

【校長的話】

不經不覺，又到了一年一度《博鳴集》出版的盛事！喜歡寫作的同學，不知你們有否想過如何寫一篇好文章？

南宋詩人陸游曾言：「文章本天成，妙手偶得之。」但文章是否真的是「天成」？我認為「文章非天成，努力才寫好。」「妙手」當然有，但也決不是天生的，而是要經過長期努力學習。「妙」是努力的結果。「妙手」寫的好文章，也還是要經過努力，而決不是偶然得來。

努力學習，積極實踐，確是我們取得成功的不二法門。子曰：「君子食無求飽，居無求安，敏於事而慎於言，就有道而正焉，可謂好學也已。」孔子認為，君子應該克制追求物質享受的慾望，不會於飲食及居住環境上追求安飽，努力勤快地做事而且謹慎地說話，又能主動地向志向行為高尚的人請求教導指正，這樣就可以稱得上是好學的人了。我希望同學除了在寫作方面能努力學習，也能注重個人品德修養上的培養，學習待人處事的正確態度。

獲刊登文章的同學，固然令老師欣慰；但未能入選的同學，我們盼望明年於文集上看到您的名字。《博鳴集》是同學和老師一年來努力的成果，我們應當珍視。

校長
孫莉華博士

《博鳴》

- 「博」 意為博學、博聞的意思，巧附本校校訓「博學篤志」之意。寄寓同學所聞所寫內容淵博，文件涵蓋，達至多元化。
- 「鳴」 代表同學所思、所言。如果只能博聞而不能言，豈不是可惜至極？
- 「博鳴」 是為勸勉同學能多閱讀，廣博知識；多寫作，敢於言盡所聞所思。

【編者的話】

選定了主題、編寫了大綱、建構了情節，還設定了人物角色……。今年，又喜見一些陌生的名字載於《博鳴集》中，亦意味着有更多同學喜愛寫作。

《懷想天空》一欄，一直是給同學發揮無限創意的園地。《窗外風光》，通過生動、形象的景物描繪，使讀者仿佛置身於夢境一般；《畢業了》、《羅馬廣場》、《畢業之後》和《即將消失的小店》文情並茂，感人肺腑，惹人共鳴，流露淡淡傷感；《曇花》一文，見解獨特，寓意深遠。《飛越神話》、《鞋的自述》和《假如我能……》取材不凡，趣味雋永，言近旨遠，不同凡味。

《議論縱橫》一欄，同學立意精闢，《我最喜愛的節日》和《我最愛的歷史人物》，論述貼切，條理分明。《寵物是孩子成長的最佳伴侶》和《網絡審判》舉例適切，貼近時事；《談理想》和《夢想看似不切實際，其實很有意義》思想積極，鼓勵人心；《魔鬼與天使》和《談敵人》，言簡意賅，盡顯個人風格；《未有知而不可行者，知而不可行，只是未知》引經據典，論證得宜。

《敘事寫人》一欄，同學敘事情意豐富，寫人躍然紙上。《一次難忘的旅行》記敘登上萬里長城的經歷，情文並茂；《舊地重遊》和《我最敬愛的老師》扣人心弦，令人不禁回憶過去的美好時光；《一個令我觸景生情的地方》描寫與婆婆的點滴，自然真率，情感豐富；《我在冷靜時更認識自我》和《前所未有的嘗試》敘述緊湊，佈局自然，令人反思人生。

各位同學，憑著滿懷壯志，一篇篇感人肺腑、叫讀者拍案叫絕的文章，就這樣完成了。

中文科副主任

韓思麗老師

編輯委員會

顧問：孫莉華博士
成員：梁鳳儀老師、龐名儀老師、韓思麗老師、何詩詠老師、
嚴甫明老師、阮麗華老師、陳劍老師
鳴謝：全體中文科老師

【序】

將所思所感紀錄下來，是任何一個世代的語文老師也會交給學生的寫作任務。

喜歡寫作的同學，或仍鍾愛漫爬傳統的格子，看著滿滿的手稿，是創作，也是生命的回憶。說不定某一天，這疊塵封了的格子紙將會揭示偉大作家在中學時期初試啼聲的有力證據！

自以為不喜歡寫作的同學，卻願意穿梭於鍵盤之間，即使我行我素，依然憑著敏銳的觸覺，對生命、對世界的感悟，隨時以手機紀錄生活痕跡，欠缺的只是提筆書寫的衝動。其實，只要是觀察入微，言之有物，情感真摯，評論中肯的，什麼形式的文章何嘗不是都具觀賞價值？都能牽動思緒？

時代巨輪不斷向前，採用的紀錄媒介縱有差異，唯寫作的初心不變！

同學們，老師期待你們下一篇的作品！

中文科副主任

梁鳳儀老師

【目錄】

校長的話、《博鳴集》寓意
編者的話
序

懷想天空

窗外風光
畢業了
曇花
羅馬廣場
畢業之後
飛越神話
鞋的自述
假如我能……
即將消失的小店

議論縱橫

我最喜愛的節日
我最愛的歷史人物
寵物是孩子成長的最佳伴侶

3 2 1

談理想

夢想看似不切實際，
其實很有意義。

魔鬼與天使

談敵人

未有知而不行者，
知而不行，只是未知。

網絡審判

敘事寫人

一次難忘的旅行
舊地重遊

一個令我觸景生情的地方

我最敬愛的老師

我在冷靜時更認識自我

前所未有的嘗試

余慧琳 中三

23

林慧冰 中四

24

楊絡然 中四

26

劉昕 中五

28

沈巧婷 中六

30

羅敏婷 中六

32

謝晶晶 中一

35

張幸琳 中二

36

李寶顏 中三

37

劉妍 中五

39

張熙 中六

41

程嶠樺 中六

43

何曉晴 中一

6

李海琪 中一

7

朱俊尚 中二

8

顏泰明 中三

9

王偉衡 中三

10

李蔚嫻 中四

12

林慧冰 中四

13

蕭凱超 中四

15

鍾昊彤 中六

16

黃熙兒 中一

20

郭子朗 中一

21

張嘉誼 中二

22

26

懷想 天空



窗外風光

何曉晴 中一

清早，我躺在床上，感到有一絲絲涼風向我飄來。一陣陣的花香撲鼻，我聽見有一群小鳥在悠閒地唱歌。我起床，站在窗的旁邊，享受着這清新的涼風，看着這山明水秀的風景，令我心曠神怡。

我站在窗前放眼望去，那片綠油油的草地、那棵站滿小鳥的洋紫荊樹、那群正在玩耍的小孩子、那些在天空飛翔的白鴿，就好像一幅五彩繽紛的油畫，呈現在我的面前。

現在正值夏天，陽光映照我的臉上，我感到有一點灼熱。偶爾有露珠從葉上輕輕滑過，樹上的麻雀便會飛來飛去。許多時候，我都曾站在窗前默默地眺望窗外，一覽窗外獨特的景觀。



畢業了

李海琪 中一

在這鳥語花香，生機勃勃的時節，我十分不捨。轉眼間我在學校已經度過了六年的時光。時間轉眼即逝，也意味着我們即將要離開了。小鳥飛往遠方，可以再回來；花凋謝了，可以重新綻開，而我離開了母校、老師和小學生活，卻一去不復返。

時光像火箭一樣飛奔，轉眼間就過去了。我很感謝老師的諄諄教誨，無微不至的愛與關懷，讓我受益無窮。即將要離別了，我班的同學卻好像不知道快要畢業似的，他們還是像平常一樣上課、下課、打鬧。但當我想起了快將畢業，我就很想哭，極不想離開這個大家庭。

俗語說：「天下無不散之筵席。」六年了，風風雨雨我們都一起扛着，遇到困難我們會一起努力面對。現在坐在六乙班課室的，已不再是從前的我們，畢竟我們每一個都經歷了不同的成長階段。

心裏有很多的感受難以言表，有一點憂傷，又有一點茫然。曾經大家在這裏相識，如今大家也要在這裏告別。課室裏留下了很多美好的回憶，讓我們在小學生涯裏畫上完美的句號。



曇花開花的時間短暫。雖然它在短暫的時間內綻放與凋謝，但是卻能留給人們無限的讚嘆與懷念。

我雖然成績一般，但有時候，也會有幸在某幾次考試取得優異的成績。所以我覺得自己很像曇花，平時不開花，但總會在某個時間綻放。

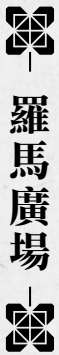
曇花之所以美，就在於它展現了生命極致的絕美——讓人驚心動魄、為之傾倒的短暫的美。由此可想，大千世界，真正的美，莫過於曇花一開的瞬間：面對困難的一次無畏、獨上山頂的一次超脫，還有絕境中的一句安慰……雖是短暫的一瞬，但能定格在人們心裏。

生命，或許很短暫，但精神卻順着生命的長河，無止境地流下去。

誓不投降的文天祥，因勸降不成，他寧願選擇被處死。可是，他臨死前留下一「人生自古誰無死，留取丹心照汗青」這一千古絕唱，感動了一代又一代的華夏兒女。

肉體逝去，而精神永存。不要再駐足於花園，因為沒有不凋零的花；不要沉溺於現實的享樂，因為沒有用不完的財富；不要夢想長生不死，因為沒有精神的支撐，那只是一具行屍走肉的皮囊。倒不如做一朵曇花，在最美的時候，飄然而逝；只留一股芳魂無斷絕，不留給人一絲遺憾。

做一朵曇花吧，留下那極致的美，留下那最孤傲的芳香！



在回家的路上，看到一對母子手牽着手樂也融融地走出一所青少年中心，一看到這場景，心裏暖呼呼的，兒時的回憶也湧出來了。

小時候，父母工作忙碌，當我放學的時候，最希望的是能從幼稚園門口聽到父母呼喚我的名字。但是，每天我只是獨坐一角，直至媽媽下班來接我，那時已經很晚了。

升上小學，我並不能再留在學校，所以每天放學，我都到樓下青少年中心玩耍。當父母快下班時，我就青少年中心門外的羅馬廣場等待媽媽。

羅馬廣場是一個呈圓形很大的空地，在中心有一座奇形怪狀的雕像。還記得小時候，頑皮的我經常想爬上雕像而被媽媽「溫柔」地責罵。雕像像冰塊一樣冷冰冰的，還十分堅硬。在等待媽媽時，廣場上行人的腳步聲，會因天色變暗而逐漸減少。最討厭的是，前方的廣場餐廳，總在我肚子餓的時候，散發出香噴噴的味道，使我垂涎欲滴。有時，我會走到高處觀看羅馬廣場的樣子。圍着雕像的地磚形成了像時鐘的圖案，周圍也有不同的植物，令廣場變得朝氣勃勃，不像我現在住的地方，四處死氣沉沉，令人十分厭惡。看到媽媽的時候，我就興高采烈地把她拉到餐廳吃晚飯，真是令人難以忘懷呢！

突然，一個人走過來拍了拍我的肩膀，打斷了我的回憶。原來我背後一直有人叫我，再看清楚一點，原來是我的媽媽，她來接我回家，我就說：「不如我們今晚就到小時候羅馬廣場前的餐廳吃晚飯吧！」

今天我畢業了！我不得不離開這間陪伴了我六年光景的學校。踏出校門，我就感到無比的黑暗，之後的道路，都要靠自己去闖啊！我多想老師再一次出現在我的身邊，俯下身軀對我悉心教導。調皮時，又能再次聽到老師當頭棒喝的訓話嗎？苦悶的課堂，會再次響起那令人精神抖擻的下課鐘聲嗎？



與同學之間的嬉戲與胡鬧、對老師的無禮不敬，還有讓人心情沸騰的陸運會，一一在我腦海中無限循環的播放著，我多想再經歷一次啊！

離開了學校，當我發脾氣時，還有誰會用那和藹可親的語氣將我從大火中救出？我那飄逸的頭髮，那唏噓的鬚根，誰能不厭其煩地每日督促提醒我？上課時沉睡中的我，誰又會一而再，再而三地把我叫醒？

當我犯錯時，還有「留堂班」、「訓導室」，可以讓我改過自新嗎？踏進社會後，只怕沒有人再會循循善誘地糾正我的過錯。所以常聽人說，學校是讓我們成長的地方，一方面為我們遮風擋雨，另一方面引領我們踏上光明大道，此時此刻，我有深切的體會！

小時候總想快點成為大人，無人管束，不需向別人交代，但現在的我又不是這樣想了。人離鄉賤，我實在不知道以後我將會怎樣。何去何從？誰能告訴我？

無論未來日子怎樣，「樹高千丈，葉落歸根」，我還是屬於這所學校的，這是秤不離砣的關係。希望畢業後的我要努力，也要收拾心情，在未來的日子不要辜負母校的教導！

 飛越神話 

李蔚嫻 中四

洪水滔天，水泱泱而不息。它淹沒大地，令生靈塗炭。如此一場驚天動地的災難浩劫即將發生，一切都是從海洋和大地的對話談起。

「嗨！海洋老兄，很久不見了。」大地一蹦一跳走到海洋前，拍拍它的邊角。海洋趾高氣揚地說：「那可不是，我可是很忙的呀！每天都要處理海洋中不同的事務。唉！那麼多生命在自己的領域就是這麼不一樣，真煩惱。」面對海洋自說煩惱式的炫耀，大地說：「是嗎？雖然我也擁有很多生命，卻不會這樣。」海洋聽到後，不屑地搖了搖頭：「那可不一樣，你那些生命，充其量就是只會直立行走的猿人而已，怎可以和我相提並論！」「才不是！我的那些生命已經自己發展出文明、會生火、會說話溝通，還會建築呢！你的那些會嗎？」面對大地充紅了臉的質疑，海洋輕蔑地笑了一聲，只輕輕回了句：「哼，怎麼可能？你肯定說謊，我擁有生命的資歷可是比你深得很呢！」說罷，頭也不回就走了。

然而，回家後的海洋卻按捺不住，自己查看大地生命的真實情況，果然如大地所言！海洋深感自己有點掛不住面子，於是，它決定毀掉整個大地，當作給大地「不尊重前輩」的教訓。

就這樣，一場災禍就降臨了。

洪水兇猛，白浪翻滾，浪頭一陣比一陣高，湧過大地。世界各地都開始面臨這個滅世危機。

首當其衝的是亞洲那邊，盤古的子孫。本來他們的火神祝融和水神共工因不滿對方而打架，就已經令支撐着天地的不周山有倒塌危機。這下好了，洪水的出現令不周山直接倒塌，天河之水注入人間，洪水愈發嚴重。

希臘和北歐那邊呢？希臘那邊，普羅米修斯好不容易才成功偷取火去人間，為了這一團火還惹惱宙斯，導致祂做了潘多拉之盒，載滿所有不滿的東西，送給人類，讓他們打開，以作懲罰。

不過洪水一沖，都不需要宙斯懲罰了。希臘那邊廂打算自己毀滅自己，結果還不用自己動手，而北歐這邊就不同了。北歐眾神和生命一直都是依賴祂們那棵重要的大樹，還特意建了個「英靈殿」召集所有英雄的靈魂一起守衛。可惜，人算不如天算，祂們還是敗給洪水了。洪水淹死了「生命之樹」，諸神也迎來了黃昏——祂們壽命的盡頭。

這麼多的地方，要數損失最少的就是耶和華那邊了。話說那天祂偷聽到大地和海洋的對話，深感不妙，連忙吩咐最信任的人類挪亞造了一艘方舟，以防不備之需。沒想到還真的派得上用場！方舟能保護不同動物和人類，耶和華或成了是次水災的最大贏家。

最後，這場浩劫的停止，竟然是源於洪水的請求！洪水表示它飛越了那麼多地方，有點累了，不太想繼續幹。什麼？它才不是想偷懶呢！看見整個大地生靈塗炭，它還是有點於心不忍，但自己又沒膽子向上司海洋提出。於是，它只好去找天空幫忙出手調停。

