to me. I worked very hard to complete my tasks but I still did many things wrong. For example, I scanned an item twice so the customer had to pay more than what she needed. She found my mistake and complained about being overcharged to my uncle angrily.

My uncle asked me to apologize to the customer. After this incident, I found that we should show a high level of emotional intelligence in front of the customers. No matter what they ask for and whether it is right or wrong, we should keep a smile on our face and speak politely to them. Also, we have to pay more attention when handling transactions related to money.

Another problem with my job was the long working hours. I needed to work from 7:00am to 7:00pm. When I went back home, I felt extremely exhausted and I needed to go to bed immediately. There were many customers queuing up at the cashier, so I did not have any opportunity to go to the washroom. I really needed to complete each transaction quickly so I could take a restroom break.

Apart from what I have mentioned above, I have also learned many other things in this job. I learned that good time management and patience is of the utmost importance. I understand that money doesn't come easy and I am proud of my mother and father for supporting me.

Overwork

Kong Pok Man F.6

At night, our office is always busy. Some staff members are working at mid-night and we can't hear anything except the noise of tapping on the keyboard. It is common that staff need to beaver away at work and perform well in the company in order to gain their superior's appreciation. But working late doesn't mean you can enhance your productivity. Staff working late is a serious problem and it will bring negative effects.

First, it is essential that a company's staff are healthy. Working late with less rest time will harm one's health. When some of the staff members get sick, the plan gets interrupted and a change will be needed. It will not only hinder the company's development but also bring more pressure to your team-mates.

Second, it is vital to ensure quality work. It is common that an employee will work for at least 10 hours a day. That's already very tiring. When you are tired, you can't produce quality work and blunders will be made. Try to imagine, if there are errors on a contract, it will be a catastrophe.

Recently, people working late has become a norm in our society. Some of us even call the people who are always working late 'Generation O' – overworked, overstressed and overwhelmed. To improve this circumstance, I have two suggestions.

First, make a to-do list and manage your work schedule. It can not only stop time wasting, but also make sure you finish your work on time. In most cases, working late is caused by people who are working ineffectively. It is crucial that staff should work as effectively as possible and produce quality work.

Besides, if the staff want to leave late, they have to get their superior's permission. As I mentioned earlier, staff working late will interrupt the company's development and quality work is not guaranteed. Therefore if the staff want to leave late, they have to get permission first and state the reason why they cannot finish their work on time.

Working late can't help you gain anything. Start thinking of other alternatives to help you produce quality work.

Working Part-time

Lau Hon Chau F.6

Naively, I had thought that part-time jobs are boring and unvalued, but I changed my view after I had taken a part-time job in my uncle's ABC restaurant. I am grateful to have the opportunity to work in his restaurant last summer. I had learned a lot of valuable things which are useful and important for my future.

My mum asked me to work with my uncle because she didn't want me to stay at home doing nothing during the holiday. At first I refused but she forced me to do by not giving me any pocket money. Helplessly, I accepted to work part-time.

On the first day of my job, my uncle arranged me to take an easy task, being a waiter. He said that this enabled me to have the opportunity to face the customers which might be a challenge for an inexperienced worker. I also thought that it was suitable for me. I put on the uniform of the waiter and listened to the instructions given by my supervisor.

After the briefing, I stood at the entrance of the eatery and waited for the first customer. Someone walked up to me and asked for a seat. I was nervous but excited when he spoke to me and I brought him to one of the tables. Everything was great and I had served a lot of people. It was until an old man dressed oddly came. I needed to serve him because other waiters were busy serving their customers.



The elder walked slowly and his behaviour was queer, just like a retarded person. I arranged a seat for him and I was going to take his order. However, he spoke unclearly and I couldn't get what he said. I decided to ask him to repeat but to no avail. At that moment, I doubted whether he was joking me. However, I remembered that my uncle had warned me about being patient and courteous, so I calmed down and listened carefully again and again until I could hear what he said. Finally, I took the order successfully and relieved with a huge sigh.

In the break, I told my uncle about my experience. I was informed that the elder I served was a poor guy who had become mentally ill when his wife died. At that time, I regretted for my behaviour and I felt lucky that I didn't treat him badly because of my uncle's advice.

I am grateful to have the chance to work part-time in my uncle's restaurant and I have learned a lot. Thanks to my uncle for making such an arrangement. If I have time, I will like to try again and do my best.

Smartphone – A Devil?

Wong Ka Man F.6

Dear Editor,

I am writing to express my greatest fear of the harmful impact of using smartphones improperly among teenagers. As we all know, smartphones are indeed a great invention. They bring convenience to our daily lives. Nevertheless, they are also damaging our lives without us knowing it.

Initially, when people accidentally bump into others, the first reaction is to sincerely apologize to one another and ask if they are alright or not. Surprisingly, people nowadays care more for a dead object than a human being. I remembered one day when I was walking on a crowded street, there was a guy playing with his phone. He paid no attention to the people around him and he bumped into me. I thought he would apologize to me but I was disappointed that he didn't. Worse still, he yelled at me because he almost dropped his phone. At that moment, I realized the harmful impact of using smartphones.

More and more young people become short-sighted as they are addicted to smartphones and always feel exhausted. According to a college research, smartphones will impair the eyesight if we use them too much. Some addicts might even get insomnia as they look at the screen for too long.

Smartphones are highly addictive inventions; they allow us to get the most up-to-date information from the Internet. They undoubtedly bring countless benefits to us. At the same time; they are also damaging our social lives. People hold on to their phones but ignore those who are around them and they stop interacting with others. In order to save people from being harmed by this cutting edge technology, I would like to offer you some useful advice.

First of all, we need to find ourselves some healthy activities instead of wasting our time on smartphones. For instance, we could organize some outdoor activities with our friends and family. We can go for a hiking tour and enjoy some nature views with our friends and family. I am sure it is a better way to let off steam than using a smartphone.

Second, we should strike a balance between the reality and the virtual world. We need to understand smartphones are just like medicines. If used properly, it may definitely benefit your life or it could make you suffer. Remind yourself everyday that smartphones are dangerous. Try to set a time limit of using smartphones in order to prevent addiction.

Last but not least, if the advice above can't help much, you should seek for professional help as your addiction might be too severe. Find a social worker that you trust. I am sure he/she will provide all the assistance you need to get rid of the smartphones mania.

All in all, smartphones could be convenient and time-saving for us. However we need to use it in a proper way. Otherwise, it might result in having impaired eyesight. Remember the saying "Connected on Net, disconnected in life". This is not the life you want to have. I sincerely hope that you will find your life fruitful with the new invention---smartphones. Do not waste your precious time on smartphones. Care for the people around you and treat them well. That's how you can become a healthy person physically and mentally.

Yours sincerely,
Chris Wong

Proposal For Summer Youth Exchange Programme

Kwok Hiu Yan F.5

Title: Summer Youth Exchange Programme

To: Alex Lau, Project Manager

Date: 5th May, 2015

Prepared by: Chris Wong

Introduction

This year 50-55 students have signed up for our exchange programme. The following is a list of proposed activities to be organized during their stay in Hong Kong. The students are from the US, aged between 15 and 17. While they are here, they wish to learn about Hong Kong. Therefore, we will organize cultural events and site visits for them.

Cultural events

1.1 Museum visit

A museum is a good place to start. We will visit the Hong Kong Museum of Heritage, featuring an exhibition about Bruce Lee, a martial arts expert with many fans in the US.

1.2 Ocean Park and traditional villages

We will visit some local attractions. Ocean Park, a completely home-grown and award-winning theme park, is a good choice.

We will also take students to traditional villages, including Tai O stilt houses, to let students experience traditional culture in Hong Kong.

1.3 Meals at Chinese restaurants

Food is an important part of any culture. We will make sure that students have a chance to taste our favourite local food such as dim sum and wonton noodles.

Sightseeing

2.1 Victoria Harbour

Victoria Harbour is the best place to see the famous Hong Kong skyline featured in numerous travel guides. Students will have a chance to take pictures while enjoying the view.

2.2 The Peak

We will also go to the Peak for a panoramic view of the city. At the same time, students can buy souvenirs at Peak Tower.