就這樣，洪水消退，世界開始恢復原狀。當然，天空也出了不少力，除了調停海洋和大地的私人紛爭，它更親自花時間教女媧如何煉石補洞，幫助不同的地方恢復原貌。

「媽媽，為什麼洪水飛越了那麼多神話？我看聖經看到它，現在看希臘神話又看到它。」小女孩手上拿着神話繪本，歪著頭一臉疑惑地問道。媽媽則溫柔地回答：「喔……是嗎？可能是偶然吧。」然後用手摸了摸小女孩的頭，幫她掖好被子，關燈睡覺。

不，這可不是偶然的啊！洪水飛越神話，在世界上造成一場災難，但又主動終止，成為拯救大家的英雄。

鞋的自述

林慧冰 中四

我是一雙已經老態龍鍾的登山鞋。走過快十年的風雨，越過高山峻嶺，熬過酷暑嚴寒，我的背脊已被地面磨蝕得光滑，原本被皮革包裹着的皮膚亦裸露在外，骨架也已鬆鬆散散，不復牢固、強壯了。但回顧我的一生，我慶幸自己完成了我最初的使命，實現了我應有的價值。

回到我誕生的地方——製鞋廠，記得當初跟我志同道合的小夥伴滿心期待地踏上成為登山鞋的傳送帶，決心一起走遍世界，並且保護人們的雙腳，以提供舒適安全的行走為目標。

經過幾天的測試、訓練，我的肌肉更加強壯，意志更加堅毅，我終於如願以償成為一雙合格的、厚實可靠的登山鞋，被送到商店裏等待最合適的另一半。

然而，與我同一系列的鞋子剛推出不久，我便作為禮物被迫送到某贊助人的家中，而我被家中的父母塞到他們唯一的女兒手中，因為只有她穿得剛剛好。

但小女兒顯然是不樂意的，嘀咕着：「又笨又重又過時，醜死了，誰要穿呢？」便將我丟進鞋櫃裏，「噔」一聲關上櫃門。

「可笑！等你哪天要靠我跋山涉水，便知道我多舒服，多重要！」借着櫃門透進來的微光，我發現四周不是優雅的高跟鞋，便是精緻的小皮鞋。果然是小姑娘的鞋櫃，但這些鞋子能走多遠呢？不過是空有其表罷了。

日子一天天過去，身邊的鞋子都陸續出去了又回來，更不斷有新的漂亮鞋子被送進來，只有我始終困在櫃子裏。我不甘心，但又無可奈何，漸漸地，從周圍的竊竊私語中，我聽到更多的鄙夷嘲諷，而不再是最初的新鮮好奇，使我感到自己是個突兀的存在。我開始懷疑自己，每到夜晚，大家熱切討論，有的去了某個舞會受到全場矚目；有的不慎破損，幾經修補後，備受呵護；我更親眼看到有的高跟鞋把小女兒的腳跟磨得破皮，滲出血來，第二天小女兒還是興高采烈地把她穿上，我不禁感到豔羨不已，我結實的身軀可攀山、可越嶺，但又如何呢？沒有美麗的外表，便一無是處，我努力地收緊自己的鞋帶，把自己縮得小一些，再小一些，至少讓自己看起來不那麼笨重。

在自卑感將我淹沒之際，我被扔到了垃圾桶旁邊。我以為這是命運的最後一擊，但後來才知道這是命運拋給我的救生圈。

一個來扔垃圾的女生捨起了我，把我帶回家。她耐心地，一步一步替我放鬆緊繃的鞋帶，小心翼翼地把腳伸進來試了一下，「剛好！」走了一圈，「很舒服呢，像新的一樣，為什麼扔了呢？真可惜。」這是真的嗎？我無法相信，仍習慣性地捲曲身體。

第二天，她穿上我去爬山。第三天、第四天，往後的每一天，她都穿着我去各種地方，有崎嶇的山路，有平坦的小路，這才是最適合我的另一半，這才是我夢寐以求的事情。我終於找回自我，不再將自己捲縮起來。

我有我的長處，有我的職責，有我的理想，何必跟別人比較？我只須做好自己。我為自己的過去感到可悲，但慶幸自己能夠醒悟，這些年鞠躬盡瘁，也算不留遺憾了。在疲憊之中，我靜靜地合上雙眼，聽着身上的線逐一根崩斷的聲音……

假如我能……

蕭凱超 中四

假如我能變成一頭獨角馬的話，我會幻化成純潔和神聖的形象，去勸導世人不要做錯事。

獨角馬頭上的一隻獨角代表做人應該正直不阿，傳說中的獨角馬有穿越時空的能力。如果我是一頭獨角馬，我想回到舊日的西方國家，一探西方皇宮的輝煌時代。傳說獨角馬可以凌空步行在空中，我想在雲上、天空上，從高處俯視下去，一看全球各地的風景。我相信從這樣的視角，會看到另一番景象！

獨角馬身上的神聖光芒可以教訓壞人。如果我是一頭獨角馬，我會一邊環遊世界，一邊做惡懲奸。獨角馬除了是一頭傳說中的動物外，也是一種最為神聖的動物，我想好像獨角馬一樣，正直不阿，擁有教訓壞人的能力。



適逢暑假，百無聊賴，亦正是老媽使喚我的好時機。就這樣，我被她叫作當跑腿。

老媽叫我先到附近的菜市场購買物品，然後再外出到沙田拿點東西，乘搭巴士又不順路，先跑去菜市场再乘巴士到沙田又太花時間。正當我苦惱該如何是好時，我便想到騎單車前往，既能消磨時間，又能做一下運動，最重要是騎單車可以迅速地到達目的地，實在是「不二之選」。

我騎着單車，在路上左右穿插，不出多久便到達目的地，放置好單車後，我便走進菜市场。甫進去，一陣奇怪的氣味迎面襲來，有從海鮮檔傳出的腥臭味；有熟食檔傳來美食的香味；還有店主與客人的那股「人情味」。各種味道混在一起，難以言喻的。為何我會嗅到這股人情味呢？是因為我在替母親購買蔬菜時，店主以親切的態度、待我如親人般的口吻問候我，我禮貌地回應，並帶着一個羞澀的微笑。最後，店主還給了我幾根蔥子和蒜頭。我不知道他為何要對這個素未謀面的小伙子如此親切大方，但我感到莫名的溫暖。我跟他道別後，在好奇心的驅使下，看看鄰近的店鋪，看到店主與客人的關係都很好，猶如相識多年的好朋友，這種關係是真誠、真實的，並不是店主為了討好客人而刻意阿諛奉承。他們之間的話題，小至近況，大至國家大事，無所不談。我再看看那些店鋪，全都已很殘舊，昏黃的燈光使整間店鋪的格局顯得異常衰老。那些價目牌，不是一張張電腦製成的貼紙，而是由人手親自寫出來的，他們用的是紅筆，使原本醒目活潑的文字在紅色顏料點綴後更顯生動，有着畫龍點睛之效。

我再走到水果店上看，那些水果，每個顏色都很鮮艷，就像一群朝氣勃勃的小伙子聚在一起。我再細看，發現那些水果都被澆上了水，使它們看起來十分亮麗，感覺蠻新鮮。我再看一下他們店鋪上的招牌，幾隻大字緊緊地抓着白色的背景，猶如衙門上那「正大光明」四字。可是魚檔裏的招牌，那條魚不見了，只餘下一個褪了色的魚兒形狀和幾口鏽跡斑斑的螺絲洞口而已。看過菜市場的各種東西後，我懷着滿足的心情前往沙田。

踏上沙田的路上，風光由八、九十年代的古舊屋邨，搖身一變成了富現代感的小都會。按照母親的吩咐，我要到一間售賣貴價海產的店鋪買一些樣子奇怪的海洋生物。我再把單車放在一旁，然後跑到沙田新城市廣場裏。我甫進去便看到琳琅滿目的商品，雖然很美麗但價格亦很高。我再看看，這裏根本不存在「小店」一詞，全是大型連鎖店：玩具反斗城、商



議論

縱橫

務印書局、百老匯電器店等等，都是一些大財團旗下的棋子。我走到了一所名字很長的連鎖超級市場，這裏有跟小店一樣的昏黃燈光，亦有剛才的親切感。但細看之下，卻發現許多東西都很陌生，以呆板的電腦文字寫上的價目牌、毫無生氣的水果和店員純粹出於「禮貌」的話語，感覺冷冰冰。我不感到意外，只是覺得為何這些充滿機械感的大型連鎖超級市場能成行成市，遍地開花……

我騎着單車，一邊細看沿途風景，發現連一個小小的屋邨亦由連鎖企業控制着。究竟「小店」如何在這個充斥着連鎖企業的地方下生存？我沒有再思索……繼續回家去。



我最喜愛的節日

黃熙兒 中一

我最喜愛的節日是我們中國的傳統節日——農曆新年。「爆竹聲中一歲除，春風送暖入屠蘇。」這句千古佳句無疑是對新年的最佳寫照。

新年，是農曆的歲首。這個節日在中國是非常盛大和隆重的。每逢到了這個時候，家家戶戶都將去年的春聯和「福」字撕下來，並且將家裏打掃得乾乾淨淨，除舊迎新。

每逢到了除夕，我們一家人都會一起吃團年飯。這個時候，人們的手機鈴聲就會一遍又一遍地響起。是電話、是短訊、是來自遠方親朋好友的祝福。空氣中瀰漫着新年帶來的歡樂，樂也融融。

我最喜歡的就是在大年初一的晚上，和家人坐在沙發上看「春晚」，這是最喜歡的節目。節目中有很多藝人的精彩表演，聽說這年還邀請到黃明昊和范丞丞呢，十分期待！到時候我一定要目不轉睛地盯着電視看。

新年的時候，還可以吃到很多美味的食物，而每款賀年食品都有吉祥的寓意，例如年糕與「年高」諧音，有年年高升的意思，象徵收入、職位或小孩子都一年比一年高；剝瓜子寓意「抓銀」，有祝福賺取財富的寓意，另外還有呱呱落地，子孫滿堂的寓意。

雖然，與全家人一同歡度佳節，吃一點應節食品，取其好意頭，確實不錯。不過，肥膩的食物不宜多吃，廣東俗語有謂「少吃多滋味，多吃壞肚皮」，要是大家要在農曆新年後減肥就不好了！

我最喜愛的歷史人物

郭子朗 中一

李白，何許人也？酒入豪腸，七分釀成月光，三分嘯成劍氣，繡口一吐半個盛唐。

一斗酒，鑄造盛唐之文化；一首詩，創出甘醇濃郁之美酒。他的人生，是不凡的。從「桃花潭水深千尺，不及汪倫送我情。」可見他與故友分別時的不捨之情；從「我寄愁心與明月，隨君直到夜郎西。」又能見他對故友被貶時期的憂傷之心。

李白在詩壇之上的美譽，老少皆知。貴妃斟酒，力士脫靴，但他又高呼「天子呼來不上船，自稱臣是酒中仙。」他傲，「仰天大笑出門去，我輩豈是蓬蒿人。」他看透世間名和利，不屈為官，遊歷天下山水，飲盡人間美酒，留下千首名詩。

李白不曾為名和利，一心只想幫助國家。這樣一個重情重義的歷史人物，怎不教我喜愛呢？



在現今的社會，很多人都擁有自己的寵物。有人說「寵物是孩子成長的最佳伴侶」，我身為一個寵物迷，當然同意！

現時的科技發達，在互聯網上，孩子與寵物相處融洽的片段，比比皆是。當然，最多人養的寵物，必然是狗。在網上有一些片段，家長假裝打罵孩子，那些狗一定立刻上前去，挺身保護小主人，不讓孩子受傷。有些片段是記錄孩子與狗一起生活，十分溫馨。他們一起外出玩耍、一起睡覺、一起游泳。可見寵物狗由此成為孩子成長的一部分。

雖然，寵物不能像父母一樣能教導子女，聆聽子女，關心子女，但是，孩子在寵物的身邊，就像倚靠在父母身邊一樣溫暖。在現今社會，大多家庭的父母都要出外工作，而子女或許性格內向，不敢認識新朋友，待在家中會十分孤獨。而寵物就成為了他們人生中最要好的朋友，最要好的家人。此外，當我們因為一些事不開心而哭，寵物都會盡力安慰，有些更會懂得遞上紙巾。作為朋友，看到這一幕也感到心痛、心酸，相信寵物也能感應主人的傷痛。

我相信，有些孩子的成長過程中，最好的朋友一定是他們的寵物。寵物一直都在孩子的身邊，陪伴着他們的成長。看畢這篇文章，你又認為寵物是孩子成長的最佳伴侶嗎？寵物是你最好的朋友嗎？



談理想

余慧琳 中二

理想，相信每個人都有，因為它可以使我們這一生過得更有意義。但是又有多少人會為理想而奮鬥呢？每個人都有理想，但是我們不能只得空想而沒有實際行動。只要你有理想，就應朝着理想而奮鬥，否則理想永遠都不可能實現。

理想是一個希望，是一個目標，更是一種動力。為理想而奮鬥的時候，你也許會迷茫，會徬徨，會失望。這時候，你更需要相信自己，相信自己正為理想而打拼，相信自己正邁向理想。

一直堅持着實現理想的人，身上一定會散發出耀眼的光芒，值得我們敬佩，值得我們學習，畢竟願意堅持為理想而奮鬥的人，真的不多。

如果找不到理想，不用着急，因為有一天，你終究會找到的。有理想的人，也不要因為別人的目光而動搖，更不要為了別人而去改變。

奮鬥和理想，兩者缺一不可。我們會在奮鬥中慢慢找到理想，亦只有不斷努力、不斷學習才能實現理想。我們千萬不要只說不做，因為這只算是空談理想，並不能實現理想。

「做人如果沒有夢想，跟鹹魚有什麼分別？」周星馳這句電影對白，大家都耳熟能詳。夢想是對未來的一種期盼、一種憧憬，更是當下前進的方向、奮鬥的目標，如同船上的帆。沒有它，船便隨波逐流，一生漂泊流落，直至有一天沉墮深海仍無人問津。

孔明雖說：「志當存高遠」，但對一般人而言，要改變自己的命運，突破世俗的枷鎖去追求夢想，實在太難，太難了！夢想既是那麼遙不可及，許多人便早早放棄，甚至有人不敢多加妄想，寧願現實一點，腳踏實地做眼前的事，只求知足常樂。但這豈不是限制了自己？不邁開雙腿，又如何能知道自己可以走得有多遠？

上世紀的美國，種族歧視非常嚴重，黑人長期受到白人的欺壓，種族隔離更成了社會風氣。「兩種人」在餐廳、巴士上都要分開坐，黑人必須向白人讓座……黑人渴求有一天得到公平的待遇，卻礙於政治壓力不敢反抗。這時，馬丁路德金出現了。即使遭到無數次的恐嚇，面對性命的威脅、精神的壓力，仍然堅定不移地領導黑人權運動，最終使法院通過法律，禁止了「種族隔離」的行為。這件似乎是不可能的事，但他卻做到了。即使他因此而遭遇刺，英年早逝，他的演講《我有一個夢》卻激勵了更多人追隨他、延續他的工作、推動真正的平等。這難道毫無意義嗎？

朱熹說：「人之為事，必先立志以為本。志不立則不能為得事」，那便是說無論做什麼事都要定下目標，才能把事情做好，而堅持夢想便有這樣的意義。沒有夢想的人每天像無頭蒼蠅到處亂轉，卻不知為了什麼，

一生平庸、沒有作為；有夢想的人看到了遠處的燈塔，每天心無旁騖地朝着目標奔去，每天都熱血沸騰，每天都收穫滿滿。如今的中國首富——馬雲也曾經歷過三次高考、四次創業，才建立起阿里巴巴這個事業王國。縱然經歷過失敗，但他的目標由始至終也沒有變過。

蘇格拉底說過：「世上最快樂的事，莫過於為理想而奮鬥。」這句話確是至理名言。即使你最後失敗了，即使夢想終歸無法實現，但你也嘗試過，為它奮鬥過，向它靠近了。往後的日子也會記得自己曾經勇敢地做自己喜歡的事，記得當中的快樂、辛酸，而不是後悔莫及。著名畫家梵高一生窮困潦倒，更長期受抑鬱症所折磨，即使作品不被賞識，仍堅持作畫。或許只有這樣，才能給他最大的樂趣。試想像人的一生碌碌無能，做的都是自己沒有興趣的事，生活毫無波折起伏，人人都過一樣的人生，是多麼可悲呢！