City Adventure

3.1 Mong Kok

Mong Kok is one of the most fast-paced districts in Hong Kong. Small vendors and street markets jostle for space while high-rise malls shoot up from crisscrossing streets. Students will find the place even more exciting when they learn that it is featured in many local gangster movies.

3.2 Tsim Sha Tsui

Tsim Sha Tsui, with its luxury boutiques and broad boulevards, will be a perfect destination for shopping and relaxing after a long day.

Conclusion

This programme is both educational and fun. It allows students to feel the heart and pulse of the city, giving them plenty of exposure to the diverse ways of life in Hong Kong. I hope this proposal will be granted with your support.

Proposal

Smartphones Are Harmful

Yeung Chun Kit F.5

Good morning ladies and gentlemen. I am Chris Wong, an educator. Today, I am honoured to be here to talk about why smartphones are harmful.

The increasing number of teenagers using smartphones has aroused wide concern in the public. Teenagers may lack self-control and time management skills. As a result, they may probably get addicted to smartphones. If they spend a lot of time using smartphones, they may have physical, social and psychological problems.

Now I would like to share my own experience with you.

My friend Tom is a workaholic. Tom's son always stays at home using his smartphone and no one accompanies him. Until recently, Tom found his son having a respiratory problem. It results from his laziness – he does not exercise regularly. He cannot strike a balance between doing sports and using his smartphone. Fortunately, he spends less time now on his smartphone because of his parents' advice. Indeed, parents play a significant role in helping their children lead a healthy life.

There's another example. Sam is a boy who spends 5 hours a day using his smartphone. At first, he wanted to widen his social circle through social networking websites such as Facebook and MySpace. Without doubt, this is a popular way to meet new friends.

Several months later, he built up a social circle on the surface. In fact, he had an illness called 'Facebook Depression'. One day, he forgot to bring his smartphone at a family gathering. He became extremely nervous, acting like a neurotic patient. Smartphone! Smartphone! Smartphone! All he had in his mind was smartphone. Having seen the doctor, he knew that he had Facebook Depression. It is obvious that he can't live without a smartphone.

From the above examples, we can see that a smartphone is harmful if it is not appropriately used. Therefore, we must use smartphones wisely. Thank you for listening.

Speech

My Mother

Wong Ming Yi F.4

Mum, you mean everything to me.
You are cheerful, gentle and chatty.
I share with you every moment of my happiness.
You listen to me with patience,
And light up my life with spirits.

You protect me whenever I need you.
You give me encouragement in times of troubles,
like a shepherd looking after her sheep.
You never forget me.
You are such a super hero.

You raise me up.
You love, you care, you support.
Your love is like a cushion when I fall.
You always guide me like a light for my path,
Until I can stand up in front of all.

Thank you, mum.
I love you more than I can say.
You are the sunshine in my life.
You mean everything to me.
You are my unrivalled mother.

My Teacher

Yau Kui Lam F.4

My teacher is a treasure of knowledge to me.
Yes, he is serious and hardworking.
I ask him the things unknown.
He is so kind and patient.
He is an encyclopedia to us all.

He spends all his time on students' homework.
He gives us all the knowledge he knows.
He never scolds.
He teaches us with a heart of gold,
And proudly watch us grow.

He is Fung Yiu King's Stephen Hawking.
He is not very charming,
But he is kind and hardworking.
Mr. Tse. I love you and I support you!
For you are the greatest teacher I have ever had.



The One

Yip Yun Kiu F.4

Are you the one in my life?
There can be none except you.

My love to you is sharper than a knife
that cuts my heart deep,
that longs to protect you
at all cost.

I am glad that you are in my sight.

Why won't you talk to me?
Why do you keep showing me a deadpan?
Open your door for a second.
That's me who beckons.

They say I should find another one.
But all I am asking is a response.
Knock Knock. Anyone there?
It fills with pain and sadness.

At last, I can see you again.
Even though you refuse to talk,
I would love to see your smile.
I believe your heart won't be like a rock.