所以，不管你的夢想是什麼，都儘管放開膽子去試吧！不必理會他人如何品頭論足，因為這就是你的——只是你自己的——夢想，是你理應堅持到底的事。不要再怪罪天意，相信緣分，因為勤能補拙，人定勝天。



談起魔鬼和天使，總會讓人想起黑色和白色，但今天我要說的是黑白難辨的「魔鬼式」努力和純白色的「天使般」努力。

一般人認為，努力往往可以通往成功。這沒錯的。「天使般」的努力，就是年青力壯時，把握機遇為自己的理想付出精神、時間、心血、汗水，努力工作和生活，為自己的理想付出所有；但如果說「魔鬼式」的努力，就是看準時機，攀附權貴，不重過程，只看結果，最終同樣可以踏上成功的舞臺。這樣的努力，你又是否認同呢？

不論是「魔鬼式」，還是「天使般」的努力，都無法保證讓我們人生落幕時有所收穫。但古語有云：「少壯不努力，老大徒傷悲」，所以我們應擁抱努力，為使我們在耄耋之年不會後悔莫及。

然而，人應選擇「天使般」的努力，因為過程比成果更重要。選擇「天使般」努力的人，在過程中往往比「魔鬼式」努力的人揮灑更多汗水，注入更多心血，投放更多的時間。比如已退休的香港首富李嘉誠，起初只是在廣東省塑膠工廠打工，是一個毫不起眼的小夥計。但他不甘平凡，努力改變命運，從塑膠工廠到鐘錶廠，再南下香港努力學習適應這裏的人、事、物，在爾虞我詐的商場中堅守自己的信念，咬緊牙關創立長江實業有限公司。這白手興家的創業故事，成為了香港家喻戶曉的傳奇。

假如李嘉誠沒有選擇「天使般」的努力，而是採用了「魔鬼式」的努力，今日的升斗市民會怎樣看他的家財萬貫和宏圖的發展呢？大家說起他，又怎會是心存佩服呢？假如他不能堅持「天使般」的努力，沒能捱過守業的艱苦，今天他的企業仍能屹立不倒嗎？由此可見，「天使般」的努力是一點一滴的心血，能累積而成豐碩的結果，實在更為可貴。

即使「天使般」的努力不能帶來成功，但仍能讓付出過努力的人問心無愧，因為努力這一美德，能推動人奮力前進，邁步跨過重重難關。若能因希望而產生努力向上的動力，使人消除了好逸惡勞的劣根性，這對自己的人生已有所交代。

再者，「魔鬼式」和「天使般」的努力，分別在於前者就如被逼要努力，後者則是個人主動的選擇，兩者根本不能相提並論。因為「魔鬼式」的努力是逼出來的，這種叫奴役，不算是努力；相反，「天使般」的努力是按自己的心意而行，他們因努力而揮灑的汗水，總是閃閃發光，讓人眩目。他們因找到人生目標而努力，在自己的舞臺上發出耀眼的光芒。

雖然「魔鬼式」的努力不能與「天使般」的努力相提並論，但畢竟努力也是一件讓人疲憊的事，只要我們時刻心存盼望，向理想進發，相信這就是對自己的尊重，給自己的人生一個交代。

在我們的漫漫人生路上，總會遇到各種各樣的人：朋友、知己、敵人……。可是，每當我們談起敵人，總會不由地「談虎色變」，或是訴說着敵人的種種惡行，或是抱怨着敵人為自己帶來的種種不便……每次談起敵人，言語中總流露出對敵人的憤恨，像是敵人只會為自己帶來禍害。可是，真正的敵人真的是如此嗎？

所謂敵人，顧名思義，便是對自己抱有敵意或對自己產生威脅的人。除此之外，有利害衝突，因感到威脅而產生仇視或對抗的心理，亦可算得上是敵人。其實，世間萬物都可以成為自己的敵人，包括自己所懼怕的事物，甚至你自己，都說得上是自己的敵人。由此可見，敵人並不只局限於對自己有敵意的人，也可以是任何事物。

平日，我們常聽到一些人，想成為天下無敵，也不乏聽到小說裏天下無敵之人的事跡。但「無敵」真的會為我們帶來裨益嗎？其實不然。

世間萬物總有其存在的道理，敵人也一樣。有時敵人雖會對我們帶來威脅，但對於我們來說，卻是利大於弊。敵人為了打敗我們，常常會花時間研究我們的破綻，目的只為了在競爭中隨時給我們致命一擊；他們甚至會學習我們的優點，增強自己的實力。相反，不論是知己還是朋友，都未必會花這麼多時間在我們身上。因此，敵人有時甚至會比我們更了解自己，這有助我們提升自己的能力。

再者，敵人能反映我們的不足，驅使我們進步。就如大家耳熟能詳的越王勾踐《臥薪嘗膽》的故事，這除了講述越國國王勾踐勵精圖治以圖復國的事跡之外，更帶出了敵人對我們的重要和意義。吳國大將軍夫差擊敗越國，勾踐被俘，並服侍了吳王三年。勾踐雖然被俘，卻沒有忘記復仇，暗中磨練意志，等待時機反擊吳國。為了不忘報仇雪恥的意志，勾踐只鋪柴草睡覺，又在屋子裏掛了一個苦膽，提醒自己不忘恥辱。最後他找準時機，擊敗吳國。

從越王勾踐的故事可見，有時候擁有敵人，並不全是一件壞事。勾踐最後成功擊敗吳國的原因之一，便是因敵人的存在，激勵他的鬥志。從這方面來看，敵人能夠令我們隨時保持警惕，更能鞭策自己的言行舉止，不斷激勵我們奮發向上，從而令我們取得更大的進步。

敵人，每個人都會遇到，但如何與敵人正確相處，也是值得我們去深思的。或許有些人的敵人遍佈四周，時刻對自己構成威脅。但如他能夠懂得和敵人相處，不去逃避，反而能使自己進步，令敵人成為有價值的存在。相反，有些人的敵人已攻打到眼前，他仍不願積極面對，甚至逃避了事。那麼，就算多勢弱的敵人，也會對他構成巨大的威脅。

「天下無敵」這四個字說來容易，卻難以實現。每個人都會遇到敵人，但敵人對於我們來說，也是一件好事。只要我們懂得如何與敵人相處，敵人，也會成為我們的「益友」。

✿ 未有知而不行者，知而不行，只是未知。



沈巧婷 中六

古語有云：「未有知而不行者，知而不行，只是未知。」要知道，在學習的過程中，我們需要把所學到的知識運用在生活上，方能稱得上真正地了解和掌握這門學問。因此，我對這句話深感認同。

自我們出生以來，便一直努力地像海綿一樣吸收着各種不同的學問。無論是生活上待人接物的態度，還是老師所教導的知識，都需要自己加以實踐，才能把這些「死知識」、「硬道理」融入生活之中。就以學習英語為例，我們除了掌握文法、詞彙和句子結構外，更重要的是在日常生活中應用出來。因為語言最大的用途便是與人溝通，從而認識該國的文化 and 風土人情。然而，有部分人學習語言的方式本末倒置，死記硬背一些書本上的知識，然後胡亂地運用。雖然有時候這種方法能勉強應付測驗、考試，但是囫圇吞棗的學習方式根本談不上真正的了解。那麼，如何學習英語才算是真正了解它的魅力呢？當自己學習到一些英文菜式名稱或點菜的英語句式，我們不妨親身去一些西式餐廳實踐一下，累積運用英語的經驗。要知道，自己親身應用過的知識，方能有更深刻和久遠的記憶。



中華文化源遠流長、博大精深，當中《三字經》、《千字文》、《弟子規》可謂是家喻戶曉。我們即使未能一字不漏地背誦，也總有幾句能夠朗朗上口。例如：「玉不琢，不成器。人不學，不知義。」這句話反面帶出學習能夠教化民眾，引導其走向高尚品德，明白孝義。可見，人要努力學習，不斷地實踐道理，方能掌握其中義理，甚至真正的人生之道。另外，孟子提過：「民為貴，社稷次之，君為輕」這治國之道，若果君主或統治者不會重視人民，便不算是真正了解到治國之道。即使知道這些學問，也終究是紙上談兵。

說到紙上談兵的故事，不得不提趙括這個虛有其表的將軍。他自幼便熟讀軍書，對於軍事上的書本知識能夠口若懸河、倒背如流。可是，當君主派遣他率領軍隊到戰場打仗時，他卻慘敗，甚至因此而命喪黃泉。可見，沒有真正運用過的知識，只會使人變得「無知」，甚至因此而身受其害，就像趙括一樣。

若能運用學問、知識，才算得上是一個有真才實學的人。我們都知道氣壓的概念，可是不實踐便只會停留在書本上的硬知識。透過科學實驗或生活中的實踐，我們懂得在開罐頭時需要開兩個小洞，方能使裏面的液體流出來，這就是在生活中運用書本知識的實例。

總括而言，真正了解一門學問是需要實踐的。學問就如同一片汪洋大海，只有能實踐學問的人，才能在一片浩瀚的知識大海中暢泳。

隨着資訊科技的發展，無論你身在何處，都能發現人們「心無旁騖」地看著手機，不時用大拇指敲擊着屏幕，似乎在向網絡世界傳遞著什麼訊息。出人意料的是，這些訊息即可能是甜蜜的糖果，舒緩人心；也可能是尖銳的匕首，殺人於無形。

「網絡審判」，顧名思義，是網民以自己的價值標準去判斷別人的行為，繼而在網絡上發表言論，將別人的言行「定罪」。但這種主觀的判斷過於偏激時，很容易對當事人造成不可逆轉的影響。

這些影響通常是負面的。例如新聞報道有一位女子從酒吧回家的途中被別人侵犯，於是報警。而那些披着人皮的「鍵盤俠」，隱蔽在電子屏幕的後面，肆意妄為地發表言論：「這名女子衣着如此暴露，就是想勾引男人！」、「都怪她長得太漂亮，引人犯罪！」……他們嘻嘻哈哈地笑着，卻不知女子因受不了言語暴力，翌日跳樓自殺。

對於女子的死，我們又能做些什麼？在網絡上發表看法的人浩如煙海，又如何能逐一將他們定罪？他們維護的，究竟是公義，還是犯罪者？我不知道。我只知道，網絡上的人啊，像個魔術師，不僅會偽裝，還懂得將石頭變成金子。

美國有兩個惡名昭著的犯罪者，因患有戀童癖而屢屢入獄，但不到幾年又會獲得釋放，改名換姓，「重新生活」。有小孩的家庭陷入恐慌之中，有人公開了兩名犯罪者的相片，希望引起大家的注意。然而，一名無辜的男子卻因長得像其中一名犯罪者而被冠上「戀童癖」的標籤，人們在網上公開他的住址、工作單位等等，以致他失去飯碗，不敢外出，因為害怕面對路人鄙夷的眼神，最後，他患上抑鬱症，在家中書房結束了僅有的三十年生命。

雖然說網民的初心是良好的，但是像這樣不分青紅皂白，就輕易判定他人，則未免太過濫用私刑。誰都想世界變得和平，但撫心自問，在網上發表意見時，有誰不是帶著個人的感情色彩呢？個體很難做到絕對的公平公正，也許應該讓社會的天秤——司法機關來行使這個責任。我們需要做的，只是將自己的想法留在腦袋裏，待事情真正有結果時，再用批判性的思維找出自己想法的片面之處，成為一個更加理性的人。

「網絡審判」固然駭人聽聞，但其實只要行使得正確，也可能是一種鼓勵政府機關執法的方式。例如近期發生的「陳羽凡吸毒」案，大眾對警察執法拘留陳羽凡的方式表示十分支持，雖然他是著名歌手，但市民一視同仁的舉報他，並且表示「吸毒者絕不能饒恕」，表現了部分網民的公平公正精神。

網絡上的人，良莠不齊，我們無法知道發表言論的人的真面目。他們可能是天使，為這個美好的世界貢獻出自己的一份力量；也可能是惡魔，毫不留情地以最壞的心思揣度他人。

「網絡審判」，有好有壞，但我相信隨着人們質素的提升，一定會有更多人站出來維護公義，而不是與公義作對。

敘事 寫人

✿ 一次難忘的旅行 ✿

謝晶晶 中一

下了像公交車一樣吵的動車，呼吸了一口新鮮的空氣，所有的不快，瞬間全部消失了。我坐上了大巴。

乘坐大巴真是樂趣多多呢！導遊先自我介紹，他跟我們有說有笑的，一下就和成為了好朋友。在下車之前，導遊跟我們說道，等下會到達八達嶺長城，那可是我最最期待的呢！因為在很久之前，我就很想去。可能是因為對萬里長城的嚮往，是每一個中國人的嚮往吧！

到了萬里長城，那太陽像火一樣灼燒着我們，彷彿馬上要變成黑炭了。

我慢慢地爬上萬里長城，可是太陽愈來愈大，我卻像烏龜一樣走得越來越慢，越來越不想爬了。

但是，導遊說：「沒爬上萬里長城的不是好漢。」就在這時，我正在和自己的內心鬥爭着：難道你之前的努力就要白白浪費了嗎？此時的我真是心煩意亂。我才不要白白浪費，我要繼續向上爬上去。太陽越來越大，但是這次卻使我不放棄的心更加強大。

不久，我終於爬上了終點，站在長城，人們就跟一隻隻小小的螞蟻一樣在蠕動，真是有趣！

站在高處，吹着一陣陣的微風，真是令人心曠神怡。

這次爬萬里長城的經歷，讓我從中受益。我明白到，只有不斷努力，才能爭取到自己想要的東西。


每個人都有自己童年最美好的時光以及回憶，而今天我帶着滿滿的回憶重返了這個地方。

這個地方，我已經有近八年沒來了。當我重回這兒，不免有一點觸景生情。周遭的建築物已經大不如前，一個個熟悉的身影也變得無影無蹤，兒時的歡笑聲也沒了，令這兒變得死氣沉沉。放眼看去，只有一棵陪伴着我成長的大樹仍然孤獨地站立着。看到如此境況，我的臉上開始有豆子流了下來。

樹上的鳥兒不見了，曾經與我相伴玩耍的伙伴也消失了，就連從小在樹下給我們讀故事的陳婆婆也離世了。不知他們過得如何呢？現在居住在哪兒？有沒有跟我一樣仍記着這兒的美好時光？這些問題在我的腦海裏浮現，卻沒有人能回答我。

這是最喜愛去的公園啊，現在怎會變得如此下場？當我晚上睡覺時，腦海中的公園依舊生機勃勃，小孩子依然在樹邊圍繞着陳婆婆聽故事，而我也在遠處看着這一幕——笑了。

天亮了，我的夢境也隨之破碎。我帶着滿懷的不捨與失落，離開了這個地方。再見了，我的大樹；再見了，我的小伙伴；再見了，我的陳婆婆……

 一個令我觸景生情的地方 

李寶顏 中三

這裏是一個令我無法忘記的地方，每次到來都會勾起我的童年回憶——中山紀念公園。

「有多少年沒有來這個地方啊？」我站在中山紀念公園的入口前。入口是由四支柱組成的，它的外表看來充滿了中國傳統文化的工藝氣息，橫樑上刻上「天下為公」這四字。向前走進去，看見一片綠油油的大草地，中間有一個孫中山先生的銅像。

看着這片草地與周邊的一棵棵大樹，圍成了一個圓形。我坐在草地上，不禁回想起我的童年。在我五歲時，每逢假期，外婆都會帶我在這片草地遊玩。因父母工作忙碌，無法照顧我，我就被送到外婆家。外婆很喜歡帶我來到這公園遊玩，我在草地上跑來跑去。偶然坐在草地上，仰望天空，外婆就笑說：「這樣坐不好，泥沙會黏污身體的。」不久，因為我們搬家，所以就沒有再來了。

我向左邊方向走，是一個兒童遊樂場。雖然現時的遊樂設施不同了，但是唯獨這個藍色的船型搖搖板仍在這裏，以前的我很喜歡這個搖搖板。記得某一年的中秋節，那天是我外婆的生日，很多親戚來到外婆家慶祝，之後我們來到這公園賞月。這個大型搖搖板可以坐上好幾個人，我坐在這搖搖板上的一旁，對面是外婆，其他親戚則站在搖搖板的兩旁，一起幫忙搖。搖搖板傳出歡樂聲，我仰望着月亮，那月亮又圓又大，同時外婆抱着我微笑，這情景到現在我也無法忘記。我走近搖搖板，回憶這段往事，好像事情是昨天發生似的。