Hero

Lam Tsz Kei F.4

I want to be a hero.
Yeah. Heroes are selfless and strong.
I must save and help everybody if I am a hero.
Heroes are cool and earnest.
That is why I want to be a hero.

Heroes keep saving people's lives.
And they care for people all the time.
Facing difficulties, they never give up.
Heroes teach us how to hold on.
Heroes pay down the path.

Being a hero doesn't need a mask.
Everyone can be a hero.
But if you want to be one right now, you gotta pay.
Heroes never tell us their names.
Do you have any idea who the heroes are?
Where are you, my heroes?

My Friend

Li Ho Fong F.4

My name is Li Ho Fong.
My friend is Tommy Wong.
We share everything since we were born.

He is sporty.
His favourite sport is rugby.
So he is very healthy.
If you want to meet him, it is not easy.
Because he is very busy.
Meeting him is just lucky.

His girl friend is called May.
With May, he doesn't know what to say.
He always ignores me.
But still he is my best friend ever be.



Poems

Bullying

Have you been bullied/ seen someone being bullied? What can we do to help the victims of bullying?



I have seen a little boy being hit and he was crying very loudly. He felt helpless, sorrowful and scared. I was shocked. It was extremely scandalous.

The victims can seek help from teachers and parents. Don't be shy to tell them what happened. Bystanders should talk and support the bullied as the next target might be YOU! We should also change the attitude of people who tolerate bullying behaviors and stop bullying on the spot. Finally we should redirect behavior of the children who have the tendency of bullying others.

Wong Ming Yi F.4

Most kids have been teased by a sibling or a friend at some points. It is usually not harmful when done in a playful and friendly way as both parties find it fun. However, when teasing becomes hurtful, it may seriously affect the kid's sense of safety and self-worth. In such a severe case, bullying has led to a tragedy.

We can comfort the child by talking to him. Remind the victim that he or she is not alone. Emphasize that it is the bully who is behaving badly. Reassure the child that everyone will be standing by him and there is nothing to fear or worry about.

Lam Sui Hung F.4

Opinions

I have seen someone being bullied. He was being made fun of. The victim felt miserable. He even skipped classes as he could not sleep well. He did not know what to do as he was too young to handle the situation. His parents were notified. I accompanied him to see our class teacher and he was finally referred to the school social worker.

To combat bullying, we can always help ourselves by building a harmonious relationship with others. Be positive and outgoing. Make more friends so that someone will be there to offer help in case if we are in trouble.

Chan Chi Ting F.4

I have seen three boys bullying a younger kid. They pushed him and grabbed his bag. With bullying, the first thing to do is to protect the victim and encourage him to report the incident to an adult e.g. a teacher, social worker or parents. Besides, we should stop bullying on the spot so that the bullies know they have done something wrong.

Kwong Yuk Shan F.5

Occupy Central Movement

How has the Occupy Central Movement affected Hong Kong? Do you think the protesters are being selfish because they do not consider other people's needs? Or do you think the people who complain about their inconvenience are being selfish because they do not appreciate the protesters are fighting for all Hongkongers?



During the Occupy Central Movement, many shops were forced to adjust their opening hours because they worried that those protesters might hurt their customers. I don't think the protesters were selfish as they have been appealing for universal suffrage which is the dream of every Hong Kong citizen.

Kong Tsz Yan F.4

The Occupy Central Movement was meaningless. It had seriously affected Hong Kong in various aspects. Some shops and restaurants had been temporarily closed and schools were being suspended. Roads were being blocked and traffic was being hindered. It had caused inconvenience to school children, shop owners and their employees.

Yeung Ho Lun F.4

It blocked the traffic. Schools near Central were suspended. Shops suffered losses in business because no customers visited them. It weakened our economy as tourists were scared. I think the protesters were selfish because they didn't consider the needs of other citizens.

Tsui Ching Chi F.4

The Occupy Central Movement affected Hong Kong's tourism. Some visitors were afraid that Hong Kong was not safe so they dared not visit this metropolitan city.

Actually, people who complained about their inconvenience were selfish. The protesters were fighting for true democracy. They hoped all Hongkongers could vote for the new Chief Executive. It would offer a better future for everyone in Hong Kong.