走過兒童遊樂場附近的一條走廊，仍舊是白色的牆身、黑色的屋頂，旁邊有些長椅子。再向前走回大草地，經過中山紀念體育館，去到海濱長廊，旁邊有些藝術品，另一邊有一個噴水池。那時的我時常被外婆抱着，因我玩累了，外婆會抱我走來走去。外婆會唱歌哄我，一陣陣的海風吹動我的頭髮，耳邊聽着外婆的歌聲，看着夕陽，不自覺地睡着了。

我站在海濱長廊的鐵欄前，吹着海風，不禁地落淚。我的童年逝去了，同時我的外婆也走了，所有的事物都變成了回憶。外婆那溫柔的聲音和樣貌，以及童年的回憶都留在這公園裏。我無法忘記這段與外婆相處的回憶。

我最敬愛的老師

劉妍 中五

唐老師是我最敬愛的老師，她不喜歡說大道理，從她平日待人接物，我體會到中國文化可貴的一面。

溫文爾雅，是我對唐老師的第一印象。中等身材，長髮隨意披散在肩頭，或是挽起來成髻。一身素色的淡雅衣裙，黑色短高跟鞋踏在地面嗒嗒的聲音，由遠及近，絲毫不拖泥帶水。面對着面前緊張又期待的面孔，唐老師放下手中的教案，炯炯有神的雙眼掃視着教室，緩緩開口道：「新學期，由我擔任你們的中文科老師，日後我若有不妥之處，請大家多多指正……我姓唐，現在該你們介紹一下自己了……」

虛心納諫，對於同學提出的意見欣然接受，唐老師這段在初次見面時說過的話語，起初我是心存疑慮的。但隨着日後的相處，這個謎團便迎刃而解了。

還記得在第一節中文課，有同學向唐老師提出建議，希望有一個生動有趣的課堂，而不是只有枯燥無味的文字；卻也有同學擔心會因此拖慢教學進度。我暗自思忖：向老師提出希望能有生動的課堂，但結果往往不盡人意，要麼直接被忽略，要麼只有零星的時間可以互動。這一次向唐老師提出，會實現嗎？

唐老師只點點頭，佈置我們完成預習的功課，下一節中文課將學習的新課文。

我看着面前寫了不少批注的新課文，心中有點忐忑不安。唐老師在檢查預習功課，有幾位同學未能如期完成，課堂裏靜默無聲，似乎在等待着風暴的來臨。

「這幾位同學為什麼不成功課呢？是因為太簡單而不屑於完成？工欲善其事，必先利其器。預習的目的是了解課文的背景與內容，日後才能更深入理解背後蘊含的意義。若是連這一小個步驟都不願完成，還談何認真學習？」

此刻唐老師與先前的形象相差甚遠，和藹可親的老師在這瞬間仿佛判若兩人。經過這次，唐老師對學習一絲不苟的態度給我留下了深刻的印象。

經過了這段小插曲，大家都點不安。唐老師告誡我們：「高中的課程不似初中那樣容易理解，我不希望預習這些最基本的功課，你們會以敷衍的態度完成。寶劍鋒從磨礪出，梅花香自苦寒來，我希望你們萬事都能以認真的態度完成……」

這節課要學的課文是楊絳先生的《老王》，同學似乎被唐老師先前的一番話震懾到，課堂並不像預想般活躍。唐老師放下手中的課本道：「看上去你們對課文內容不感興趣，那我跟你們講講我小時候的故事吧。」

一瞬間，原本寂靜無聲的課室瞬間充滿歡聲笑語。那個嚴厲的老師此時有如我們的朋友，一起分享往時的回憶，有歡笑、有唏噓，亦有反思。

長髮挽成髻，手捧課本，一身素色的衣裙，嗒嗒作響的短高跟，這個一絲不苟的身影穿梭在校園裏。她那好比民國時期大家閨秀的端莊氣質，用一絲不苟的態度工作生活，用那和藹的話語，如春風般溫暖着學生，讓我體會到中國文化可貴的一面。

✿ 我在冷靜時更認識自我 ✿

張熙 中六

暴風雨總會為我們帶來不便，它破壞了我們的日常生活，而暴風雨後的平靜也就是我們修補一切的機會；情緒也是如此，就像暴風雨一樣，負面的信息說來就來，而當那些衝動又幼稚的行為發生之後，便是我重新整理思緒，認識自己的時候。

「不以物喜，不以己悲」，待老師剛教完這句蘊含人生哲理的語句，我也卻始終不曾領略。還記得那天烏雲遮陽，還下着絲絲細雨，不知為何我的心情也隨之墮入谷底。我坐在課室的電腦桌前，聽着窗外滴滴嗒嗒的雨聲，望着天空中孤獨的蜻蜓徘徊，想着如此苦悶的一天該如何度過。不知是誰乘着急促而漸大的腳步聲，在課室外的走廊上奔跑，中間還夾雜着雷鳴般的吼叫，那平靜的內心如同青青草原被人踐踏，一時關在腦牢中的魔鬼衝了出來，苛責那調皮的孩子，並訓斥了一番，誰可知這一幕竟被學生會負責篩選職位的老師看見，就這樣我竟在幾天後遴選會長一職時失去了資格。

本應呵護同學，懂得控制情緒的學生會會長就這樣與我無緣，失落的我拖着狼狽的身影，獨自散步在佈滿灰塵的海旁小路上，不經意地在眼角泛起了淚花。我用手輕輕拭去，望着手中那一抹淚水，我回想着當日衝動而幼稚的我，情緒失控做了那不可挽回的決定。如今，我拍打在岸上的浪花也像是在恥笑我，轉身望向空無一人的小路上，那日的情景映了出來，惡意的話語如同脫韁的野馬在我耳邊，肆無忌憚地纏繞，不曾思考半步，不曾控制心緒而導致那可貴的機會消失了，再也找不回來。我繼續走，幻想用這三思而後行的心態該如何「成功」？曾經覺得十分了解自己，是他人榜樣的我，也終將在這日重新定義自己。



邊散步，邊回想，此時我心中的那片湖水也波平如鏡，那些危險的暗礁也浮出水面，供我清除。我再次審視自己，再次檢討自己該如何待人處事，來符合古仁人的心志。是否應在語無倫次前考慮清楚？是否應在打開魔鬼牢籠前，看看對方是誰？或是應將那魔鬼調教一番？

衝動是魔鬼，往往在那種情況下，我們不能控制自己，但這終究需要改善。它令我修補內心的廢墟，也是這種機會，讓我更加客觀地反思，回想……

我在冷靜時更認識自己。

✦ 前所未有的嘗試 ✦

程懋樞 中六

偏見往往令自己蒙受損失，故步自封而未能啟迪自己。

我一直以來都遵循父母親的教導，當一個他倆心中的理想女兒。父母親都是傳統的人，要我溫文爾雅，大方得體，這才是一個大家閨秀應有的品格。父母親都是著名的藝術家，有著如此理想的學習環境，我的「天賦」也一定不少。

從小父母就培養我成為一個知書識禮的藝術家，家中無一不是藝術品。名畫、花瓶、椅子，都是出自大師之手，匠心獨運。除了接觸藝術品外，繪畫當然少不免。每天重複繪畫雞蛋，心中不是味兒。但是我明白父母親的苦心和期望，所以我很努力去滿足他們。學習細膩如達文西的筆觸，每一筆都完美得天衣無縫，一絲不苟。我從不怠懈，久而久之，我也好像如父母般熱愛美術，追求極致的美學，真正正成為了父母心中的「理想女兒」。

偏見往往令自己蒙受損失，故步自封而未能啟迪自己？

父母親一直認為畫出吹彈可破的皮膚，仔細分明的青絲，肌肉分明的線條，這才是出色的西方畫。他們不是固執，而是堅持，對原則及美學的堅持令他們得到今天的成就，締結婚姻，造就了我。周而復始，我也潛移默化，成為了一個墨守成規的好女孩。如梵高和孟克的畫欣賞就好了，在美術的世界中亦不能包容他們的藝術，他們的藝術難以得人接受，也難以得到成功，他倆也只是零星的個別例子。我們一家都是這樣想的。

偏見往往令自己蒙受損失，故步自封而未能啟迪自己！

父母親希望我參加一個全港性的繪畫比賽，去年我完美無瑕的人物畫：自畫像，只得殿軍。那些不入流的藝術倒是進入三甲，令人側目，大家都為我心感不憤。但我卻生了一個迷思，我這些想法是源自我，還是那位「理想女兒」？

時光飛逝，比賽的截止時間漸近。父母的叮嚀開始成了嘮叨，壓力填滿了我毫無頭緒的白紙。我害怕失敗，令父母失望。不斷的愁苦思慮令我耿耿於懷，放棄的念頭不斷從腦海中竄出。另一方面，我亦意識自己好像傀儡，沒有自己的想法，只懂得作為「理想女兒」活下去。一想到這裏，我忽然熱淚盈眶。四周碧藍的牆如冰包圍着我，四周都好像藍色的。我大概明白到梵高、孟克心中的感情世界了！驀然回首，去年自畫像中的我雙目炯炯有神而沒有靈魂，仿佛沒有呼吸。如機械人的我也頓時明白到為何只得殿軍。

我嘗試投放自己的感情，繪畫出「理想的我」，筆觸粗糙且用色大膽，脫離美學，不受他人限制，是自我及自由的釋放，整幅畫都有缺陷，但卻造就了缺陷美。這是我第一次不經父母意見行事，畫出如此「不倫不類」的畫，獲獎與否已不重要，太計較或者求更多只令自己損失更多，苦惱困惑而沒有進步，但如今我得到的不是獎項的進步，而是只屬於自己的進步，心靈上的進步。

偏見往往令自己蒙受損失，故步自封而未能啟迪自己……

From The Principal

We are immensely proud of our student writing in this latest edition of *Voice of Erudition*. This compilation of student work is a great way to celebrate our students' progress at each stage of their development in their English learning journey at secondary school. We continually challenge our students to extend their writing prowess and, especially in the senior classes, to open their eyes to the issues and influences shaping Hong Kong and the world.

Contemporary issues such as the influence of social media is one that governments around the world are grappling with in light of sinister uses of such technology. Our students reflect on the role social media plays in their own lives and the advantages and disadvantages it brings. We hope they continue this habit of questioning developments in technology rather than blindly accepting them without deep deliberation.

Another issue worthy of our student attention centres on global warming. Our students will benefit greatly from economic development, but they must be aware of the consequences as to prepare for them. A Form 5 student makes a call to action to tackle climate change and writes with a maturity beyond his years. Without a doubt, the twenty first century marks a time with unprecedented challenges and opportunities.

Our school believes that in our globally interconnected world, we must prepare our students to take advantage of the opportunities in wider Asia, and beyond, by being proficient in both written and spoken English. The language remains central to global life in trade, and the scientific and technological exchange of ideas and products. The writing in *Voice of Erudition* is a testament to the effort students, and their teachers, invest in English learning. They are forward-thinking and proactive in acquiring skills needed for their future.

We are sure you will enjoy the writings collected within this anthology. We know our students will entertain and amuse with their short stories and poems. We hope our students impress you, as they have impressed us, with their insight and perceptive thoughts about themselves and their world. Enjoy!

Dr Suen Lee Wa
Principal

Voice of Erudition

It implies that students should read, learn and be knowledgeable and versatile. The message is deeply embedded in our school motto "Erudition and Determination". Students are encouraged to explore their environment. What they have discovered or experienced can be shared with others. This publication serves the purpose for students to read and express what they have in their minds.

From The Editor

A great quote can help us relieve our pain; a great quote can help us reflect on our behaviour; a great quote can help us reshape our character. I love reading various kinds of meaningful quotes. Every single quote is a gem from someone's experience and knowledge.

*“Success is no accident.
It is hard work, perseverance,
learning, studying, sacrifice
and most of all, love of what you are doing.” ~ Pele*

The quote above from Pele is truly one of the most meaningful ones. Don't you think so? To love what you do is a key to success! Of course, you need to be hard-working and perseverant to achieve what you want to do too. Sacrifice is necessary as you sacrifice time spent on entertainment and relaxing in order to achieve your goals. Right?

That's what this publication can show the reader this time. We have included many entries for public writing competitions, and you will be impressed by the perseverance and sacrifice from your schoolmates. Reading and writing are inseparable if you want to improve these two language skills. Reading more and writing more in English will absolutely help you all make progress!

Ms. Cheung Wing See
Editor

Editorial Board

Advisors: Dr. Suen Lee Wa, the Principal
Ms. Pun Lai Hung, the Vice-principal
Editors: Ms. Cheung Wing See & Ms. Yeung Pui Yan
Ms. Lau Mei Fong
Ms. Rochelle Martin
Ms. See Mei Wan

Acknowledgements to all English teachers

Foreword

Inspiration Is All Around Us!

It is with great pride and excitement that we present this year's *Voice of Erudition*, a collection of students' written work in English. Each piece of writing is as unique as each of our students. We have writers who aim to inform, to question and debate while others seek to amuse or to teach the readers through a parable. We're sure you will be moved and touched by the stories included in this edition. They come directly from our students' hearts and minds.

When we read each piece of writing in *Voice of Erudition*, it is also like walking through a door to the world of our students. Our junior students are becoming familiar with different text types and bring their playfulness and creativity to their writing. They use their imaginations and humour when choosing what to take to a deserted island and at the same time practice expressing an idea and justifying it with reasons.

S2 students also stretch their imaginations when exploring the world of supernatural powers while questioning the qualities of a true hero. S3 test their ghost storytelling skills: setting the scene, developing character, using direct and indirect speech and coming to a satisfying resolution.

S4 and S5 students turn their attention to the world around them with a critical eye. They are learning to discuss, give advice, evaluate and give their recommendations. A wide variety of topics include a review of a live performance of "Macbeth", letters of advice, and personal reflections on meaningful places in Ma On Shan.

Our S6 students are refining their writing skills in their final preparation for the DSE. The culmination of their years of study can be seen in mature writings on a variety of topical issues such as the pros and cons of a cashless society, a short story of heroism, and a discussion on a later school start time.

All of our young writers are exposed to the methods good writers employ such as character development, imagery, word choice and tone. They master different text structures such as letters, debates and petitions. During the writing process, they are also learning about themselves. Writing down one's opinions and imaginative creations is a risk. Having the confidence to write in a foreign language also takes many years of practice and perseverance. Our teachers nurture this creative spark and guide students in crafting their writing, until it is ready for publication. The writing process takes commitment and determination.

The theme for this year's Languages Fortnight was "Good Character; Better Life". We believe writing builds character within our students. They have to examine their opinions and beliefs when writing. They also develop the ability to build empathy when writing from different perspectives. This is key in developing students' awareness of how interconnected we are as a community and how our actions and speech affect others. We foster students' competence in forming opinions on issues relating to their community, country and the world and, importantly, how to make it better. We hope through the writing process our students can cultivate a strong character; courageous, observant, logical, empathetic and imaginative. We believe this will set students on the right track for a better life!

Ms Pun Lai Hung
Vice-principal cum English Panel Head

Contents

Pages

1	From The Principal
2	From The Editor
3	Foreword

Write Beyond Our Imagination

7	Life on a Deserted Island	F.1
	A Letter to Santa Claus	Ng Tsoi Yee F.1
8	A New Discovery to Success	Ho Hiu Ching F.1
9	“If I were a witch, I would ...”	Chan Hoi Ching F.2
	“If I were a mouse, I would ...”	Chu Sin Tung F.2
10	An Unusual Day of a Chinese White Dolphin	Wong Cheuk Lam F.2
11	<i>Hong Kong’s Got Talent</i> Wants You!	Zhang Ka Chun F.3
	A Ghost Story – Whispering	Tang Wai Hei F.3
12	A Ghost Story – A Mysterious Doll	Chu Chun Kit F.3
13	Pet Dog Saves The Day!	Chung Kwan Wa F.6

Open Up Our Horizon

16	<i>Macbeth</i> – Theatre Review	Lee Hon Ching F.4
17	Triathlon or Gymnastics?	Lam Pui Kwan F.4
18	The Disappointing Development of E-sports in Hong Kong	Yeung Lok Yin F.4
19	Confidence	Wong Nga Ting F.5
20	Cyberbullying	Lau Yin F.5
21	The Internet – Complicating Teens’ Lives	Li Tsz Lam F.5
22	E-wallet – Vice or Virtue?	Law Man Ting F.6
23	Later School Start Time Won’t Work	Li Cheuk Wai F.6

Form-Based Competitions

F.1 – My Role Model Profile

25	Never Say Die – Sir Isaac Newton	Kong Sum Yuet (Champion) F.1A
26	Never Give Up – Sarah Lee	Ho Hiu Ching (1 st runner-up) F.1C
	Awesome Uncle – Uncle J	Leung Oi Sze (2 nd runner-up) F.1C

F.2 – Someone with Supernatural Power

27	A Special Boy	Yeung Chui Yiu (Champion) F.2D
28	Five Hopes	Chan Tze Shan (1 st runner-up) F.2D
29	The Girl Who Could Read Minds	Chan Yan Hei (2 nd runner-up) F.2C

F.3 – My Book Report

30	Inspiring Oceanographers	Chan Cheuk Yin (Champion) F.3D
31	The Mystical Universe	Kwok Natalie (1 st runner-up) F.3C
32	Physicists in Action	Wong Hing Ho (2 nd runner-up) F.3D

F.4 – The Most Influential Person

33	Nobel Prize Winning Teen – Malala Yousafzai	Lin Huibing (Champion) F.4C
34	Lady Gaga – Musician and Advocate for Human Rights	Kao Tsz Yan (1 st runner-up) F.4C
35	Professional Go Player – Chou Chun Hsun	Liu Ying Wang (2 nd runner-up) F.4C

F.5 – Ma On Shan And Me

36	Ma On Shan Classics Cinema	Lau Yin (Champion) F.5A
37	My School	Chan Yuk Yu (1 st runner-up) F.5B
38	Waterfront Promenade	Lau Yan (2 nd runner-up) F.5A

Inter-School Writing Competitions

THE HKFYG English Public Speaking Competition

40	The Legalization Of Marijuana	Wu Hoi Yee F.4C
41	Perseverance	Ko Wing Chi F.4C
42	Global Warming	Chu Ka Hei F.5A

MI Young Writers Award 2019

43	I Am Happy When ...	Leung Oi Sze F.1C
	I Am Happy When ...	Kwok Natalie F.3C
44	A Day I Will Always Remember	Li Tsz Lam F.5A

Write Beyond Our Imagination

A black and white photograph of a hand holding a pen, writing in a lined notebook. The notebook is open, and the hand is positioned over the left page. The background is a blurred outdoor scene with trees.

If you were about to be stranded on a deserted island, what would you bring?

Lo Hoi Ching F.1

I would bring a hammock because I would need to have a place to sleep. If I couldn't have a nice sleep, I would die. Also, by hanging up high, there would be no insects or bugs troubling me.

Chun Yu Chin F.1

I would bring a first-aid kit because on a deserted island, it would be easy to get injured. For instance, we might get bitten or attacked by animals. If the wound was not treated properly and immediately, it would become worse. I might die too.

Sze Yat Hei F.1

I would choose a compass because if I needed to get out of a forest, I could use a compass to find the correct direction. A compass is a life saver on a deserted island. It can guide you to the right place to be rescued.

Ko Chun Hong F.1

I think a knife is useful because if I was stranded on a deserted island, I would need food. I could use a knife to crack the coconut shell and enjoy the juice and flesh of the coconuts. I could also kill the animals to get meat and it is definitely useful to use a knife to protect myself from being attacked.

A Letter to Santa Claus

Ng Tsoi Yee F.1

Dear Santa,

Merry Christmas, Santa! I am looking forward to this Sunday because I will go to see my favourite singer, Hubert Wu, perform his show. I will go there with my best friends Chloe and Anson.

Santa, can I ask a favour from you? I want to have his autograph so badly because I like him very much. Last time I went to Hubert's show, I couldn't get it. I was so disappointed. Can you give me a chance this time so that I can get close to him and ask him to sign his photograph for me?

I also want to have a new phone because last month while I was in school, my younger brother played with my phone without my permission. Eventually, he broke it. Now I have no phone. Can you imagine a life with no phone? I am really sad.

Lastly, I hope everyone in this world can be healthy and always be happy and safe.

Love,

Charlie

A New Discovery Leads to Success

Ho Hiu Ching F.1

One day, John, who was a chef, met his new neighbour Gary. No sooner had they greeted each other than they realized that they had studied at the same primary school together a long time ago. John told Gary that he had become a chef. Gary was shocked because he was also a chef! What a coincidence!

After chatting for some time, Gary learned that John was looking for some new ingredients for his dishes and John wanted Gary to come along to find them with him. Gary suggested that it was better to go to Cheung Chau to find the necessary ingredients.

When they arrived at Cheung Chau, they felt very hungry. They went to a snack bar to eat. The bar was owned by an old man and the food he cooked was very delicious. They asked the old man what made the food so tasty. The old man said it was because of a unique ingredient.

“Can you tell us what it is? We’d like to cook good food like you!” said John. The old man said it was agarwood that helped bring out the real flavour of the food. He showed them where to find it and they happily took some back to Hong Kong.

They added agarwood to all their dishes. All of a sudden, their food had become the top pick of the city. Soon after, a mysterious man wearing a black hat and a very expensive watch visited one of their restaurants. He ordered a lot of food and finished it all within a short time. After the mysterious man left, suddenly a large group of reporters walked into the restaurant. John and Gary did not know what was going on at that time.

It turned out to be a famous football star who had eaten at their restaurant. He thought that the food in the restaurant was very yummy! That was why he asked the reporters to have an interview with them. Since then, their restaurants have also become very famous. Thanks to this secret ingredient – agarwood – John and Gary started on the path to a successful life.



“If I were a witch, I would ...”

Chan Hoi Ching F.2

If I were a witch, I would like to make some useful potions. For instance, a magical drink that controls hunger for three days. Would you like to try some? It could help us save a lot of time usually spent on cooking and we could save the world’s natural resources too.

What else? My house would be full of my lovely bats which could protect me all the time. Bats are so special, and they are my favourite animal. I could also turn the bats into humans with my magical spells! So, I would never be lonely.

I would also like to make some colourful magic potions too. The blue potion would give you the power to read others’ minds, the green one would make you pretty and the pink one would make you invisible! And I can assure you that all of them would be yummy! Do you want to give them a try?

“If I were a mouse, I would ...”

Chu Sin Tung F.2

If I were a mouse, I would not choose to live on the street or under a bridge. I think I would live in a rich man’s big house on The Peak. I could enjoy a lot of food and drinks there. Also, I could eat lots of cheese and sweet corn soup.

Apart from that, I could play games with many mice friends in the big house. At night, we would play hide-and-seek in the house or chase each other down the long corridors. I would like to run very much. Maybe there would be many online games available in the house too. I think I would be very happy to be a mouse; I would be free to do anything I wanted as I would not need to study at school!

However, I might be afraid of cats that would catch or even eat me! They would definitely be my enemies!



An Unusual Day for a Chinese White Dolphin

Wong Cheuk Lam F.2



I am a Chinese white dolphin. I live in the sea near Lamma Island. My father is the king of the sea, and yes, I am the princess!

One day, when I returned home, I saw my mum crying. Then I quickly swam towards my mum and asked, “What happened, Mum?”

Mum answered, “Dear, we can’t find your father. He may be in trouble now.”

“Mum, don’t worry. I will help you find him,” I said confidently.

“Thank you, sweetie, but make sure you stay safe because it is dangerous out there,” she reminded me.

“Sure! I’ll be careful. I’m a big girl now!” I replied. Then I said goodbye to my mum and started my journey looking for my father.

When I got close to the shore, I saw a jellyfish swimming very fast and looking nervous. I tried to stop him and asked, “Have you seen the king?”

The jellyfish answered, “Does he have a very large crown on his head? Yes! I did see him!”

“That’s great! That’s him! Where is he now?” I said excitedly.

“Um...he was in danger. Some fishermen were trying to catch him. As I was too frightened, I fled away quickly. I’m sorry about that,” the jellyfish said sadly.

Then, I immediately swam to where the fishermen were and looked around. Suddenly, I found my father! He was just swimming around the fishermen’s boat and they were taking photos of him! He wasn’t in danger at all. He was just showing off his dancing skills to the humans.

Hong Kong’s Got Talent Wants You!

Zhang Ka Chun F.3D

I am a very talented lion dance performer. Lion dance is an activity that I really like. It is an Asian traditional art. Lion dance is very difficult, so I want to challenge myself by competing in *Hong Kong’s Got Talent*. I want to show the art of lion dance to everybody.

I should be a contestant in *Hong Kong’s Got Talent* because I want more people to see the charm of lion dancing and understand the traditional culture of Asia. I believe I have enough courage and strength to perform a lion dance on stage. If I join the contest, I think I will win glory for my family, my school and even Hong Kong.

If I am the winning contestant in the series finale, I will donate half of the prize money to the poor children in China. I hope the donation will help to improve the education of the needy children living in the poor rural areas of China.

A Ghost Story – Whispering

Tang Wai Hei F.3

A year ago, while I was doing my homework, I heard someone whispering in my ear.

“Can you help me?”

At first, I thought it was a prank made by my sister. So, I kept doing my homework.

After dinner, I went to the bathroom and wanted to have a shower. And I heard the sound again. I asked my sister if it was her prank. She said no.

In the bathroom, I heard the sound again. I felt so scared and so I asked, “Who are you? What do you want from me?”

“Can you do me a favour?”

“Sure, but what is it?”

“Would you please go to Ma On Shan Park and find a box for me? The box is hidden in the ground under an arbour.”

So, the next day, I went to Ma On Shan Park and tried to find the box. I searched for nearly two hours and finally I found the box.

I took it home.

I heard the whisper, “Oh, yes! That’s it!”

“What is that? Is there something valuable inside?”

“Yes, the box belongs to my father. It is very precious. Thank you for helping me. I’m going to reunite with my parents in heaven.”

Since then I have never heard any voices whispering in my ear again.

A Ghost Story – A Mysterious Doll

Chu Chun Kit F.3

One day, a group of teenagers were playing ‘truth or dare?’ in an old house. They spun the bottle and it turned towards a girl called Grace.

Grace chose to complete a dare. So, her friends asked her to go to a forbidden room on the rooftop. The door was shut, and no one had visited the room for a long time.

When Grace opened the door, she heard a strange sound. She shivered with fear.

The room was dark and messy. But in the corner of the room, she found a beautiful doll. Grace found the doll so cute that she decided to take it home.

She liked the doll and she bought her some beautiful clothes. Amazingly, she had some good luck on the same day. But when she didn’t pay attention to the doll, she had bad luck on that day.

She noticed there was something strange about the doll. She was a little bit scared, so she decided to throw it away. Strangely, no matter how far away she went to dump it, the doll would come back to her.

Grace decided to ask the police for help. The police took the doll to their Exorcism Department for further investigation. After some investigation, it was found that there was a ghost dwelling within the doll. The ghost was a girl who was killed many years ago.

Even though the doll brought her good luck sometimes, Grace made up her mind to get rid of it with the help of the police.

Luck should not be counted on. It should be something mysterious.



Pet Dog Saves the Day!

Chung Kwan Wa F.6



Alice was a young girl who lived in the countryside, far away from the cities. Her family had been farming for multiple generations, but their income was still very low. That didn’t stop Alice from enjoying her life though. She went to school, made friends and helped out on the farm. It was a simple lifestyle that she enjoyed. But soon after she had graduated from primary school, she fell ill. Her condition was very depressing. She could no longer go to school or help out on the farm. Since her parents had to maintain the farm for income, they couldn’t always stay at home to look after her. So, they decided to get a puppy for Alice to play with at home in the hope of not letting her feel lonely. Alice called the new puppy Apple. She thought of this name due to the famous saying ‘an apple a day keeps the doctor away’.

Then the time flew by so fast. It was already two years since Apple’s arrival. Alice loved Apple as she was the only one who stayed with her every day and cheered her up. Apple was not a healthy dog. She only had three legs and one of her eyes was blind. She was not born with these disabilities; as they were caused by an accident. As Alice’s family wasn’t wealthy, they couldn’t afford a healthy dog. Apple and Alice were teased and bullied because of their conditions, but they kept supporting each other. The last two years were not at all peaceful for them. They still hung in there, which deepened their bond.

Soon, winter arrived, the most difficult season for farmers. Whenever winter came, Alice’s parents would head to the city to sell the crops they had harvested and then they would try to look for a part-time job to support their family. They would also get Alice’s medicine from the hospital in the

city. This year they did the same. Normally they would return at least twice a week to check on Alice. However, due to a snowstorm, they were stuck in the city. Alice could go a few weeks without taking medicine, so the delay shouldn't have been a problem. But no one took the cold into account. Back at the farm, Alice was desperately trying to stay calm, but to no avail, her breathing grew heavy and her body grew cold. Alice was doing everything in her power to stay alive.

She looked around and couldn't see Apple. Could Apple have foreseen her owner's death and left? No, dogs were very loyal to their owners, so where was Apple? She had heard that animals were smarter than humans gave them credit for; dolphins circled around humans to protect them from sharks; apes took care of abandoned children; and Apple knew Alice's health was worsening, so she ran to the city in an attempt to find Alice's parents. However, a snowstorm was no place for a person nor a fully functional dog, let alone a three-legged, one-eyed dog!

Apple was originally from the city, the site of her accident, so she remembered the direction clearly. On her journey, the snowstorm relentlessly shoved the dog around as if it was laughing at the dog's pitiful attempt to reach the city. Dogs might have fur to protect them from the cold, but not against a snowstorm. Apple was struggling to see properly, but she kept on running, hoping to make it in time.

Hours had passed and Apple collapsed onto the ground, unable to move. She could hardly breathe and eventually passed out. As expected, what could a dog possibly do in a furious snowstorm? Nothing. Before Apple passed out, she had let out a howl of anguish, hoping to attract help. When a crowd of people found the dog in such a sorrowful state, they took her to the hospital.

Very soon, Alice's parents recognized the dog and they knew something must have happened to Alice. They then asked the hospital staff for help, but the snowstorm was at its peak at that time, so the hospital refused. All hope was lost from their eyes, but suddenly a doctor turned up and volunteered to help. He was the doctor who had been checking on Alice's conditions for over four years. He was a responsible man who would do everything he could to help his patients.

Seeing how the doctor volunteered, the crowd who sought shelter at the hospital were all moved by his determination and they all begged the hospital staff to help the doctor. Finally, the hospital staff gave in and offered help. Within an hour, Alice was rushed to the hospital in an ambulance. In the hospital, Alice found the barely breathing Apple. After hearing the story of Apple's bravery, she felt very grateful.

Later, Alice and Apple returned to the farm to recover. And to this day, everyone at the farm sings the praises of their hero – Apple. A pet dog saved the day!

Open Up Our Horizon



Macbeth – Theatre Review

Lee Hon Ching F.4

Last week, I watched the play *Macbeth* performed by a group of Shatin College students in their school hall. The play is about a general named Macbeth who receives a prophecy from a trio of witches that he will become the king when he returns to Scotland. This performance was fairly surprising to me as it included modern elements.

The stage was very different from a conventional one. The auditorium was converted to a theatre with a catwalk stage surrounded by multimedia screens. This reduced the distance between the actors and the audience. Actors performed directly in front of the audience. While we were watching the performance, smoke floated in the air and enshrouded the stage, creating an inauspicious atmosphere to foreshadow the tragedy.

Actors dressed in costumes which were a mixture of modern and historical influences. They changed the costumes when the scenes changed also.

All actors put on a brilliant performance. They always kept their voice loud and clear. I could hear the monologues and dialogues when they performed, even though the language was complex. Moreover, all the actors were very professional. They focused on their performance and maintained eye contact with the other actors. Their performance gripped our attention with passion and intensity.