Ling Pan Yan F.5

Parallel Goods Traders

What do you think of parallel goods traders from China? Should the Multiple-entry Permit be cancelled?



Parallel goods traders from Mainland China like to go to places such as Mongkok, Shatin and Sheung Shui. Usually they would buy daily necessities, baby formula and electronic goods. They make the prices of certain products go up and some may be out of stock. Personally I urge our Hong Kong Government to cancel the so-called Multiple-entry Permit of those parallel goods traders from China.

Ng Ching In F.4

Those parallel goods traders from China usually come to buy things that they think are safe to use and eat such as chocolates and new gadgets e.g. Iphone 6. They always go to the stores close to the Chinese border. Those parallel traders don't know what "politeness and respect" are. They have created both noise and land pollution. Hong Kong Government should ensure the quality of life of the citizens here. It should limit the size and amount of goods that traders can bring home and blacklist those who violate the regulations. Multiple-entry Permit should be cancelled as a real tourist will not visit a place so frequently. He or she must be a border crossing trader.

Chiu Long Chi F.4

Parallel goods traders from China like to buy diapers, baby food and designer handbags. They cause inconvenience to residents living in areas such as Mongkok and Shatin as most of the shoppers are pushing trolleys around and carrying large suitcases. They block the roads and public transport is under pressure.

I think our government should not cancel the Multiple-entry Permit scheme as certain groups of people such as businessmen may need to cross the Chinese border more than once a day and some local citizens also get involved in the trade. It's better to review the Individual Traveller scheme. Try to limit the number of visits for each parallel goods trader.

Tsui Ching Chi F.4

I think parallel goods traders love to buy hi-tech products and milk powder in Hong Kong as all these products have quality guarantee. Majority of them re-sell the products when they are back to China. Therefore, our government should limit the amount of goods parallel traders can bring back to their homeland. Cancellation of the Multiple-entry Permit may be strongly opposed by the businessmen in Hong Kong as their profits may be dramatically reduced.

Leung Hoi Ching F.5

Opinions

F.4 Photo Story Writing Competition 2014 -15

Halloween Party

Tsui Ching Chi 4D (Champion)



Today I invited some of my friends to my Halloween party. It was marvellous. All of my friends dressed dramatically.

Hearing the bell, I hurried to open the door. Anna appeared right in front of me like a witch, holding a broom. Peter, dressed like a skeleton, arrived five minutes later. He was holding a skull. When I saw him, I was so scared that I closed the door at once. He yelled outside my flat. I let him in after I had calmed down myself. Soon the door bell rang again. Anna went to open the door. We saw a beautiful mini Elsa as was the main character in the movie "Frozen". It was fun.

We played "trick or treat" on our neighbours. We got a lot of sweets. We shared them happily. Then we made cookies together. They were in many different shapes and flavours. We had cookies which looked like hats, pumpkins, ghosts and cats with chocolate, vanilla and butter flavours. They tasted yummy.

Finally, we had a lucky draw. Everyone of us got a gift. We really enjoyed this wonderful Halloween party. I was looking forward to the next one to come.

F.4 Photo Story Writing Competition 2014 -15

Candles

Fung Hoi Hei 4B (1st runner-up)



A single woman called Mary just moved in. She found that her neighbour, a widow with two children, was of a poor family.

One evening, the electric supply was cut off suddenly. Everyone had to use candles to light up the flats. At that moment, Mary heard someone knocking the door. It was her neighbouring child.

"Auntie, do you have any candles?" asked the kid. Mary wondered whether the family was too poor to afford buying even a candle. She didn't want to talk to them as she was afraid they would keep troubling her. Hence, she shouted to the poor child "No!"

Just when she was going to close the door, the poor child with a loving smile, said "We are afraid that you don't have any candles in hand. How could you stay overnight in complete darkness? Since you are living alone, it would cause inconvenience to you. My mother and I are worried about you, so she told me to bring you two candles."

The child handed Mary the candles. Mary felt ashamed and burst into tears immediately. She hugged the child in her arms tightly.