The actor playing Macbeth was my favourite. He won great applause from the audience. His monologue was very powerful. It captured the guilt, ambition, and deranged horror of the tragic hero.

There were so many memorable scenes in the performance. The banquet scene was particularly haunting. Macbeth and Lady Macbeth were having dinner with their family and the aristocrats. Suddenly, a wounded man, a loyal fellowman murdered by Macbeth, climbed out from under the dining table. It was the hallucination of Macbeth. He was very scared after he committed the crime. Lady Macbeth tried to distract him but she was not successful.

Finally, I have one suggestion for improvement. It is a good idea to provide subtitles to help the student audience understand the language so that the details of this wonderful performance can be better appreciated.

Triathlon or Gymnastics?

Lam Pui Kwan F.4

Dear Pat,



How are you? I've got your email in which you are trying to decide whether to get into triathlon or take up gymnastics.

If you ask me, I would definitely choose gymnastics over triathlon. In this kind of competition, you need to be competent in swimming, cycling and running. Athletes

have to compete for the fastest overall course completion, including timed transitions between the three races. Imagine how tiring it is!

Also, think about the weather. It's winter now. Are you really going to freeze in the icy cold water just to complete one-third of the race? Even if you survive that, you need to go cycling after that. Think of the rugged track and all the twist and turns. Aren't you just a beginner in cycling? Don't forget that you still need to run kilometres to the finish line after the cycling. Your energy would have been consumed long before you finish the triathlon. A lot of athletes collapse during the race. Do you really want to be one of them?

Therefore, I suggest you taking up gymnastics instead. It is a good way to improve flexibility and health. Also, the gymnastics moves are so graceful. You can start with the basics and move up to more advanced routines. Your muscle strength and co-ordination will also get better. One day, you may amaze us with some back-flips on a balance beam or somersaults on the trampoline! I will be so proud of you!

I hope my suggestion helps. If you take up gymnastics, make sure you find an experienced coach to help you get started. Good luck!

Love,

Chris

The Disappointing Development of E-sports in Hong Kong

Yeung Lok Yin F.4

Dear Editor,



As one of the few competitive video game players in Hong Kong, I am disappointed with the lack of support for e-sports in our city.

E-sports are not well recognized in Hong Kong. Many people still look at e-sports suspiciously, thinking they are an indulgent

hobby for unproductive people. E-sports players are seen as game addicts. This negative view makes it difficult to attract corporate investment in e-sports.

Furthermore, e-sports development in Hong Kong lags behind that of mainland China, Korea and other Asian countries. These countries are making great profits by developing e-sports into a serious business. Their tournaments attract big crowds and draw in good money. In Hong Kong, on the other hand, e-sports players do not even have a place to train.

This situation should change. As a video game player myself, I see the enormous development potential of e-sports, provided it is taken seriously enough. We can have top teams that compete internationally. We can have creative game design companies that sell their games abroad.

To promote the industry, the government needs to open an e-sports stadium. It can organize e-sports festivals that invite local and international gamers for demonstrations. There should also be more promotion on social media to let the public know what is going on in e-sports. Finally, the government should offer awards and sponsorships to top players and game design companies.

If Hong Kong wants its share in this billion-dollar business, it should work harder to develop it.

Yours faithfully,

Chris Wong

Confidence

Wong Nga Ting F.5

As the proverb goes, confidence is the first step on the road to success. Confidence can bring you the courage to pursue your dreams. As we all know, failure is the mother of success. I think confidence is also the mother of success. Without confidence, you are nervous and too scared to face the journey in different circumstances. Without confidence, you can never be positive in front of challenges ahead.

I still remember that in one of my English lessons, my teacher asked every one of us to prepare a self-introduction. I prepared for it seriously and kept practising for a long time. But on the day I needed to present, and when it was my turn, I was too nervous to speak English in front of the whole class. It was very embarrassing. I was thinking that if I made any mistakes, everybody would laugh at me. I finally tried to speak. However, I couldn't even speak clearly as I forgot what I should say. I thought my classmates would tease me, but none of them did. They encouraged me to give it a try. Although I failed to perform satisfactorily in the end, I still felt grateful to receive the encouragement from my classmates. Since then, I became determined to train myself to be more confident. I learnt that the thing that matters most is not whether you succeed or not, but whether you have tried.

Nowadays, some teenagers lack confidence owing to their appearance, academic performance, or their personal experience in life. Teenagers should grab every chance to strengthen their confidence in different aspects of life. As I have just stated, once we gain self-confidence, we will be courageous and strong enough to overcome setbacks and difficulties. There will be nothing too difficult for you if you believe in yourself and face challenges bravely.

Therefore, if you believe in yourself and your ability to succeed, you can gradually achieve your goals in life.

Cyberbullying

Lau Yin F.5

Good afternoon ladies and gentlemen. It has come to my attention that cyberbullying has become a serious problem nowadays. It is defined as sharing personal or private information of someone else and causing embarrassment or humiliation. If someone says some insulting words and keeps sending undesirable messages to you; this is cyberbullying.

Why would I consider cyberbullying as an alarming problem? I've noticed that some of my friends have been cyberbullied before. The bullies accessed their social media platforms, then used their personal photos improperly without consent and kept sending or posting cruel rumours about them. It continued for a long time so it is difficult to find out who the bullies are now. After receiving some rude messages, my friends felt uncomfortable and from that time onwards, they became afraid of chatting with others on the Internet. Moreover, they couldn't relieve the pain and sorrow from cyberbullying very quickly because everyone could see the negative comments made by bullies and could join in the nasty discussion.

Actually, I felt helpless to be of assistance during my friends' experience. The only thing they could do at that time was to delete their social media accounts in order to prohibit the bullies from sending further cruel messages to them. My friends are less confident now and they don't want to talk to strangers. The experience of being cyberbullied has affected their social lives a lot.

As you are now well aware, cyberbullying creates disastrous effects on youngsters. Therefore, preventive measures should be taken to protect teens from cyberbullying. It's vital for schools and parents to offer help to youngsters who are being cyberbullied. That's because they are inexperienced and might not know how to handle it. Moreover, for the administrators of social media platforms, blocking the users who send insulting messages to others is never enough. The social networking sites should also consider launching an anti-crime campaign to protect youngsters from cyberbullying. Besides, the government should educate youngsters on the drawbacks of cyberbullying and introduce laws to outlaw cyberbullying.

Finally, I hope our youth can enjoy a safe environment when they are using social media platforms. Unless we take firm action against the Internet haters, youngsters may still be cyberbullied. That's the end of my sharing. Thank you.

The Internet – Complicating Teens' Lives

Li Tsz Lam F.5

Nowadays, every teen has a smart phone or tablet computer. Electronic devices have become exceedingly convenient. Teens can perform a variety of tasks online, for instance, shopping on the Internet and browsing news. We can use technology to help us do anything we want. However, have you ever thought about how technologies may negatively affect teenagers?

First of all, concerning the health of teenagers, they usually spend a significant amount of time on electronic devices. They may use their smart phones or tablet PCs for more than 4 to 5 hours per day to access the latest information online. Using these devices for a long time can ruin their eyes, for instance, myopia may occur.

Secondly, technology can be addictive. Teenagers sacrifice their sleep to play online games or socialize with friends online. This negatively affects their daily routine. Gradually, their sleeping patterns are negatively affected also. Teenagers should get enough sleep in order to boost their metabolic rate. If not, they will have dark circles under their eyes and will feel tired and sleepy throughout the day. Insufficient time sleeping will influence the functioning of the brain. As a result, they will be less efficient when they perform different tasks, including their studies.

Moreover, teenagers often use social platforms on the Internet like Facebook and Instagram. These social platforms help youngsters meet and communicate with new friends easily. They have become increasingly popular, but teenagers usually share their personal life, thoughts and feelings without caring too much about their privacy. They may suffer from cyberbullying if they don't use the Internet wisely. This is a serious problem that teenagers may face on the Internet. If teenagers get bullied on social platforms, they will feel distressed. If the situation gets worse, they may feel depressed. This may have a negative impact on teenagers' mental health.

Furthermore, it has become an epidemic that teenagers care too much about how others see them. They may even feel gloomy just because their posts receive no or limited "likes". Before they post their own photos online, they use quite a lot of time to edit and beautify them.

Social platforms can have negative impact on interpersonal relationships, and cause different relationship problems, such as cyber romances, arguments with friends, and so on. Teenagers are incapable of bearing different problems, so they will feel stressed. Thus, the development of information technology can affect teenagers' relationships and mental health.

In conclusion, technology is influential to teens. It can affect their physical and mental health, daily routine and interpersonal relationships. To avoid the negative impacts of technology, it is crucial for teenagers to use the Internet wisely. Technology is meant to make our lives easier rather than make things more complicated.

E-wallet – Vice or Virtue?

Law Man Ting F.6

Living in such a digital era, smart phones have become a must when we go out. However, it seems unbelievable that we can even use them to pay now. With the rise of e-wallets, some people think they are convenient, but others believe they are unsafe. Let's look into the advantages and disadvantages of using e-wallets.

E-wallets such as AliPay or WeChat Pay benefit people in various ways. They make life more convenient. Just a few clicks, then we can complete a transaction in seconds. We don't even have to bring cash with us when we hang out with our friends.

Moreover, e-wallets are great for managing our expenses. We may recklessly purchase something attractive but unnecessary when we have money in our pockets. However, e-wallets indicate the amount of money used, which warns us not to spend excessively.

While e-wallets may be a blessing for most of us, there is discontent among some experts and elderly for the following reason: e-wallets are intelligent electronic payment services, but many old people cannot catch up with the technology. They have visual difficulties and may type the payment amount incorrectly and lose money. If the world became cashless, how could the elderly cope with that?

Besides, the dangers of using e-wallets cannot be overlooked. Since most of them are linked with a network, there may be hackers who may hack into your phone and "steal" all your money. Also, some apps may invade your phone system and hack your account, causing disastrous consequences.

The trend of using e-wallets is inevitable, but it is important for us to equip ourselves with at least three ways to avoid being scammed. To start with, the most important thing is not to believe any emails or messages sent by strangers. Sometimes, hackers may send you some e-mails congratulating you on winning some kind of lottery. As soon as you click in, your phone will be hacked.

In addition, lock your phone with passwords or biometric authentication. In case some people lie to you that they have lost their phones and need to contact their family, they will be unable to access your phone.

Last but not least, do not browse any unsafe websites. They may contain viruses that are likely to enter your phone and steal your password. Once the scammer logs in to your account, your money will be gone.

With the growing popularity of e-wallets these days, we must be alert to the potential dangers and learn how to keep our money safe.

Later School Start Time Won't Work

Li Cheuk Wai F.6

Dear Editor,

As you mentioned in your recent article about students' tiredness, they are tired due to an 8:00 a.m. starting time for school, and it was proposed that a 9:00 a.m. start for school would solve the problem. I would like to give my opinion on whether it would work or not.

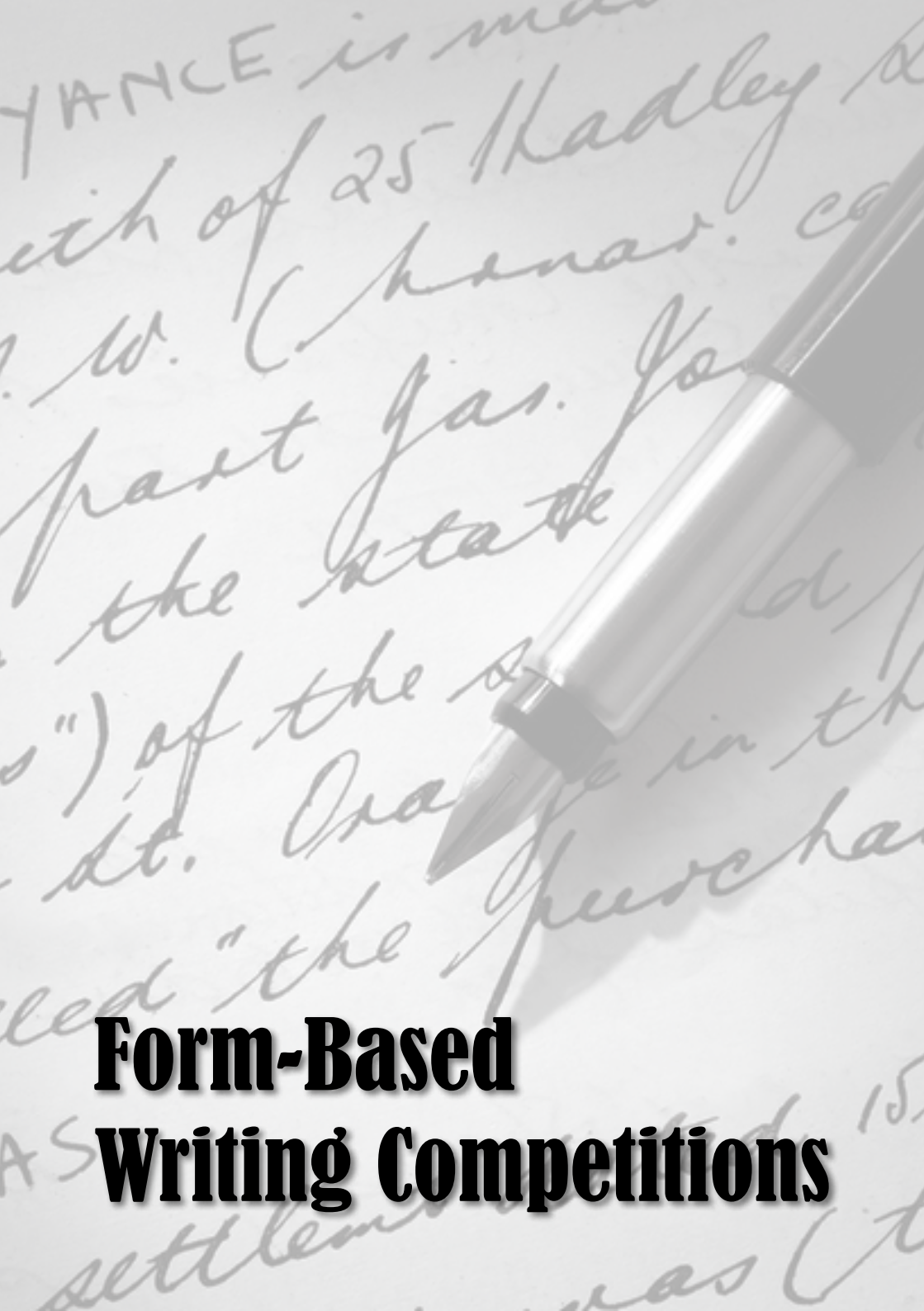
One of the most common reasons for students being tired is that many students are deprived of sleep due to the horrendous amount of homework. This problem may be exacerbated by the fact that students might delay completion of their homework and finish it very late at night. A study showed that people who sleep less than 6 hours per day are more likely to develop physiological problems, and that includes tiredness.

Secondly, students tend to travel to cram for exams. They have tutoring classes after normal school hours, and some students might have to commute between their school and their home for more than one hour. This will result in students arriving home late and sometimes later than nine o'clock at night. As a result, they have to complete their homework much later than usual. Thus, the amount of time for sleep will inevitably be affected.

As for whether a 9:00 a.m. start would solve the problem, I don't think so, as parents and schools might take this extra hour to force students into extra studies, thereby depriving them of sleep. Also, between 7:00 a.m. and 9:00 a.m. is the typical rush hour period in this city. Students living far away will have to leave home earlier to compensate for the crowded transport system and jammed roads, which will prolong their commute time. So, an extra hour probably wouldn't have much influence on the sleep duration of the students affected. Eventually, they would still be sleepy during class.

Yours faithfully,

Chris Wong



Form-Based Writing Competitions

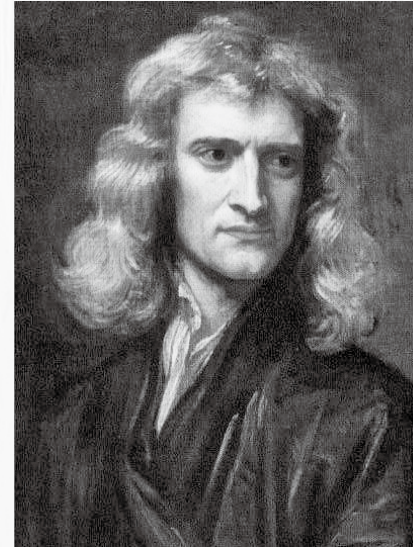
Never Say Die – Sir Isaac Newton

Kong Sum Yuet F.1A

Appearance: He had long and blond hair and blue eyes.

Personality: He was a gritty man who would never say die.

Why do I admire him? What has he done to inspire me?



My role model is Sir Issac Newton. He was a physicist, astronomer, mathematician and natural philosopher.

Newton was weak when he was a child and was often bullied by children of the same age. His father died three months before he was born. Though his life was so miserable, he tried hard in everything.

One day, as he sat reading under a tree, he noticed an apple falling from the tree and he began to wonder why the apple had fallen from the tree. After that, he did a lot of research, and finally succeeded in discovering 'gravitation'. He became a scientist and a historical figure.

What Newton has been through tells us that we should not give up because of difficulties. As long as we do not give up, there will be greater achievements in the future waiting for us to achieve.

Never Give Up – Sarah Lee

Ho Hiu Ching F.1C

Appearance: She has a pair of big eyes and a small nose.

Personality: She is aggressive and energetic.

Why do I admire her? What has she done to inspire me?

In her early years, Sarah suffered a fracture in a competition but she did not give up and she continued to finish it. I admire her because she works hard for her dreams. Even when she was injured, she chose to continue. Sarah is so brave and determined. She keeps going even in times of difficulties.

She made me learn to work hard and be persistent. I am becoming stronger in facing everything now. I start to understand that I have to go on no matter how difficult the situation I am in. Her success encouraged me to do my best. I know that I may not be a smart person but I will work hard to make my dreams come true.

Awesome Uncle – Uncle J

Leung Oi Sze F.1C

Appearance: He has short hair and he wears glasses.

Personality: He is an intelligent and hardworking person. He is also very thoughtful and caring.

Why do I admire him? What has he done to inspire me?

I admire my uncle because I think he is a successful man. He develops mobile phone games and earns plenty of money each month. He has taught me a lot of things such as cycling, Japanese, Math and English.

When my mum needs help, he will immediately lend a hand. He is very intelligent. He always teaches me Math. However, I don't really know what he is saying most of the time. Once he helped me on my Math homework. When I finished everything, it was already mid-night. He didn't even grumble. He just cared about if I was able to finish my work.

Moreover, he did a lot of things to inspire me. When I feel hopeless, he keeps cheering me up and offers help even when he is busy. If he starts doing something, he will never stop until it is done. He has told me not to give up. So I will struggle to go through all the ups and downs in my life.

A Special Boy

Yeung Chui Yiu F.2D

Adam was born in the evening of 8 April 1999. This child was more special than other children although he looked quite ordinary. He was born with a supernatural power. He could change and control people's minds. As he grew up, he learned how to control his power.

When he was eight years old, Adam used his supernatural power for the first time. One day, Vicky, Adam's classmate, accidentally bumped into Sam who was a big bully at school. Sam got mad and wanted to hit Vicky. At that very moment, Adam used his power to change Sam's mind. Sam calmed down and left. Adam felt happy because he saved Vicky with his special power. Adam realized that helping people was truly great. Since then, he started using his power to help others.

Once, Adam joined the National Math Club. He found that a tutor there was very lazy, and Adam did not like him. Then Adam used his power to change the tutor's attitude towards teaching and made him into a very responsible tutor. However, the students in the club did not think the tutor taught them well because the class was too strict and boring. They blamed Adam and even shouted at him. Since then, Adam was depressed, and he lost the motivation to use his supernatural power.

One day, Adam saw a girl crying sadly on the street. In the past, Adam would have used his power to help her and make her happy. But he did not do that and just left. A few days later, Adam saw the same girl trying to hurt herself. Adam regretted that he did not help the girl when he had the chance. Later, Adam shared his regret with his friend Leo.

One day, on their way home, they saw a big crowd near a building. They found out that a girl wanted to jump off the building. "It's the right time to use your power now," Leo said to Adam. Adam hesitated. On second thought, he agreed with Leo and decided to save the girl with his power. But it did not work! Why? At that moment, the girl's mind was full of distorted thoughts, and these were much stronger than Adam's power. Adam then tried to save the girl with his genuine and caring heart. "No matter what is happening, our lives should be treasured," Adam told the girl. At last, the girl changed her mind and broke down into a flood of tears.

We need to be thoughtful and considerate. Adam saved the girl's life with empathy and care which are more powerful than his supernatural power.

Five Hopes

Chan Tze Shan F.2D

Once upon a time, there were five humans. They had supernatural powers which helped them to save the world. Therefore, people called them the Five Hopes.

The Five Hopes included two boys and three girls. They each represented a different moral value. Ben represented courage. He loved encouraging people to do what they were afraid of doing. Dan represented generosity. He always shared what he had with the needy. Amy represented forgiveness. She would forgive people, even they had done something evil. Eve represented kindness. She was the kindest in the city. May represented honesty. She told everybody that honesty was the most important character trait in human beings. However, in fact, she was not really an honest person.

The Five Hopes fought against a dark organization. The leader of the dark organization was a monster called Bob who was arrogant and cunning. But every time they had a battle, the Five Hopes won. So, Bob planned to find someone who could help him defeat the Five Hopes. And May was the right person Bob was looking for.

“You can get fifty million dollars if you help me beat the Five Hopes in the next battle,” Bob told May. Disappointingly, May accepted the offer. Bob told May that he would hide a bomb in the battlefield. Soon, the Five Hopes were going to fight against the dark organization again. This time, the battle would last for more than three hours. May tried to ruin the Five Hopes’ plan, but they were really so powerful that the dark team could not beat them. Thus, Bob decided to detonate the bomb. At that moment, May saw that her teammates were fighting hard against Bob, and she did not want to ruin their friendship. So, she decided to tell them the truth about Bob’s evil plan. She then joined with her team to fight against the dark organization.

At last, Five Hopes won! The earth was peaceful again. Amy and Eve showed their forgiveness and kindness to May. The Five Hopes worked together happily ever after.

The Girl Who Could Read Minds

Chan Yan Hei F.2C



Once upon a time, there was a girl who had the power of mind reading called Kiki. She could read others’ minds when she wanted to. She never told anyone about her supernatural power.

At school, Kiki would always know what her friends were going to say, and she told her friends she could guess what they wanted to say every time. After a while, her friends disliked her behaviour and started to bully her.

Yet, there was still one friend, Mimi, who did not bully her. Mimi cared about Kiki and shared lots of things with her.

One day, Kiki read Mimi’s mind and she found out that Bobo told Mimi that she wanted to pretend to be sick and have a day off school to go see a movie. And Bobo told Mimi not to tell anyone. Mimi made a promise not to share this with Kiki. However, Mimi did not know that Kiki knew the secret already.

On the next day, everyone knew what Bobo had done and gossiped behind her back. So, Bobo scolded Mimi about that and Mimi felt so confused and depressed. Kiki then comforted her and said, ‘I’m sorry. I used my mind reading power on you. When I found out about the secret, I felt angry because you, my only friend, did not share it with me. And I just wanted to let everyone know how bad Bobo is. I didn’t think it would end up like this.’

But it was too late. Mimi cried and said, “I hate you! I won’t forgive you!” Kiki felt regretful and cried as she had lost her last friend.

After this, Kiki understood that she should not betray her friends and should not tell anyone about others’ secrets. Afterwards, she would only use her supernatural power secretly, to help others in a positive way.

Inspiring Oceanographers

Chan Cheuk Yin F.3D

Book Report

Book title: *Think Like a Scientist*
Author: *Melissa Blackwell Burke*

What type of book is it?

Science non-fiction

What is the book about?

The book is about how to be a scientist. Scientists work in many different fields of science from astronomy to physics. This book introduces us to six interesting fields of science. It also invites us to be each type of scientist. So, we can learn about scientists and their work, and get ready to think like a scientist. The book also teaches us the scientific method of thinking. First, we begin with a question. Then, we make a hypothesis. Then, to test our guess, we do experiments. Finally, we study the results.

What have you learnt from the book?

I learnt many safety rules to protect ourselves. The rules keep us safe as we do experiments and think like a scientist. First, we should get help from an adult when working with anything hot, sharp or poisonous. Second, we should wear goggles when working with chemicals. Third, we should ask an adult whether things are safe to touch. Fourth, we should wash all bottles, jars, and other containers before and after using. Finally, we should keep the work area tidy.

What is your favourite part of the book? Why?

My favourite part of the book is how to think like an oceanographer. Oceanographers try to solve ocean problems. One of the biggest problems for oceans is pollution. Pollution hurts the animals living there as well as the beauty of the water. Oceanographers work to protect the ocean waters and ocean life. If I am an oceanographer, I can learn more about oceans and their effects on Earth. Then, I can know how to protect the Earth.



The Mystical Universe

Kwok Natalie F.3C

Book Report

Book title: *True or False Planets*
Author: *Melvin and Gilda Berger*

What type of book is it?

Science non-fiction

What is the book about?

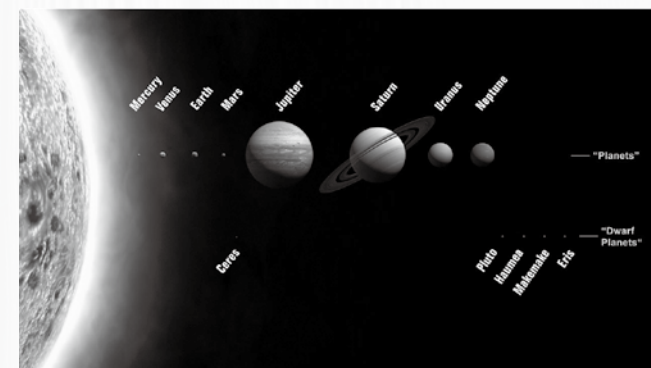
The book is about the solar system of our universe. It explains questions that a lot of people are curious about. It starts by asking questions about the solar system and goes on explaining how it works. The book tells us that the solar system was formed 4.6 billion years ago because of gravitational collapse. If you are curious about our solar system, this book can answer some of the questions in your mind.

What have you learnt from the book?

From the book, I have learnt the differences between planets and stars. At first glance, planets look like stars in the sky, but they are very different. Stars are huge balls of hot, glowing gas that create their own light. Planets, however, are big, dark bodies that move around the stars. They do not create their own light. Planets just share the light reflected from nearby stars. Even though planets are big, stars are much larger than planets.

What is your favourite part of the book? Why?

I cannot tell which my favourite part of the book is. In fact, I like the whole book. It is because I love things about the universe. It is very mystical. Also, I like the way how this book explains how the universe runs. This book really helps me know more about the solar system and our universe. This book explains most of my questions. That is why I love the whole book.



Physicists in Action

Wong Hing Ho F.3D

Book Report

Book title: *Think Like a Scientist*
Author: *Melissa Blackwell Burke*

What type of book is it?

Science non-fiction

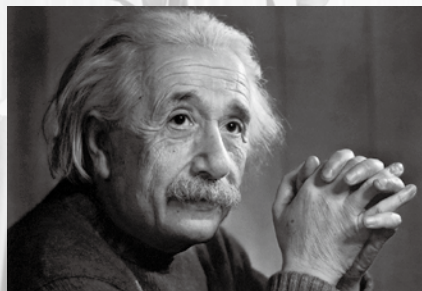
What is the book about?

This book is about how to think like a scientist, an astronomer, a chemist, a geologist, a meteorologist, an oceanographer and a physicist. This book also has many interesting experiments to do. You can read the book and follow the instructions to do the experiments.

What have you learnt from the book?

After reading the book, I have learnt something about being a scientist. If you want to be a scientist, you need to think about what you would like to learn about the world and what problem you would like to solve. Also, you need to know that scientists follow a special way of doing things. They use scientific methods to guide their thinking. It begins with a question. Then, scientists make a hypothesis. To test their guess, they do experiments. Finally, they study the results.

What is your favourite part of the book? Why?



My favourite part of the book is about being a physicist. Before reading this book, I think that learning physics is useless because you cannot find any jobs related to it. After reading this book, I have learnt that you can be a physicist after learning physics. There are so many things related to physics. Physicists often work on the cutting edge of technology. For example, they use very powerful computers as they work. They may

also work with high-powered lasers, all types of engines and different kinds of energy. Physicists also study magnets and electricity. And electricity is an important part of everyday life.

Nobel Prize Winning Teen – Malala Yousafzai

Lin Huibing F.4C

Though Malala Yousafzai was just a teenager, her achievement in promoting female education worldwide was so remarkable that it made her the youngest Nobel Prize laureate ever.

Malala's story started in Swat District, Pakistan, where education for females was forbidden under the Taliban's control. Supported by her father, who is also an educational activist, Malala began to express her protest at the age of 11 by giving the speech: "How Dare the Taliban Take Away My Basic Right to Education?"

Then, Malala wrote anonymous blog entries for the BBC about her own life in Pakistan, trying to raise the world's concern. The aspiring girl wouldn't stop. She then appeared more frequently in the public eye through interviews, documentary and television programmes. More women from India and other countries were encouraged to speak up for themselves and reveal the unfair and inhuman treatment they had been subjected to. The Taliban was forced to reopen the girls' schools.

Her activism drew the world's attention, including that of the Taliban. Consequently, 15-year-old Malala was shot on a school bus. People across the globe, regardless of age, religion or nationality were furious and concerned. They showed their support on the Internet. Malala finally recovered in the UK. This horrible experience didn't slow her down. She continued her studies and established a fund that has supported the education of more than 100,000 girls.

"They thought that the bullets would silence us, but they failed. And out of that silence came thousands of voices," she said in her speech given at the United Nations. She is brave, compassionate and committed to make the world a better place. She has touched and influenced many people's lives. She is undoubtedly 2019's most influential person.

Lady Gaga – Musician and Advocate for Human Rights

Kao Tsz Yan F.4C

Stefani Joanne Angelina Germanotta is a legendary American singer, songwriter and actress. Most people call her by her stage name Lady Gaga. She is an artist who has a big positive influence on the younger generation. She always encourages young people to pursue their dreams. She uses her personal experiences to express this message.

She told her fans that before she became the famous artist that she is today, she had always dreamt of becoming a great singer who would bring the best music to the world. She often told her dream to her ex-boyfriend whom she trusted and loved. At that time, however, her boyfriend was not that supportive of her dream. He told her that she had neither the attractive looks nor the talent to become a star. He thought that she was fooling herself and living in self-delusion. Finally, she could not stand her boyfriend anymore. She broke up with him and kept following her big dream.

Despite her many difficulties and challenges, she persevered with her journey to superstardom. Finally, she successfully became a famous international star. She has also become a fashion icon with her own unique style and courage to be different.

In recent years, she has had great influence beyond music. She stood up against sexual harassment not only in the entertainment industry but also in different walks of life. She has joined different events to promote the prevention of sexual harassment. It is important to speak out bravely if people are harassed. By taking action, she has encouraged many victims to speak up for themselves and not to feel ashamed.



As you can see, Lady Gaga is an influential figure not just in music, but in the promotion of human rights and dignity.

Professional Go Player – Chou Chun Hsun

Liu Ying Wang F.4C



The person who influences me a lot is Chou Chun Hsun, a 39-year-old professional Go player from Taiwan. I think there are many people who do not know who he is, but he is well-known in professional Go circles. He is nicknamed Red Face Chess King not because he is angry all the time, but because he has a red birthmark on the right side of his face.

When he was a child, he was teased by schoolmates at primary school because of his red birthmark. It made him too scared to go to school. He stayed at home to read

the records of famous Go matches. By the age of 7, he had memorized more than a thousand types of Go moves.

His father was amazed. He took the young boy to visit some Go masters in Taiwan. Chou Chun Hsun started to learn Go and make some friends. Since then, he has given his life wholeheartedly to Go.