F.4 Photo Story Writing Competition 2014 -15

Everlasting Love

Wong Ming Yi 4A (2nd runner-up)



A young couple, Emma and Danny was sitting in a shabby boat. They were affectionate towards each other and in fact nothing would be able to change their everlasting love. Danny asked Emma, "Do you still remember the first time we met each other?"

"Certainly! I will never forget the day we met. I think it is an adapted version of Romeo and Juliet," replied Emma.

The story happened one sunny day. Emma was notified that her father who worked in the army was killed by a ruthless gunman. Emma felt furious and desperate. She could not handle the crisis. Born in a remote town, she was innocent, outgoing and optimistic when she was young. Emma became pessimistic when her repulsive mother was addicted to drugs and gambling. She had to face many problems and didn't know how to solve them.

One day, Emma's mother asked for a loan. She then ran away with the huge amount of money. The loan shark could only contact Emma, but she couldn't pay back the debt for her mother. She had nowhere to hide but the dock near her squalid dwelling. That night, many gangsters followed her and wanted to catch her. Emma jumped into the dark sea and was drifted onto a boat owned by Danny. It was the first time they met each other. Danny had saved Emma from danger.

"Thank you so much!" Emma said softly.

"Don't mention it!" Danny said. Soon, they fell in love with each other.

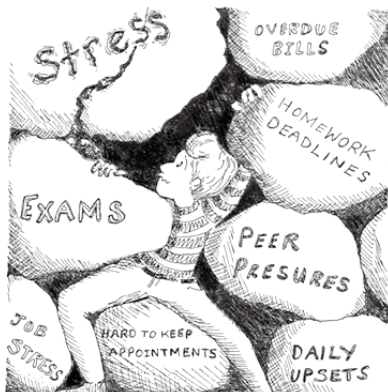
"Oh Yeah! You remember our story in the boat! I will protect you as you are my everything. I give you this plastic flower. Since it won't die, it symbolizes our eternity love. We will stay together forever." Danny said sincerely.

"I think this would be our everlasting love" Emma whispered sweetly.

F.5 Facebook Photo Sharing Competition

Student Under Stress

Yeung Chun Kit 5A (Champion)



In adolescence, it is so common that teenagers suffer much pressure from academic studies. It is especially true for Form 6 students who need to cope with DSE. It is because the results of DSE play a crucial role in deciding whether candidates can enter a university or not. Thus, most of the candidates spare no pains to pore over their notes in the library until the last minute they enter the examination centre.

In retrospect, I wasn't engrossed in my study. It's time to take action now. Although entering a university is a mountain to climb, I think it's high time to overcome this insurmountable obstacle. I believe the more effort I pay, the greater achievements I will get. So guys, let's start to prepare for the coming public exam.

F.5 Facebook Photo Sharing Competition

Beautiful View Of HK

Leung Hoi Ching 5B (1st runner-up)



This photo was taken yesterday when I went to a social gathering with my family. I could hardly believe that there is still such a beautiful place like this in Hong Kong. As we know, lots of places in Hong Kong have been polluted or destroyed in the name of economic development. If we keep polluting our beautiful environment or destroying the natural resources we have, we will surely regret one day. Unfortunately, we are so powerless to change the reality. If we do not take immediate action to halt the destruction, our beautiful city will disappear. To avoid the disaster, we need to start protecting our beautiful city by quitting our bad habits or maybe we have to change our life-styles.

F.5 Facebook Photo Sharing Competition

Sakura Blossom

Yiu Ka Man 5F (2nd runner-up)



In Japan, April is the season for Sakura blossom. Many people like to visit Japan at that time to appreciate the beauty of the Sakura blossom.

I like Sakura too because Sakura is a unique symbol of Japan. The photo was taken when a girl was going back to the university. She took a picture of the Sakura blossom and posted it onto the facebook to share with her peers. In Japan, the first day of school is in April. That is also the Sakura blossom period. It gives the students a sense of good beginning. So, students in Japan like to take photos with Sakura trees.

In Japan, most schools have their own Sakura trees. If I could study in Japan, I could enjoy the wonderful view of the beautiful Sakura blossom. That would be amazing.