Professional Go is very competitive, and Chou has done well with hard work and focus. He has won many awards in his career, including 49 championship titles and 18 runners-up. He got his first championship in 1995 at the age of 15 and his first CMC cup in 2002. In 2008, he took part in the Intelligent Computing Forum and the computer Go Invitational Tournament. The result was 3 wins and more awards.

He is my idol because I am learning Go now. I think Go is a difficult game.

He is an influential person in my life because he has clear goals and has worked hard to achieve them. He does not let negative things distract him. I admire him a lot.

Ma On Shan and Me – Ma On Shan Classics Cinema

Lau Yin F.5A

Ma On Shan Classics Cinema is a small cinema yet it is so special and meaningful to me.

The cinema experience is extremely enjoyable as it provides such convenience being so close to my home. As a result, I can stay in Ma On Shan and watch a movie instead of going to other districts. It saves a lot of time and I don't need to worry about where to go to watch movies. Moreover, the movie tickets are inexpensive with discounts for students, elderly and children. Compared to the tickets at cinemas of other districts, the ticket price of Ma On Shan Classics Cinema is far more reasonable and affordable. I can still recall the time when I went to watch a movie in Sha Tin with my family. The cinema only provided discounts for the elderly. In other words, we needed to pay full price for my little sister's ticket, which was quite unreasonable.

Besides, as a movie lover, the decor of the cinema attracts me a lot. The most special part is the corridor which has some posters of traditional movies. Although the cinema has a history spanning more than 20 years, and has been renovated several times, the posters are still well-preserved.

Some people might consider Ma On Shan Classics Cinema to be not as impressive as other cinemas. But in my opinion, the cinema benefits the residents a lot. It has become a unique landmark to me, as it is really distinctive and original.



Ma On Shan and Me – My School

Chan Yuk Yu F.5B



In Ma On Shan, there is a place which is very special to me. That is my secondary school – HKCWC Fung Yiu King Memorial Secondary School. Now I am a F5 student and I have been studying in this school for four and a half

years. During these few years of school life, I realized that this school is very special to me, and I really like it.

First, the teachers at this school are very friendly. They care about all the students and will teach students knowledge beyond the textbooks. They enlighten students when they have troubles in their life journey. They will talk to them and provide them with constructive advice. In addition, teachers will provide guidance to students, so that they will not go astray. As a result, students not only master knowledge from the textbooks, but also understand the truth of life and genuine morality.

Not only are the teachers friendly, students here are very friendly and helpful too. As far as I know, there are no bullying incidents in school. Most of the students are very empathetic. They care about other students and are always ready to lend a helping hand when their schoolmates encounter difficulties. Most students will provide comfort to those who feel sad. They will help each other, and the campus atmosphere is very harmonious. I remember one time when I was watching a football match at school, I was accidentally hit by a football. A senior student came forward to ask if I was injured and brought me to the medical room for treatment. I was so grateful for his kindness.

Within this positive campus atmosphere, I am often helped by different teachers and classmates. This makes my heart feel warm. I really need to thank them for their kindness. So, I have a special feeling for this place.

Ma On Shan and Me – Waterfront Promenade

Lau Yan F.5A



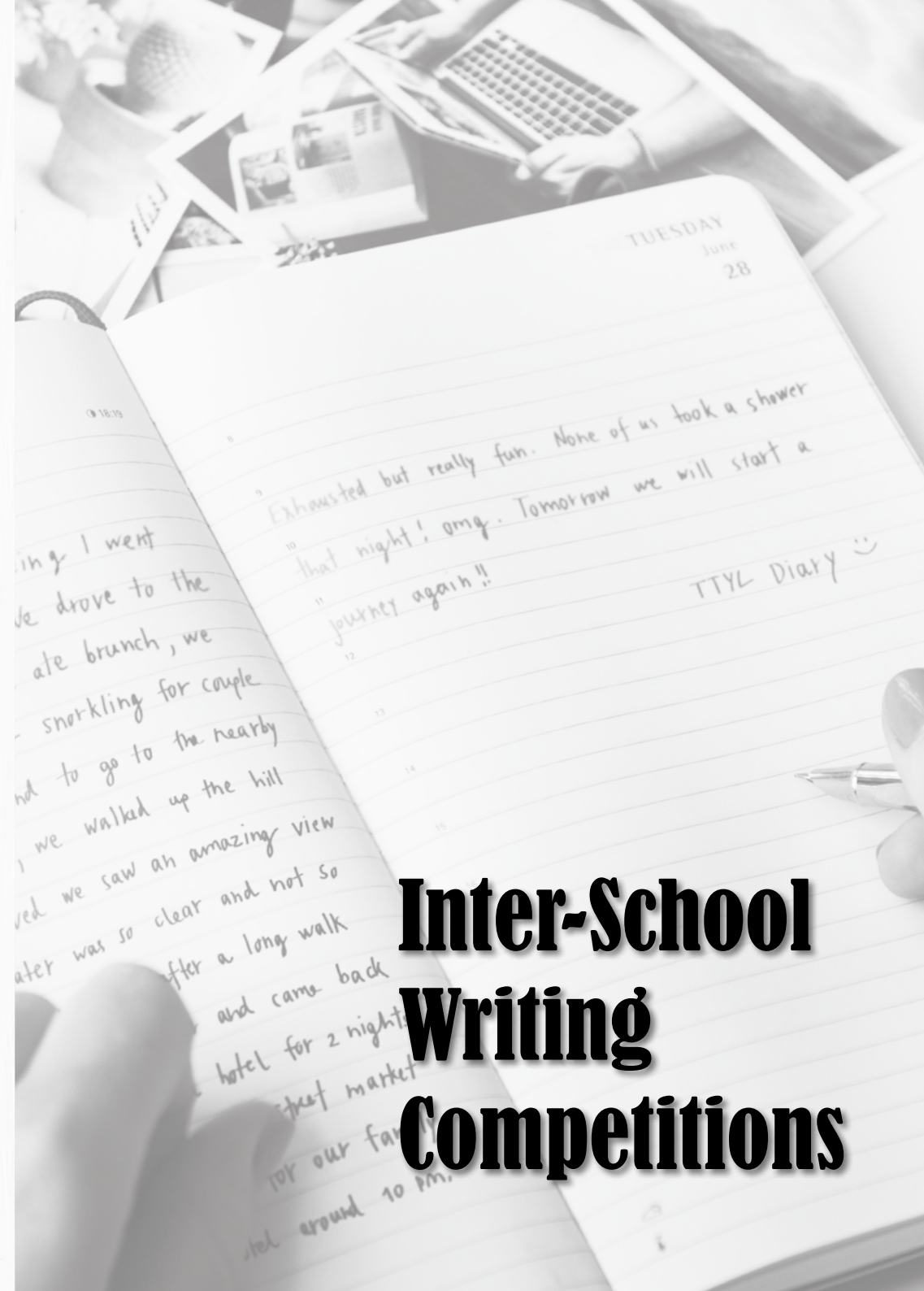
Have you ever wanted to enjoy a beautiful view in your district but found that you didn't have anywhere to go? What kinds of views can you enjoy? There are so few green spaces in the city. It seems to me that Ma On Shan Waterfront Promenade is the coziest place for me to find peace and enjoy the wonderful seascape.

When I was young, I always went to the promenade with my parents and it has become part of my life. In my memory, I can still picture biking along the picturesque promenade on holidays and taking a walk there after dinner with my

parents. It is exceptionally memorable for me as I could always enjoy the family time and stay close with my loved ones.

Nowadays, I seldom go there with my family because of my packed study schedule. However, Ma On Shan Waterfront Promenade is still part of my life. When I am free, I usually go jogging along the promenade. From my point of view, it is more enjoyable than jogging around a sports ground. Moreover, when I go jogging, I can see the seascape of the Tolo Harbour and nothing can obstruct my sight. Therefore, it provides a pleasant feeling which can totally help ease the pressure from study.

Why is this place so significant to me? It is because I can enjoy the time with my family and it also provides a wonderful place to do sports. The view from the promenade has stuck in my memory. It is like my door to paradise.



Inter-School Writing Competitions

The Legalization of Marijuana

Wu Hoi Yee F.4C

Good morning judges and members of the audience,

I felt shocked when Canada became the second country to legalize recreational marijuana. We all know that taking drugs is unacceptable, so why would the Canadian government approve its sale? Should this decision affect how we view recreational drug use? I don't think so! I strongly disagree with the legalization of recreational marijuana.

First, not all drugs are bad. Some drugs can be used as pain medicine for headaches, cancer and other long-term illnesses. In America, twenty-nine states have approved the use of medical cannabis. But this is totally different from legalizing recreational marijuana.

The Canadian government claims that it has good reasons to legalize marijuana, in order to crack down on criminal activities and to keep young people away from the drug. However, its methods in achieving these goals are not supported by experts. In fact, young people get their drugs through social networks but not from big suppliers. What the government will gain, however, is the tax revenue coming from the sale of cannabis.

Furthermore, after the law is passed, marijuana will be bought and sold in broad daylight. Shockingly, people will even be able to buy baked cookies and muffins that contain that in the supermarket.

This is especially alarming when we hear what health experts have to say: Dr. Le Foll, a specialist in addiction in Toronto, warns that "cannabis is not a benign substance," and that 'there is a clear risk of addiction'. Other experts agree that the use of cannabis can cause many physical and mental problems like panic attacks and hallucinations.

Indeed, the legalization of marijuana can mislead young people into thinking that the drug is not dangerous or addictive. Bear in mind that people who take marijuana are also more likely to drink alcohol, smoke cigarettes and try other drugs. Research shows that people who are addicted to marijuana are three times more likely to get addicted to heroin.

Therefore, we should stand firm against recreational drug use. We should remember one thing that even something is legal, it does not mean it is harmless. We should never approve of the recreational use of marijuana.

Thank you.

Perseverance

Ko Wing Chi F.4C

Good evening,

Today I am going to talk about perseverance. What is perseverance? Is it the ability to keep doing things determinedly? Or does it mean that you always put effort into the things you're doing? Well, these ideas are both correct! Perseverance is continuous effort and determination, which means you keep trying hard and refuse to give up in the face of challenges.

Van Gogh, the impressionist painter of *Starry Night*, is one example of an artist with perseverance. His paintings were not appreciated during his lifetime, but he did not stop painting, in the hope that people would notice his works one day. Also, Jack London, the American novelist who became internationally famous by the age of 30 because of his masterpiece entitled "The Call of the Wild", had 600 manuscript rejections before he finally published his first story.

Maybe you will say that only a few lucky ones, like the famous and accomplished are blessed with the ability to persevere against all odds. Common people like us can only aspire to their gift. If you think that way, you are totally wrong. Small potatoes can develop perseverance and succeed like all the big names out there.

Just like Addis Wong Lok Hei, the Hong Kong professional hurdler whose perseverance in training coupled with a strong, healthy mindset eventually led him to win a bronze medal at 2018 Youth Olympic Games. He has been my inspiration since I was eight years old. During that year, I signed up for a relay race, and I trained myself 7 days a week and ran 15 km without a break for a month. Finally, I could run 2 seconds faster than before in the race. That's not much, but it shows the reward of perseverance.

To sum up, as Victor Hugo, the celebrated writer and poet once said, "Perseverance is the secret of all triumphs". May all your goals be achieved with perseverance.

Thank you.

Global Warming

Chu Ka Hei F.5A

Good morning judges and members of the audience,

Another year has arrived, so what are your new year's resolutions? Perhaps you are thinking of your next project and your career goals. But, I wonder, if combating global warming is on your to-do list.

Global warming is a pressing problem. Typhoon Mangkhut, and the devastation it left, is still fresh in our collective memory. Our winter is fast disappearing. Journalists have warned that some of the world's coastal settlements may be under water within the next 100 years.

Most scientists agree that global warming is real, yet it seems that the majority of us do not take it seriously enough. Why?

The first reason is that there seems to be too many things to worry about. Adults worry about the economy, housing prices, medical care and retirement. Teenagers are stressed over their studies and competitiveness. Global warming is forced to take a back seat behind all these problems.

Second, we tend to focus on problems that directly affect us. Global warming is killing polar bears and submerging islands, but in summer, when our temperature rises to 35 degrees Celsius, most people in the world have turned on the air-conditioners to feel comfortable. Our shopping malls turn on the air-conditioners to attract customers.

Third, we are disconnected from nature and our environment. My grandma once told me that she saw frost on plants in the old days and today she sees none. I could feel her sadness, but I could not really relate to that because I don't live in a village cradled on all sides by green hills. We spend most of our time indoors, within the confines of concrete walls.

To prepare for this speech, I looked up some figures provided by the Hong Kong Observatory. A research states that the rate of increase in average temperature sped up in the latter half of the 20th century, reaching 0.18 degree per decade during 1988 - 2017. The Internet is awash with figures like this, but we have stopped caring because we think we have heard enough.

If we understand that 50% of carbon dioxide emissions come from providing energy, and that methane, a greenhouse gas, is produced by farming cattle, what should we do differently? Are we willing to eat less meat? Are we willing to switch off the air-conditioners for a while? What are we willing to do to solve a problem that will surely destroy us if we don't react now? The answer remains to be seen.

Thank you.

I'm Happy When...

Leung Oi Sze F.1C

I don't really like to stay home because I always feel bored even when I have my phone and some toys to play with.

I'm happy when I spend time with my friends. I feel very glad every time we meet, and I really enjoy playing and having fun with them. However, my mum doesn't really want me to play outside as she doesn't really like my friends. So, when my friends ask me out, my mum will just let me play with them for two to three hours only. Yet, I still enjoy hanging out with them.

My friends are really nice and kind indeed. They can be kind of quiet when they meet strangers, and perhaps that is why my mum doesn't like them. When my friends meet my mum, they only greet her and refuse to interact with her more. I guess my friends are rather scared of her.

Yet, I still like my mum and my friends. I'm happy when I see them. I hope they can get along better later on.

I'm Happy When...

Kwok Natalie F.3C

Every day I search for a reason to pull myself together. And now I know it is because of you. You are the reason why I can stand to fight against all my fears, my anger and all my frustration.

I can still remember all the things we have gone through. You were always there to stand by me. Even though I always took it all out on you and I know that you were mad at me, you were still there with me.

You taught me to control my anger, you taught me not to try crossing the line in our relationship and you taught me to be strong on my own. I keep all those lessons in my mind. You are the reason why I want to be a better person.

I wanted to share every moment with you because you are always there to bring me joy. Every time we walk back home together, you make me happy. Every time you look and smile at me, I feel satisfied.

I am happy when I am with you because you have got the smile that only heaven can make. And I really want you to know that I need you to stay here with me. You are my happiness. You are the greatest friend I have ever had. I am happy when I am with you.

A Day I Will Always Remember

Li Tsz Lam F.5A

I was just an ordinary secondary student living a boring school life. Why do I say that? It's because I had never participated in any activities. The only thing I ever did was study, study and more study. While everyone else had found their goals and dreams, I still hadn't. However, I ignored this and continued with my boring life.

One day, I went to school as usual. There was a talk in the final two periods of the day, which was about jobs and dreams. I wanted to skip the talk because it was boring and a waste of my time. However, I had to stay back because I was not allowed to go home. The speaker told us all how he achieved his dream. It didn't sound interesting to me until he said, "You only live once. Enjoy your life."

Suddenly, I felt inspired. "I should find my goal and my dream. If I only live once, I don't want to waste any of my time," I thought. After the talk, I made up my mind to act.

From then on, I dedicated myself to finding my dream. I read different books. This progressed to writing lots of stories and articles. It was difficult to get inspiration. There were times that I wanted to give up. Yet, I recalled that day, the talk, and the quote. To this day it has been my main motivation. I will try my best to be open and curious about everything. Most importantly, I have stopped wasting my time.

Today, I have turned myself into a blogger. I share my ups and downs online every day, and I've got a significant number of subscribers. I like to share my life experiences and tell others about my turning point in life to encourage them. People who have no dream, just like me in the past, need inspiration. Even today, from time to time, I still remind myself that I only live once.

Why shouldn't we enjoy our life, rather than living a life of regret? I have been trying out things I really want to do, and even things I didn't dare attempt before. I will never forget the day I listened to that talk, and how I got inspired.

I know I'll always bear this in mind. It is the day that I will always remember.

